## **Warmley Park School and College**

## Aspire, Believe, Enhance, Achieve

Newsletter No: 13 – 1<sup>st</sup> May 2020



I hope that you are all keeping safe and well. Thank you for all of the positive and encouraging messages that we have received. We really appreciate them. We love seeing what you have been doing at home through Seesaw. This week we asked you to send in messages, photos, and pictures. Thank you very much - here are a few of them.

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Oliver, his dog and his rainbow enjoying the sunshine!



Morgan would like to share his 'Technicoloured Fish' with everyone. His message is: Missing Everyone, Stay Safe.



Poppy did this for someone our family lost to covid who loved rainbows and was too young.



Joseph and Daniel having lots of fun in their ball pool!



Azaan's rainbow thanking our wonderful NHS

One of our lovely Access Assistants, Helena, wrote this beautiful poem. Heather and Becky sent in their rainbow pictures.

This poem comes to brighten your day,

To bring a smile and some love your way.

Now is the time to show people care,

When the world is in a bit of despair.

I thought I'd write a poem for you,

So you know people are thinking of you.

Forever in everyone's prayers and thought,

Stay safe and don't get fraught.

The world may seem dark right now,

But we have to see the light somehow.

People are showing love and care in new ways,

So they can brighten someone's darkest days.

Never forget you are special and cared for,

By those around you forever more.

Look for the stars and the sun in people around you,

They are bright and put everything into what they do.

Hope this finds you and gives you a smile, From me to you I write you again in a little while.





You may have heard the Government talking about re-opening schools. At present, there is no definitive guidance on this, although it is very likely that when it happens it will be phased. It could be that changes take place from after the Whitsun half term.

Our cleaners have been giving the whole building a deep clean, and staff are sanitising all equipment. Classrooms have been locked following the deep clean to avoid any contamination. The school will then have another thorough clean before we re-open. We know that staff and pupils want to come back to school, but we are continuing to follow Government guidelines and are working hard to ensure a safe return.

We are really amazed with the fantastic work that is going on with your home learning. Teachers will continue to send work home each week but **please don't be afraid to ask your child's class teacher if you would like more, or if you require any resources** as we will happily deliver them to your front door.

Our staff have been working on their professional development from home and this has included Numicon training, the Mental Capacity Act, Trauma and Attachment, Safeguarding, and Intensive Interaction. They are posting their thoughts on a blog which is enabling them to share their learning.

Everyone needs to take care of themselves at this time. On my desk I have a jar that is labelled 'good things'. When something positive happens I write it down on a small piece of paper and add it to the jar. Then when things are not going so well, I can remind myself of things that cheer me up and make me smile. A few other tips that I find useful are:

- \* Compliment someone.
- \* Go out for some fresh air or open the window, take some deep breaths, close your eyes, drop your shoulders, and try to let the anxiety sink into the ground.
- \* Write down my top 3 goals to achieve today.

Please send any ideas or tips for wellbeing into **school@warmleyparkschool.org.uk** and we will publish them in our next newsletter.



