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## **Parental Controls**

With Christmas just gone, many children may have received new technology or downloaded new apps or games. We wanted to share this useful website with you, that gives you guides to help set up parental controls on many different apps and devices. These controls help you to monitor and limit what your child sees and does online, so that you can provide your child with a safer online environment.

On the Internet Matters page (click link below) there is a full guide which will take you through all the features that are available on all your devices and how to set them up. There is also a 'Safe Checklist' which is really useful.

Although parental controls can stop your child from seeing things they shouldn't, it is important to engage with your child and talk to them about their online life.

