

# Waterside Primary School

## Primary PE and Sports Premium Plan

Sept 2021 – July 2022



### School Statement Considering COVID-19 Pandemic

Last academic year was disrupted due to the Covid-19 Pandemic. The ability to teach the full range of P.E and provide equipment for active playtimes was considerably impacted. The school is committed to active healthy pupils as we appreciate that the best way to fight the virus is to promote healthy active lifestyles but we will put pupil and staff safety first. The PE premium plan will therefore be reviewed regularly to ensure the safest and most effective plans are implemented.

The plan has been largely continued to improve the wellbeing of pupils, provide high quality training, CPD and P.E teaching and allow for Year 6 pupils to return swimming, as last year no swimming took place.

Children are still in year group bubbles though weekly P.E sessions are taking place.

**Waterside Primary School – Overview of Primary PE and Sports  
Premium Plan**

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>✓ Engagement of all children in regular physical activity in order to target the 30 minutes a day.</li> <li>✓ We have purchased additional resources, which has greatly enhanced our P.E equipment stock providing high-quality equipment across an increasing range of sports to facilitate more participation.</li> <li>✓ We have developed the range of sports offered to allow children to experience sports and activities that they would not normally engage in.</li> <li>✓ We have continued to ensure good levels of engagement within PE, Sport and Physical Activity throughout the year, including during the Covid-19 pandemic.</li> </ul>	<p><b>Continuations;</b></p> <ul style="list-style-type: none"> <li>• Continue to employ Bee Active</li> <li>• Continue to develop and extend the enhanced PE offer, including sensory circuits, yoga and the Schools ‘Being Active’ approach by providing suitable activities for all pupils to engage in the recommended daily 30 minutes physical activity.</li> <li>• Continued staff training and awareness of high-quality P.E teaching.</li> <li>• Continue to develop swimming across KS2</li> <li>• Continue to promote physically challenges for pupils to undertake sports beyond school.</li> <li>• Continue to provide afterschool sports clubs.</li> <li>• Increase the number of competitions for pupils</li> </ul> <p><b>New:</b></p> <ul style="list-style-type: none"> <li>• Devise PE assessment with a portfolio of evidence.</li> <li>• Promote healthy minds and health and wellbeing</li> <li>• Engage pupils in leadership activities in the playgrounds.</li> <li>• Build further on links with local sports clubs in order to promote the community facilities to parents, to increase the level of engagement with physical activities outside school times.</li> <li>• Develop activities and curriculum of socially distanced PE lessons, if required.</li> </ul>

### Swimming Overview

Meeting National Curriculum requirements for swimming and water safety.	% of current year 6 pupils
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	0%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke?	0%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	0%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes – The school provides swimming instruction for groups of children in school for 25 sessions per year. This includes pupils in KS2 (by the end of this key stage). Sports premium funding is used to supplement both the travel and additional staffing costs for swimming coaches to provide smaller more focused groupings and our own support staff. This ensures costs are kept low and no child misses out through cost.



Financial Year: 2021/2022	Total fund allocated:			Date Updated:
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b>	<b>Sustainability and suggested next steps:</b>
Funding for Sports Coach to lead specialist extended wellbeing activities to identified pupils throughout the year – Providing suitable activities for all pupils to engage in the recommended daily 30 minutes physical activity; sensory circuits, yoga and the Schools ‘Being Active’ programme.	Sports Coach to create a timetable to ensure all children can participate across the year with a focus on ‘Being Active’. To include positive mental health sports related activities e.g. rebound therapy, cycling, yoga, outdoor circuits/gym and through use of the outdoors i.e. Woodland Walk and adventure activities.	£500	Every child in KS1 and KS2 receives some specialist coaching during the year.  The school has promoted good emotional health, happiness and wellbeing support to all learners. As a result, improved emotional wellbeing is observed over a period of time.	Maintain coaching over a period of time so individuals can develop skills.  Sports Coach and PE Lead to maintain PE assessment with a portfolio of evidence to demonstrate successes, progress, outcomes and impact.

<b>Key indicator 2:</b> The profile of Physical Education, School Sport and Physical Activity (PESSPA) being raised across the school as a tool for whole school improvement				<b>Percentage of total allocation:</b>
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b>	<b>Sustainability and suggested next steps:</b>
Improve children's emotional wellbeing and mental health through a mixture of teacher led and specialist visitor led workshops.	<p>Book in a series of workshops which focus on children's mental health and emotional wellbeing.</p> <p>All children to improve concentration, health and emotional wellbeing.</p> <p>Develop teacher expertise on delivering wellbeing and mental health sessions.</p>	£1000	<p>Children have regular opportunities to develop positive mental health and emotional wellbeing in both the curriculum and the wider offer of the school e.g. visitors.</p> <p>Pupil voice responses about mental health and wellbeing at school are excellent.</p>	<p>Staff to observe sessions and apply some skills learnt in class sessions throughout the week.</p> <p>Children to apply skills learnt in other aspects of both their school and home life.</p> <p>Develop staff bank of resources to support teaching.</p>

