

**Birth to 2years**

Begin to crawl in different ways and directions. Pull themselves upright and bouncing in preparation for walking.

Begin to walk independently – choosing appropriate props to support at first

<b>2-year-olds</b>	<b>Au. 1</b>	Gradually gain control of their whole body through continual practice of large movements, such as waving, kicking, rolling, crawling and walking. Clap and stamp to music. Fit themselves into spaces, like tunnels, dens and large boxes, and move around in them. Enjoy starting to kick, throw and catch balls.
	<b>Au. 2</b>	Walk, run, jump and climb – and start to use the stairs independently. Spin, roll and independently use ropes and swings (for example, tyre swings).
	<b>Sp. 1</b>	Sit on a push-along wheeled toy, use a scooter or ride a tricycle.
	<b>Sp. 2</b>	Use large and motor skills to do things independently.
	<b>Su. 1</b>	Go up steps and stairs, or climb up apparatus, using alternate feet. Skip, hop, stand on one leg and hold a pose for a game like musical statues.
	<b>Su. 2</b>	Start taking part in some group activities which they make up for themselves, or in teams.

<b>3-year-olds</b>	<b>Au. 1</b>	Explores moving their body in different ways.
	<b>Au. 2</b>	Moves body to music showing when they can stop and start.
	<b>Sp. 1</b>	To be able to control a ball in different ways, balance on a variety of equipment and climb
	<b>Sp. 2</b>	To jump and land safely from a height.
	<b>Su. 1</b>	To move safely with confidence and imagination, communicating ideas through movement.
	<b>Su. 2</b>	Can follow instructions in simple races, running at speed and an obstacle course.

<b>4-year-olds</b>	<b>Au. 1</b>	Begin to use their core muscle strength to achieve good posture when sitting on the floor or at the table. Begin to safely use tools and equipment.
	<b>Au. 2</b>	Begin to develop overall body; strength, balance, co-ordination, balance and agility. Experiment moving in different ways.
	<b>Sp. 1</b>	Continue to develop overall body strength, balance and coordination. Developing in ability when dancing to music.
	<b>Sp. 2</b>	Negotiates space successfully and can adjust speed and direction. Showing increasing control with a ball.
	<b>Su. 1</b>	Using equipment safely with consideration to others. Move in a range of ways confidently including running, jumping, dancing, hopping, skipping and climbing.
	<b>Su. 2</b>	Negotiate space and obstacles safely. Show strength, balance and coordination when playing. Move energetically in a range of different ways.

<b>Early Learning Goal</b>
<ul style="list-style-type: none"> <li>Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>Demonstrate strength, balance and coordination when playing.</li> <li>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>