

CURRICULUM MAP

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fundamentals of Movement	FMS (Fundamental Movement Skills)	FMS (Fundamental Movement Skills)	Running/jumping and Throwing	Fundamentals of Movement	Athletic Movements
Year 1	Fundamentals of Movement	Playground Games	Team Games	Athletics	Hockey skills	Fundamental Movement Skills – Athletic based
	Yoga	Gymnastics	Multi Skills	Fitness	Adventurous Activities (including Forest schools)	Outdoor Activities
Year 2	Team Games	Invasion Games (Football)	Invasion Games (Basket Ball)	Athletics	Dance	Dance
	Gymnastics	Yoga	Adventurous Activities (including Forest schools)	Fitness	Multi Skills	Outdoor Activities
Year 3	Invasion Games (Football)	Invasion Games (Hockey)	Swimming		Athletics	Striking and Fielding (Rounders)
	Adventurous Activities (including Forest schools)	Fitness	Yoga	Gymnastics	Outdoor Activities	Multi Skills
Year 4	Invasion Games (Basket Ball)	Athletics	Dance	Dance	Swimming	
	Fitness	Adventurous Activities (including Forest schools)	Outdoor Activities	Multi Skills	Yoga	Gymnastics
Year 5	Swimming		Invasion Games (Netball)	Invasion Games (Football)	Striking and Fielding (Cricket)	Athletics
	Yoga	Gymnastics	Fitness	Adventurous Activities (including Forest schools)	Outdoor Activities	Multi Skills
Year 6	Dance	Dance	Invasion Games (Hockey)	Invasion Games (Netball)	Striking and Fielding Rounders	Striking and Fielding Cricket
	Multi Skills	Outdoor Activities	Gymnastics	Yoga	Fitness	Adventurous Activities (including Forest schools)