



PSHE Intent

At Welholme Academy we aim to inspire our pupils so that they believe that they can achieve. We do this through creating a happy, nurturing and aspirational environment where children are enabled to become successful learners, develop their full potential and achieve the highest standards they can in everything that they do. Every child in our school is recognised as a unique individual, we celebrate and welcome differences in our community. We have identified four aspects as part of our school vision which are integral these are:

- Aspirational
- Collaboration
- Nurturing
- Resilience

Personal, Social, Health and Relationships Education equips children with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives, ensuring the child's wellbeing is priority.

Implementation

PSHE and RE education is taught through a planned, developmental program called Jigsaw, which children acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As a whole-school approach, PSHE develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. Through this whole-school approach, lessons have been designed to reflect the age and needs of pupils and will be delivered through a weekly session.

Jigsaw PSHE will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

Jigsaw whole-school approach (Foundation-Y6)

Jigsaw covers all areas of PSHE for the primary phase, as the table below shows: Term	Puzzle name	Content
Autumn 1:	Being Me in My World	Includes understanding my place in the class, school and global community as well as devising Learning Charters
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and diversity work
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, working together to design and organise fund-raising events
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills
Summer 2:	Changing Me	Includes Sex and Relationship Education in the context of looking at change

Impact

In PSHE education there are two broad areas for assessment

- Children's knowledge and understanding, for example information on health, understanding of rules and understanding health and safety procedures.
- How well children can use their knowledge and understanding in developing skills and attitudes, for participating in discussions, group tasks and activities, managing conflict, making decisions and promoting positive relationships.

It will be important to know that our policy is working effectively, and the extent to which it is having a positive impact on the personal and social development of pupils. Judgement will be made on the extent to which pupils are:

- Developing confidence and responsibilities and making the most of their abilities
 - Learning to play an active role in citizens
 - Developing a healthy, safer lifestyle
 - Developing good relationships and respecting the differences between people
-
- We will know our policy has been successful if our children show
 - High Aspiration
 - Collaboration
 - Nurturing
 - Resilience

