

Please select either a Main/Vegetarian/Jacket or Sandwich Option and circle the sandwich filling choice. Desserts will be chosen on the day.

Week 1	Green Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Meat Free Burger in a Bun with Corn Cobette & Homemade Coleslaw	Sausages, with Seasoned Cubed Potatoes & Ketchup	Roast Turkey, Yorkshire Pudding, Roast Potatoes & Gravy	Large Yorkshire filled with Savoury Turkey Mince & Baby New Potatoes	Fish Cake & Chips
<b>Vegetarian Main Meal</b>	Vegetable Lasagne & Garlic Bread	Vegetable Curry & 50/50 Rice	Quorn Sausage, Yorkshire Pudding, Roast Potatoes & Gravy	Spanish Vegetable Rice Bake	Creamy Vegetable Pie & Chips
<b>Jacket Potato</b>	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
<b>Sandwich</b>	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna
<b>Vegetables</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Desserts</b>	Orange Cookie	Chocolate Brownie with Creamy Chocolate Sauce	Strawberry Mousse	Lemon Madeira Cake	Strawberry Flapjack & Custard
<b>Accompaniments</b>	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts

Week 2	Green Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Burrito Wrap with Rice & Vegetable Filling.	Breaded Chicken Fillet in Cheese Sauce with Potato Wedges	Roast Gammon, Yorkshire Pudding, Roast Potatoes & Gravy	Homemade Minced Beef Pie with New Potatoes & Gravy	Fish Fingers & Chips
<b>Vegetarian Main Meal</b>	Vegetarian Cottage Pie	Cheese & Tomato Pizza with Potato Wedges	Quorn Fillet, Yorkshire Pudding, Roast Potatoes & Gravy	Vegetable Stew & Dumplings	Vegetable Fingers & Chips
<b>Jacket Potato</b>	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
<b>Sandwich</b>	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna
<b>Vegetables</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Desserts</b>	Apple Flapjack	Sticky Ginger Pudding & Custard	Strawberry Jelly	Courgette Sponge	Cherry Shortcake Biscuit
<b>Accompaniments</b>	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts

Week 3	Green Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Quorn Mince Spaghetti Bolognese	Beef Chilli & Rice	Sausages, Yorkshire Pudding, Roast Potatoes & Gravy	Chicken Burger with Garlic Mayo & Salad	Gluten Free Battered Fish & Chips
<b>Vegetarian Main Meal</b>	Cheese & Onion Quiche with New Potatoes	Winter Vegetable Soup with Crusty Roll	Macaroni Cheese	Cheese & Tomato Naan Bread Pizza with Potato Wedges	Meat Free Dippers & Chips
<b>Jacket Potato</b>	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
<b>Sandwich</b>	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna	Sandwich with Cheese, Ham or Tuna
<b>Vegetables</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Desserts</b>	Ginger Biscuit	Apple Crumble & Custard	Strawberry Jelly with Manderins	Orange Shortbread Biscuit	Flapjack
<b>Accompaniments</b>	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts	Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit & Yoghurts