







CHALLENGE YOURSELF!

KS3

	READ 	WATCH 	DO 
CORE (SCIENCE WEEK) 	Read about the digestive system on Kids Health and learn about all the different organs involved. https://kidshealth.org/en/kids/digestive-system.html	Watch the video from Operation Ouch about how food travels through the digestive system. What parts of the digestive system does the food not pass through but are still involved	Create a model of the digestive system. You can use any items you want eg paper, wool, paper bags, tissues, or you could use different sweets and eat them later
FOUNDATION (SPANISH WEEK) 	Choose an article on the website . How many new words can you work the meaning out?	Watch the cartoon "Pocoyo" in Spanish here: POCOYO . Or for a cultural viewing, watch " Race Across the World ." Contestants race from Mexico to Argentina exploring South America.	Research a Spanish-speaking country (NOT Spain). Find out about their famous fiestas and typical food for that country. If you can find any recipes, perhaps try and make some food from that country.
CREATIVE (MUSIC WEEK) 	Read this on how to sell songs that you have written - great advice for composers at an early stage in their careers and surprising facts about how famous artists 'write' their hit songs.	The famous composer and jazz keyboard player Chick Corea sadly passed away in February this year - please go to YouTube , Spotify, Apple Music etc and listen to his music.	This is a fantastic website for helping you improve many aspects of your music. Choose an interactive exercise and see how well you do!