

Waterside News

Empowering Learners to Achieve Dreams

Academic Year 2024/25—Issue 2



Headteachers Message

Dear Parents and Caregivers,

It's been a wet week here at Waterside, but that hasn't stopped our children from enjoying the outdoors, even in the rain!

You may have heard your children talk about our new PE coach, Mr Stewart. We are thrilled to welcome him to our team. Mr Stewart is an experienced coach who joined us in September and will be delivering one of our two PE lessons each week. He brings a wealth of knowledge and enthusiasm, which we are sure will benefit all our pupils.

This half term, our focus value is Friendship. We have been encouraging the children to be supportive of one another and to celebrate each other's accomplishments. Friendship is one of our seven core school values, and at the start of the year, it is crucial that pupils develop positive relationships. In the coming weeks, our assemblies will focus on managing conflicts between friends and problem-solving together.

In class, we are dedicated to using digital technology to support learning. The children are becoming increasingly confident in using our new app, Showbie, which allows them to present their knowledge in various ways. During my learning walks this week, I have been immensely proud of all the children, but particularly our Nursery and Reception pupils. They have already become confident learners and are working well to build new relationships. It's wonderful to see our youngest children showing such exceptional manners and respect towards adults, greeting them and asking how they are.

Over the next term, you will have the opportunity to meet your child's class teacher for a quick update on how they have settled into their new class, and we will share your child's targets. Please look out for the letters that will be sent home to secure a time slot.

We are incredibly proud of all our pupils and look forward to continuing to support them in their learning journeys.

Warm regards,

Mrs Willis

Help with Learning

If you require any support with learning, please contact your child's class teacher via class dojo.

Help with Behaviour

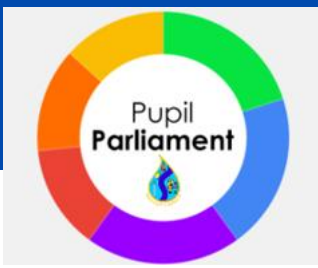
If you are concerned about your child's behaviour, please speak with the class teacher or your child's Phase leader.

Help with Safeguarding

If you have any safeguarding concerns, please raise these immediately with Mrs. Willis (DSL) or 01782235100 (Stoke)

Help with online safety

If you would like information on how to ensure your child is safe online, please contact Mrs Marray or Mr. Grocott.



Pupil Parliament

Department for Enrichment

Year 6 Minister:
Tomas

Sharks: Rayha
Whales: Khadijah
Dolphins: Shuaib
Narwhals: Sara
Manatees: Ezra
Stingrays: Izzy
Turtles: Mia
Jellyfish: Libby

This week our Department for Enrichment met to discuss how we could support our community further with Harvest. The children produced some wonderful ideas including collecting for the homeless, planting seeds and giving up time for someone else.

Our Prime Minister and Deputy Prime Minister have created the flyer below asking for donations that will be given to a Homeless Charity.

We are so proud of all of the Department for enrichment for their consideration of others.



HARVEST

From Thursday 26th September 2024, we will begin to collect donations for our harvest celebration on Wednesday 2nd October 2024.

We will be accepting donations of:

	Hats	
	Gloves	Wet wipes
	Scarves	Deodorant
	socks	Hand sanitiser
	Hand warmers	Towels
	Blankets	or any other toiletries

All donations go to the homeless

Made by Prime Minister and Deputy Prime Minister of Waterside Primary School

Celebration



	Star	Values	Reader
Ducklings	Robyn	Hidayah	Maxwell
Ducks	Alex	Lyra	Huzaifa
Swans	Benedita	Ciara	Eesa
Seals	Amelia	Safa	Eva
Sealions	Ava	Ramisha	Edward
Penguins	Sara A	Mohammed	Antonio
Puffins	Savannah	Marnie	Leo
Turtles	Bruce	Iqra	Lena
Jellyfish	Adam	David	Amelie
Stingrays	Subhan	Filip	Scarlett
Manatees	Asra	Ezra	Tilly
Dolphins	Alex	Madyson	Bexley
Narwhals	Ahmed	Scarlett	Ava
Whales	Hafsa H	Hassan	Mudassir
Sharks	Feno	Tomas	Zahra

Attendance Matters



Week 4

EYFS

Class	Ducklings	Ducks	Swans
%	94.4%	93.1%	93.3%

KS1

Class	Seals	Sealions	Penguins	Puffins
%	93.3%	95%	93.3%	91.4%

LKS2

Class	Turtles	Jellyfish	Stingrays	Manatees
%	96.7%	100%	96.7%	96.7%

UKS2

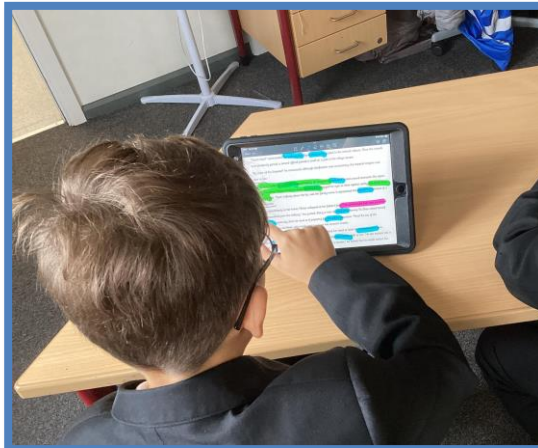
Class	Dolphins	Narwhals	Whales	Sharks
%	100%	96.7%	96.7%	96.7%



