

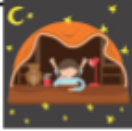










Friday 5th February 2021

LO: To learn about Children's Mental Health.

<p>1</p>  <p>Read a book to yourself, a toy, your siblings or parents! Record the name of your book on your recording sheet</p>	<p>2</p>  <p>Get building! Use cards, blocks, toys, lego or something else to create or build something!</p>	<p>3</p> <p>Get creative! Use paper, crafts, pens, pencils and draw or create something! The sky is the limit – show off your creative talent</p>	<p>4</p>  <p>Explore your back or front yard looking for insects. What did you find? Draw a picture of the insects you were able to see.</p>
<p>5</p>  <p>Build a reading fort using sheets or blankets in your house. Bring in your toys and read or play in there.</p>	<p>6</p>  <p>Turn on some music and create a dance! Share this with your family members in a mini show.</p>	<p>7</p>  <p>Write a letter to your teacher sharing some of things you have done at home. Remember to add some pictures!</p>	<p>8</p> <p>Do some chores. Write a list of 3 jobs you will do at home on a day. Get those done so you can help mum and dad out.</p>
<p>9</p>  <p>Take some photos of the landscape around your house. What does your house look like? What plants do you have?</p>	<p>10</p> <p>Design And make your own game! Create your own game board, pieces, rules and play it with your family.</p>	<p>11</p>  <p>Complete some research on something that interests you. Ask Siri some questions to find out 4 facts and record it on the sheet.</p>	<p>12</p>  <p>Create a treasure map of hidden things around your house with 'X' marking the spot. Give it to a family member to use.</p>
<p>13</p>  <p>Read a book to yourself, a toy, your siblings or parents! Record the name of your book on your recording sheet</p>	<p>14</p> <p>Write 10 key words from around your house. Make them with the playdough and take a photo of your creation.</p>	<p>15</p>  <p>Create a toy puppet out of an old sock. Add on some eyes, clothes and hair using things from your home.</p>	<p>16</p>  <p>Make a meal with your family. Find the ingredients, cook it together and write instructions on what you did.</p>