

# MENU



## MONDAY

- Pizza Slice
- Chickpea, Spinach and Sweet Potato Curry with Naan Bread
- Crispy Paprika Potatoes
- Brown & White Rice
- Sweetcorn Baked Beans
- Chocolate Cookie with Orange Wedges

## TUESDAY

- Meat & Potato Pie
- Quorn Nuggets
- Herby Potatoes
- Pasta Twists
- Carrots
- Garden Peas
- Ice Cream Pot

## WEDNESDAY

- Chicken or Vegetable Korma with Naan Bread
- Cheese Whirl
- Brown & White Rice Jacket Wedges
- Baked Beans
- Lemon Drizzled Sponge with Custard

## THURSDAY

- Roast Pork or Quorn Roast with Stuffing & Gravy
- Tomato & Basil Pasta with Garlic Bread
- Mashed Potato
- Broccoli Cauliflower
- Rainbow Cookie

## FRIDAY

- Battered Fish Fillets
- Quorn Fillet with Chip Shop Curry Sauce
- Chips
- Garden Peas
- Sunshine Muffins

## AVAILABLE DAILY

Filled jacket potato or sandwich with veggie sticks or salad pot.  
 Fresh fruit, Yeo Valley yogurt or Cheese & Crackers.  
 A choice of fruit drink, water or milk available with every meal.

Week 2:  
 12/9, 3/10, 31/10, 21/11,  
 12/12, 16/1, 6/2, 6/3, 27/3,  
 1/5, 22/5, 19/6, 10/7

- Vegetarian
- Organic
- Oily fish
- One of your 5-a-day
- Not cooked in oil
- 50% fruit