



## School Swimming 2025 – 26

The national curriculum stipulates that all schools must provide swimming instruction as part of the curriculum in either KS1 or KS2. Here at Welholme, we provide swimming lessons in Year 4.

All schools must provide swimming instruction in either key stage 1 or key stage 2. In particular, pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)
- Perform safe self-rescue in different water-based situations

Please see swimming results for our current Y6 cohort from the academic year 2023 – 24:

Year Group	Number of Chn
Yr4	80

Skill	Pass Rate
Swim competently, confidently and proficiently over 25m.	28.75%
Use a range of strokes effectively.	40%
Perform safe self-rescue.	100%