School Target 97%

Whole school attendance – 95.9%

A week in pictures

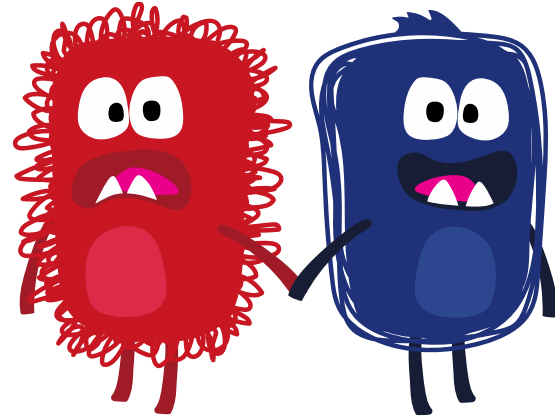


Red2Blue at Waterside and at home

At Waterside, we use a programme called Red2Blue where children will develop the mental skills and resilience needed to perform under pressure. We understand that pressure comes in all different forms, and this is why the Red2Blue programme is so effective with our children.

The Red2Blue programme provides an immediate accessible link between mindset and performance, enabling pupils to recognise when they are diverted, and access tools in the heat of the moment to get back on task.

As a Red2Blue School, all staff **and** pupils will develop and coach the mental skills and resilience needed to perform under pressure, while also building a sustainable performance culture.



How can you support your child at home using Red2Blue?

Red2Blue is something that can be used anywhere, anytime. Being in a Red Head space is when you are stuck and cannot move forward. This could be when you are upset, angry or even feeling just like you can't complete something. We recognise that being in a Red Head space is okay and we find ways we can move towards more of a Blue Head space. Being in a Blue Head space means we are in control of our actions, and we are focussed to continue our day.

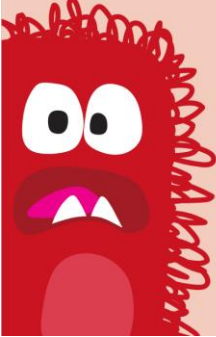
This series of exercises/rituals on the next page will help you get out of a Red Head and get back to the present moment with a Blue Head. Like any other skill, they need to be practiced to find out which ones work best for you and in what situation.

Red2Blue at Waterside and at home

EXERCISE 1

GET PHYSICAL

When you feel your Red Head coming...

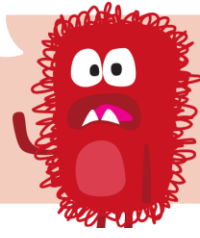


EXERCISE 2

ZOOM OUT / ZOOM IN

When you feel yourself drifting off or becoming busy inside your head, try looking up and noticing as many spaces around you as possible. Count them.

Refocus and concentrate



EXERCISE 3

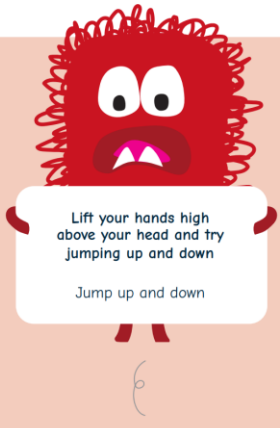
GROUNDING

- 1 Place tongue on the bottom of your mouth
- 2 Feel ground under your feet
- 3 Feel your stomach move in and out as you breathe
- 4 Hold the first two fingers of your left hand (optional)



EXERCISE 4

LIFTING



EXERCISE 5

STOP

- S** Stop
- T** Take three breaths; count of five in, count of seven out
- O** Observe something around you that makes you feel good
- P** Proceed



EXERCISE 6

DRAW YOUR FEELINGS

When you feel like you've been in a Red Head for too long draw a picture of what happened and how you feel.

Think about what you would say or do for a friend who was feeling like that.

Can you do that for yourself?



Re-draw the picture with your Blue Head...

What would that look like?



Parent Consultations

WATERSIDE PRIMARY SCHOOL PARENT CONSULTATIONS 2024 / 2025



Date	Year Group
Autumn	
Tuesday 10 th September	EYFS/KS1 Meet the Teacher
Wednesday 11 th September	LKS2 Meet the Teacher
Thursday 13 th September	UKS2 Meet the Teacher
Thursday 10 th October	Y6 Parent Consultations
Thursday 17 th October	Y2 Parent Consultations
Thursday 24 th October	YN Parent Consultations
Thursday 7 th November	YR Parent Consultations
Thursday 14 th November	Y1 Parent Consultations
Thursday 21 st November	Y3 Parent Consultations
Thursday 5 th December	Y4 Parent Consultations
Thursday 12 th December	Y5 Parent Consultations
Spring	
Tuesday 21 st January	Year 2 Parent Consultation
Thursday 23 rd January	Year 6 Parent Consultation
Tuesday 28 th January	Reception Parent Consultation
Thursday 30 th January	Year 1 Parent Consultation
Tuesday 4 th February	Year 3 Parent Consultation
Thursday 6 th February	Year 4 Parent Consultation
Tuesday 11 th February	Year 5 Parent Consultation
Thursday 13 th February	Nursery Parent Consultation