

Words of Kindness

a i g g h c q w b b m n
s m y e j a w e h v e m
d p p n k r a w e c n k
f a p e l i r r l z t i
k c a r e n m t p x a n
i t h o u g h t f u l d
n a s u d v e y u c h n
d c d s s n a u l p e e
t c e p s e r i i o a s
x b s n o i t o m e l s
h w e l l b e i n g t b
d f r i e n d l y x h a

care
caring
emotions
friendly

generous
happy
helpful
impact

kind
kindness
mental health
respect

thoughtful
warm-hearted
wellbeing