

# SEND Parent carer newsletter



Monday 30 January 2023

#### What's on?

- 1. National Storytelling Week
- 2. Wheelchair workshop
- 3. Kooth

- 4. Free training. Calm solutions to emotional situations
- 5. Be a star. Nominate someone special
- 6. **SEND Annual Survey**
- 7. **SENDIASS**

### **National Storytelling Week**

National Storytelling Week takes place from 30 January to 5 February 2023. It's a celebration of the power of sharing stories. Stories teach us about the world, they allow us to step into someone else's shoes and feel empathy, they help us to relax and escape and they can help develop essential literacy skills.

#### **SEND Books near you**

Did you know that our team has hand picked a variety of books on SEND and stocked them in our local libraries.

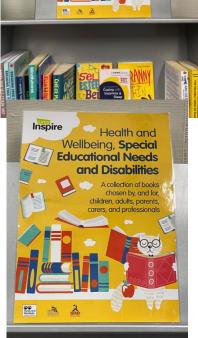
There are books of all kinds written for children, young people, and their families.

There are popular books written by parent carers, children and young people, and professionals who all share their experience and advice about SEND.

#### Titles include:

- Noah chases the wind
- Leah's voice
- All My Stripes, tells the story of a zebra named Zane who has autism and worries about not fitting in
- We're amazing 123, This Sesame Street storybook focuses on Elmo's friend <u>Julia</u>, who has autism.
- My friend with autism, Beverly Bishop
- My life with autism, Eight-year-old Ethan Rice shared his story with others to raise awareness and show what autism means to him





• The Adventures of Pickle, **Author:** Zelda Mothins

Make sure to visit your local library and pick a book. Lincs Inspire

### Real people in our area share their stories

There are lots of uplifting and heart-warming stories on the Local Offer. Read stories from local children, teens, and families who have shared their journey.

NELC SEND Local Offer | Celebrating SEND- local stories (nelincs.gov.uk)

#### Wheelchair workshop

Go Kid Go have a free wheelchair skills workshop coming up in Grimsby on Sunday 5 February and it would be great if you could pass the attached flyer to any families that you think may benefit and share it on your social media.



The workshop is suitable for young wheelchair users from 2-18 years of age. On the workshop we teach skills such as coping with slopes and rough ground, back wheel balancing, road safety and emergency evacuation techniques.

We can work with manual or powered wheelchair users. We also play games like wheelchair basketball and try out wheelchair dance. We bring extra chairs so mums, dads and siblings can get involved and join in the games. Whilst the objectives are serious the workshops are good fun! We often have a mixed range of abilities and find that everyone gains some new skills from the workshops.

#### **Kooth**

Our community is here to support you through anything. Big or small. Kooth is a safe, anonymous, online platform for young people's mental health and emotional wellbeing. Your child can get online counselling from qualified professionals as well as read online forums and more.

Show your child Kooth. **Home – Kooth** 

### Free training. Calm solutions to emotional situations

Thursday 9 February 2023 – 6pm – 8pm – online via Zoom.

## Spaces are limited to book your place now. **Calm Solutions to Emotional Situations Workshops | Eventbrite**

It is common for some young children to have challenging behaviour, particularly if they have additional needs. This workshop is being delivered as part of the Autism in Schools programme and will explore some of the issues around behaviour and will look at ways of supporting and encouraging your child. You will gain a better understanding of why children



behave the way they do and learn ways to handle difficult situations in a calm, stress-free manner. Group discussions will explore what might help and how to get support and help.

### Be a star. Nominate someone special

It only takes a couple of minutes to cast a nomination that will brighten someone's day.

Nominate a student, service, or professionals for a SEND Award. Did a school or service help you in a small way, that made a big impact? Is your child creative, kind, or determined? We want to hear about all the different achievements going on locally.



Cast a nomination- **SEND Award nomination form**.

### **SEND Annual Survey**

Open for a limited time! Let us know what you think of our SEND Services.

You can choose to leave your details for a personal response.

Give local professionals the insight they need to improve what they offer you.

<u>Parents and carers – SEND</u> <u>Annual Survey | QuestionPro</u> <u>Survey</u>

<u>Children and Young People – SEND Annual Survey | QuestionPro Survey</u>

The surveys close on Friday 17 February 2023.



#### **SENDIASS**

SENDIASS provide support for SEND, across education, health and social care.



#### **Sendiass North East Lincolnshire | Facebook**

Contact SENDIASS: Call- 01472 326363

Email- ask@nelsendiass.org.uk

#### **SENDIASS**

If you have questions about SEND we are always here to help. Please don't hesitate to email **sen@nelincs.gov.uk**. We always try to make sure that children and parents/carers voices are heard.

These Weekly SEND parent/carer newsletters are shared with teams within education, health and social care as well as parents/carers SENCOs, the DfE and local charities.

If parents/carers or young people over 16 do not have access to the internet or if they prefer to receive paper copies only please contact sen@nelincs.gov.uk.