<b>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</b>				<b>Percentage of total allocation:</b>
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b>	<b>Sustainability and suggested next steps:</b>
Staff training to facilitate active playtimes. More children partake in independent or structured active activities at playtime. (Limited due to covid restrictions – staying in class bubbles – continue to be monitored)	All staff including teachers, teaching assistants and midday supervisors to attend in-school training on promotion of physical activity to support this.	£400	Children are more active at playtimes, and as a result behaviour improves and pupils are healthier and happier.  Training records evidence.	Continued focus on training of staff who support playtimes.  Teachers to work with MDSA's.  Governor visits planned to monitor impact.
Staff to work alongside external coaches during enhanced physical activity sessions. Use skills learnt in own teaching, to develop staff confidence and competence in PE and school sport.	Sports Coach to plan various enrichment opportunities.  Coaches from a range of sports to be invited into school to work with children across a range of sports.  Opportunity to observe specialist coaching sessions.	£1000	Enhanced planning and teacher confidence in the delivery of a variety of sports following observation of externally led sessions.  Feedback to PE Lead.	Maintain links with external coaches and develop a timeline for additional 'try it out' sessions in school that teachers can attend.



<b>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</b>				<b>Percentage of total allocation:</b>
N.B: Sports clubs will initially not be run as a result of Covid-19 restrictions. This will be reviewed half-termly.				
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b>	<b>Sustainability and suggested next steps:</b>
<p>After school clubs subsidised to ensure children can access any clubs they wish and do not miss out through cost.</p> <p>Specific children's attendance at clubs is fully funded, where necessary.</p>	<p>Subsidy put in place and records kept of uptake for subsidised clubs.</p> <p>Specific children targeted and encouraged to take up an after-school club.</p>	£600	<p>Club registers show consistent uptake of clubs and greater take up by specific targeted children.</p> <p>Children take up sports with local clubs and societies outside school hours.</p>	<p>Maintain subsidy where possible at points throughout year.</p> <p>Ensure clubs are well publicised to parents and children.</p>
<p>Range of school clubs is varied to give the children a range of experiences.</p>	<p>Clubs meet the varied interests of children within the school and cover a range of sports.</p> <p>The school always aims to have at least one sport that the children may not have experienced before.</p> <p>Use of premium to keep cost low and ensure that no child misses out through cost.</p> <p>Additional clubs to be decided upon after consultation with children.</p>	£1000	<p>Attendance at sports clubs will be monitored.</p> <p>As a result of varied clubs, pupils overcome barriers and enjoy the benefits of a range of physical activities and sports.</p>	<p>Maintain range of clubs to suit the needs of the school and look for providers who can offer alternative sports and activities.</p>
<p>Heathy Body &amp; Health Minds themed week across school providing a range of opportunities for all pupils that are available within the local community (to incorporate a sponsored event, so that Sport is used as Fundraiser, donating to MIND).</p>	<p>Plan series of health and wellbeing events and sports for children to experience.</p> <p>Book external coaches and local sportsperson to lead sessions.</p> <p>Purchase medals for children.</p> <p>Undertake a sponsored event.</p>	£1000	<p>Children to experience a range of health and wellbeing activities e.g. yoga.</p> <p>Children to receive coaching from external sports/wellbeing coaches.</p>	<p>Book coaches and sports well in advance.</p> <p>Plan timetable so all children access sessions.</p>

KS2 children offered Bikeability cycling training, leading to increased confidence when riding bikes/general cycling skills.	6-week course booked with Bikeability for all KS2 children.  Supply cover for adult supervision.	£1000	All 5/6 children to take part in Bikeability course.  Children have developed their confidence and improved coordination.	Leaflets and advice on cycling and road safety sent home.  Course booked for next academic year.
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<b>Key indicator 5: Increased participation in competitive sport</b> N.B: Competitive sports events will initially not be run as a result of Covid-19 restrictions. This will be reviewed half termly.				<b>Percentage of total allocation:</b>
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b>	<b>Sustainability and suggested next steps:</b>
Continued promotion of local sports clubs.	Promotion of clubs through assemblies, visiting coaches, try it out sessions and signposting local clubs to families.	£300		Work closely with local clubs and coaches to promote the opportunities in local areas.  Publicise local clubs and events.
To attend local sports competitions to work alongside and compete against other local schools. All children in Yr. 6 given opportunity to compete and represent the school.	Transport to events planned and paid for so no cost to pupils.  All Yr. 6 children offered opportunity to represent school at competitions.	£445	All Yr. 6 children to take part in at least one competitive event.	Plan for future events and opportunities.  After school clubs planned to prepare children and teams for competitions.