

Please choose one of Main meal, Vegetarian, Jacket Potato or Sandwich option; your child can choose their dessert on the day. Thank you.

W/B 30 Aug, 20 Sep, 11 Oct	Week 1	Green Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal	Wholemeal Margherita Pizza with Homemade Coleslaw	Cottage Pie	Roast Chicken with Gravy	Chicken Curry & Brown Rice	Jumbo Fish Fingers & Chips
	Vegetarian Main Meal	Vegetable & Quorn Stir-fry	Tomato & Basil Pasta Bake	Quorn Roast with Gravy	Vegetarian Sausage & Mash	Cheese Quiche & Chips
	Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
	Sandwich	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings
	Vegetables	Green Beans & Sweetcorn	Broccoli & Carrot Batons	Vegetable Medley & Roast Potatoes	Cauliflower & Carrots	Peas & Baked Beans
	Desserts	Peach Melba & Custard or Fruit Salad	Cherry Shortcake & Custard or Fruit Pots	Ginger Sponge & White Sauce or Fruit Kebabs	Apple Crumble & Custard or Fruit Boats	Beetroot Brownie & Custard or Fruit Salad
	Accompaniments	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts

W/B 6 Sep, 27 Sep, 18 Oct	Week 2	Green Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal	Vegetarian Bolognese (Quorn)	Tuna & Salmon Pasta Bake	Roast Chicken with Gravy	Lasagne & Garlic Bread	Salt & Vinegar Fish & Chips
	Vegetarian Main Meal	Cauliflower & Broccoli Bake	Organic Mac & Cheese	Quorn Roast with Gravy	Roast Vegetable Pizza & Oven Baked Wedges	Vegetarian Burger & Chips
	Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
	Sandwich	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings
	Vegetables	Peas & Carrots	Broccoli & Carrot Batons	Savoy Cabbage, Cauliflower & Roast Potatoes	Broccoli or Salad	Sweetcorn & Baked Beans
	Desserts	Fruit Flapjack or Fruit Pots	Cornflake Tart & Custard or Fruit Kebabs	Rice Pudding & Fruit Compote or Fruit Salad	Courgette Sponge & Custard or Fruit Boats	Banoffee Pie or Fruit Salad
	Accompaniments	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts

W/B 13 Sep, 4 Oct, 25 Oct	Week 3	Green Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal	Vegetarian Lasagne (Quorn)	Shepherd's Pie	Roast Chicken with Gravy	Chicken Pasta in Tomato Sauce with Garlic Bread	Salmon Fish Fingers & Chips
	Vegetarian Main Meal	Vegetarian Fajitas	Vegetable Quiche	Quorn Roast with Gravy	Chickpea Curry with Brown Rice	Pizza Wrap
	Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
	Sandwich	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings	Sandwich with a choice of fillings
	Vegetables	Broccoli & Carrots or Corn on the Cob	Green Beans & Carrots or Salad	Sprouts, Honey Glazed Parsnips & Roast Potatoes	Cauliflower & Carrots	Mushy Peas & Baked Beans
	Desserts	Carrot & Orange Cake or Fruit Salad	Jam Roly Poly & Custard or Fruit Kebabs	Mandarin Orange Sponge & Chocolate Sauce or Fruit Pots	Apple Crumble & Custard or Fruit Boats	Ginger Biscuit & Milk or Fruit Salad
	Accompaniments	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts