

CURRICULUM MAP 2023-2024

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|--|--|--|--|--|-------------------------------------|
| Nursery | Outdoor provision (Gross Motor Skills) | FMS | Ball Skills | Team Games | FMS - Athletics | Swimming (Time4Sports) |
| Reception | Fundamentals of Movement | FMS (Fundamental Movement Skills) | Gymnastics | Ball skills | Fundamental Movement Skills – Athletic based | Swimming (Time4Sports) |
| Year 1 | Fundamentals of Movement | Playground Games | Gymnastics | Team Games | Athletics | Hockey (invasion) |
| | Yoga | Dance | Outdoor Activities (orienteering) | Multi Skills/ Fitness | Adventurous Activities (including Forest schools) | Swimming (Time4Sports) |
| Year 2 | Team Games | Football (Invasion) | Basketball (Invasion) | Gymnastics | Athletics | Hockey (Invasion) |
| | Dance | Yoga | Adventurous Activities (including Forest schools) | Outdoor Activities (orienteering) | Multi Skills/Fitness | Swimming (Time4Sports) |
| Year 3 | Football Invasion Games | Gymnastics | Fitness | Hockey (Invasion) | Athletics | Striking and Fielding (Rounders) |
| | Multi Skills/ Fitness | Outdoor Activities (orienteering) | Dance | Yoga | Adventurous Activities (including Forest schools) | Swimming (Time4Sports) |
| Year 4 | Gymnastics | Handball | Fitness | Basketball (Invasion) | Athletics | Striking and Fielding- Cricket |
| | Adventurous Activities (including Forest schools) | Outdoor Activities (orienteering) | Yoga | Dance | Multi Skills/ Fitness | Swimming (Time4Sports) |
| Year 5 | Netball (Invasion) | Fitness | Dance | Football (Invasion) | Athletics | Striking and Fielding- Rounders |
| | Yoga | Gymnastics | Outdoor Activities (orienteering) | Adventurous Activities (including Forest schools) | Multi Skills/ Fitness | Swimming (Time4Sports) |
| Year 6 | Team Building Skills | Dance | Fitness | Netball (Invasion) | Athletics | Striking and Fielding- Cricket |
| | Multi Skills/ Fitness | Adventurous Activities (including Forest schools) | Gymnastics | Yoga | Outdoor Activities (orienteering) | Swimming (Time4Sports) |