

Please select either a Main/Vegetarian/Jacket or Sandwich Option, and circle the sandwich filling choice.

Week 1	Green Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Meatless Meatballs in Tomato Sauce with Spaghetti	Cheeseburger with Lettuce, Onion & Gherkin & Baked Potato Wedges	Honey Roast Gammon with Roast Potatoes & Yorkshire pudding	Chicken Curry & 50/50 Rice with Naan & Samosa	Battered Fish & Chips
Vegetarian Main Meal	Vegetable Pizza Baguette with Herby Potatoes	Macaroni Cheese Pasta Bake	Chunky Vegetable Stew & Dumplings with Boiled Potatoes	Mediterranean Vegetables Topped with Cheesy Mashed Potato	Fishless Fingers & Chips
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Sandwich	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna
Vegetables	Parsnips & Carrot Batons	Corn Cobettes & Green Beans	Broccoli & Diced Carrots	Cauliflower & Sweetcorn	Garden Peas & Baked Beans
Desserts	Apple Oat Cookie with Milk	Syrup Sponge & Custard	Ice cream	Chocolate Orange Jaffa Cup Cake	Lemon Cake
Accompaniments	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts

Week 2	Green Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Meatless Burger with Lettuce & Tomato & Baked Potato Wedges	Toad in the Hole with Mashed Potatoes & Onion Gravy	Roast Chicken with Yorkshire Pudding & Carrot & Swede Mash	Meat Feast Pizza with Baby New Potatoes	Battered Fish & Chips
Vegetarian Main Meal	Chunky Vegetable Pasta	Vegetarian Burritos	Gardener's Pie with Carrot & Swede Mash	Chunky Vegetable Lasagne with Garlic Bread	Fishless Fingers & Chips
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Sandwich	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna
Vegetables	Sweetcorn & Green Beans	Broccoli & Carrots	White cabbage & Garden Peas	Corn on the Cob & Curly Kale	Garden Peas & Baked Beans
Desserts	Blueberry Muffin & Milk	Sticky Toffee Pudding & Butterscotch Sauce	Whip & Fruit	Hot Chocolate Fudge Cake & Custard	Lemon Drizzle Sponge & Cream
Accompaniments	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts

Week 3	Green Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetable Fingers with Baked Potato Wedges	Mince & Onion Pie with Mashed Potato & Gravy	Roast Turkey with a Yorkshire Pudding & Roast Potatoes	Chicken Wrap with Herby Potatoes	Battered Fish Fingers & Chips
Vegetarian Main Meal	Wholemeal Margherita Pizza with Baked Potato Wedges	Cheese & Onion Pie with Mash	Vegetarian Mince & Sweet Potato Mash Cottage Pie	Vegetable & Cheese Enchilada Pie with Diced Herb Potatoes	Cheese Whirl & Chips
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Sandwich	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna
Vegetables	Garden Peas & Sweetcorn	Cauliflower & Savoy Cabbage	Broccoli & Carrot Batons	Sweetcorn Cobettes & Mashed Swede	Garden Peas & Baked Beans
Desserts	Sticky Ginger Cake & Custard	Apple & Forest Fruits Crumble	Jelly & Whip	Orange Cheesecake	Mango Crunch Cookies
Accompaniments	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts