WHY IS ACHIEVING YOUR BEST IMPORTANT?

- •What is the point of achieving the best results I can?
- •Why do I need to be on time to lesson? What's the big deal if I am 5 minutes late.
- •Does it matter if I don't pass my GCSE's?
- •I can get on my next steps course with just 5 GCSEs at Grade 4 so I am sound.
- I am going to get an Apprenticeship anyway

WHERE ARE WE AT?

The good news....
You can apply for student loans to cover your course costs and you may also be entitled to maintenance grants depending

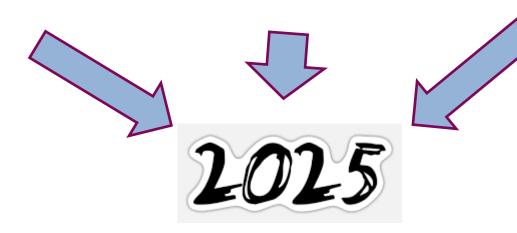
However...
University now costs
up to £9,250 a year
with tuition fees

on your situation





Due to the raising of the participation age all young people have to be in some form of education or training until they are 18



A lot of employers and those offering Apprenticeships want to take on those with achieved 5 grade 4+ GCSEs incl. English and Maths

Choices....

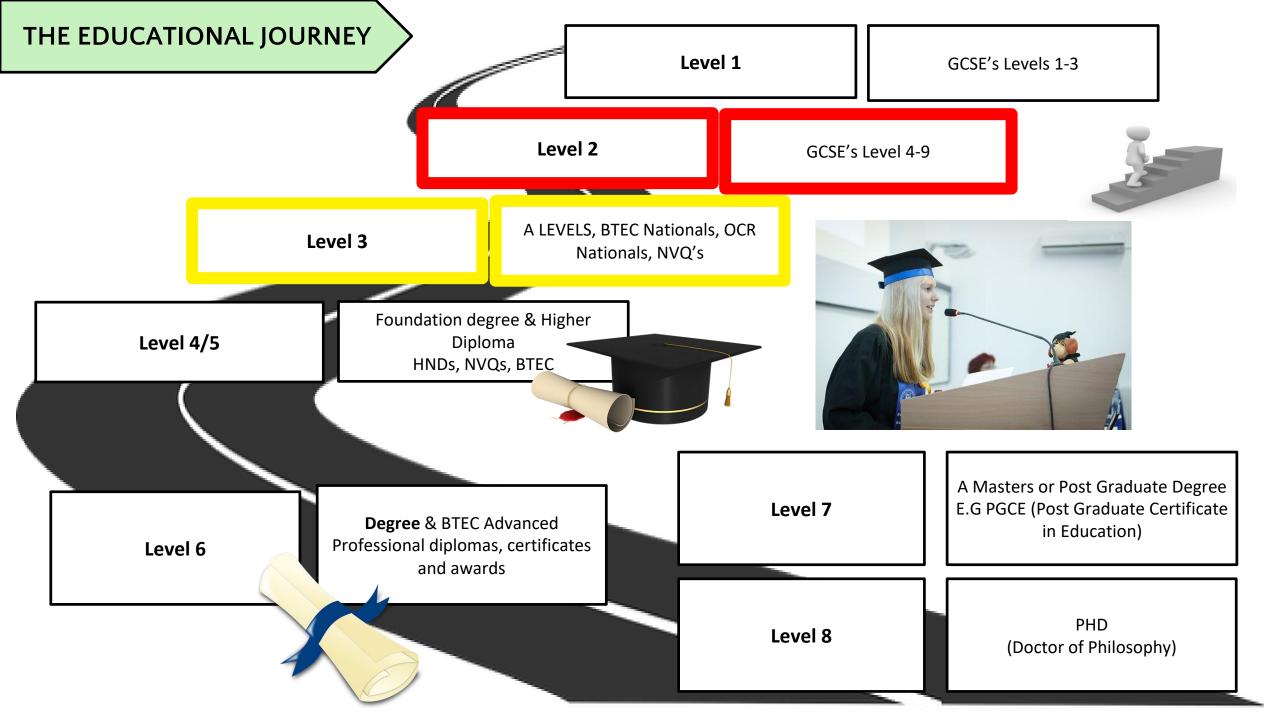
- L. Full Time College or Sixth Form
- 2. Apprenticeship or Traineeship
- Employment / Volunteering with education or training leading to a nationally recognised qualification

All young people need to achieve a Grade 4 or higher in Maths and English

Failure to achieve grade
4's means you have to
do them again and re-sit
until you are 19 no
matter what you decide
to do

HOW HIGH DO YOU WANT TO GO?

LEVEL		QUALIFICATION TYPES	
Level 1	Level 4/5	A LEVELS	Foundation degree and higher Diploma
Level 2	Level 6	Foundation degree & Higher Diploma	Degree
Level 3	Level 7	GCSE's Levels 1-3	GCSE's Level 4-9
Level 4/5	Level 8	A Masters or Post Graduate Degree E.G PGCE (Post Graduate Certificate in Education)	PHD (Doctor of Philosophy)



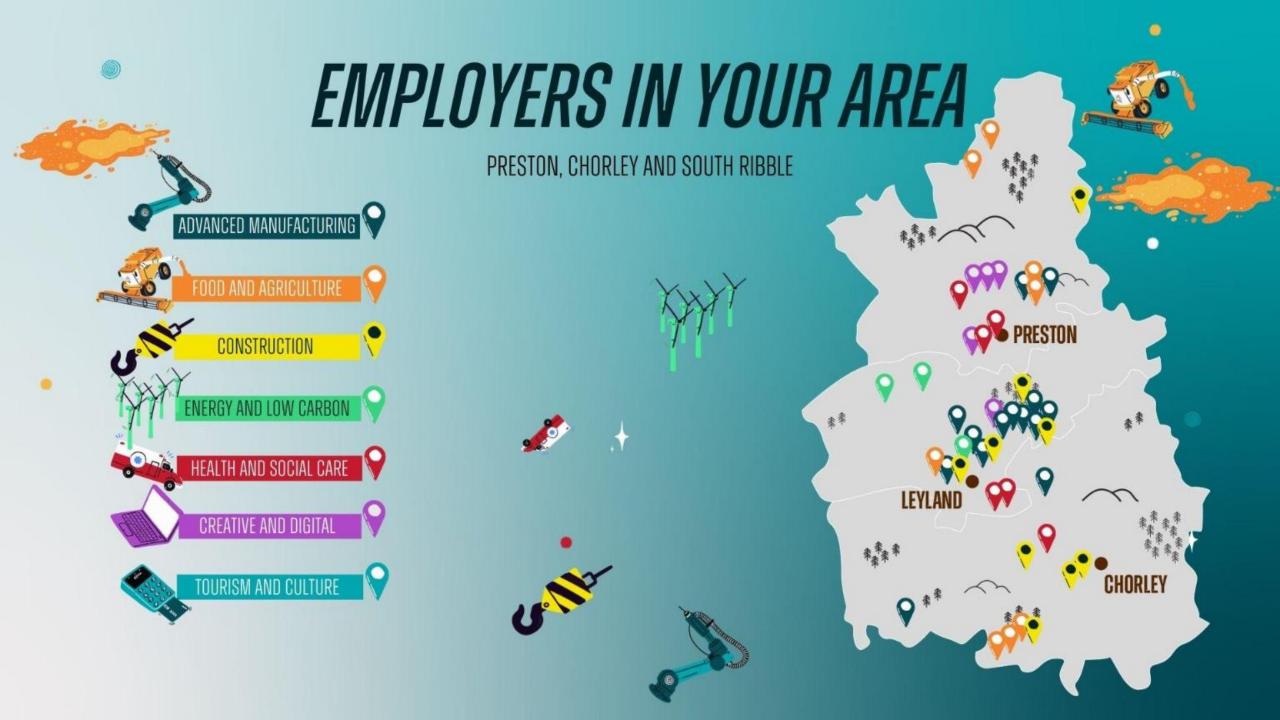
WHY GO HIGHER?

Graduates overtake those who chose not to go university within just a few years, earning at least 20% more once they are in their mid-20s. By age 31, graduates typically earn 37% more

The average person with no qualifications would earn 20% less than someone who held GCSEs (of grade A - C). Even more staggering, was the statistics that showed someone with a Further Education qualification (level 3+), would earn 45% more (on average per hour) than someone with an education level of GCSEs.

THIS IS PRESTON, CHORLEY AND SOUTH RIBBLE







APPRENTICESHIPS



IN THE LAST 3 YEARS, MORE THAN 33,000 PEOPLE STARTED APPRENTICESHIPS IN LANCASHIRE!









THE BETTER THE QUALIFICATIONS, THE MORE YOU COULD POTENTIALLY EARN









LEVEL 3







LEVEL 6+







Developing a success mindset for Year 11

What is your North Star?

August 2024

What is your Vision?
What will your picture be?
What do you need to do now?







Your Vision Choices

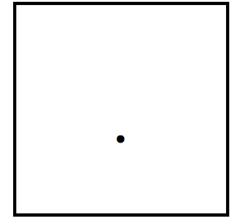




Now?

What you want most?

"If you change the way you look at things, the things you look at change" Dr Wayne Dyer



Mental Toughness

Mental Toughness is a personality trait describing how we respond to stress, pressure and challenge.

It is more than just resilience, as it also is our ability to demonstrate **commitment** and **control**, as well as taking opportunities when they arise.



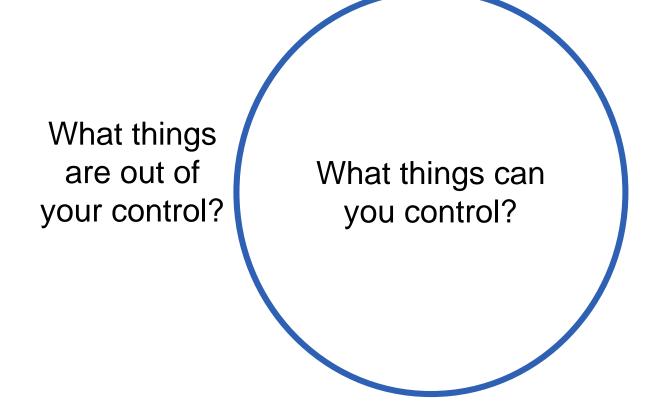
Control

Control is our understanding that we can regulate and influence the direction of our life, as well as our emotional responses.

Key features in developing Mental Toughness:-

- Identifying the things that are in your control. Process not outcome.
- Good at controlling emotions, be difficult to provoke.
- Stay calm and direct energy at your choices.
- See the solution, not the problem.
- Believe you are making a difference by taking positive action.

Control



Challenge

Challenge looks at how we respond to any activity or event that we see as out of the ordinary and involves doing something that stretches us.

Some people see challenges and problems as opportunities, whereas others see challenging situations as threatening.

Key features of Mental Toughness:-

- Enjoys a challenge
- Understands challenge happens and is part of getting better
- Sees the positives and enjoys learning from challenging situations
- Doesn't see setback or failure as permanent

Challenge

$$E = 0$$

$$E + R = 0$$

Events + Response = Outcome

Our response influences the outcome, NOT the event

Plan your response to challenging situations

Commitment

Commitment is the level an individual is likely to persist with a task or goal.

It can be seen as the ability to make promises and the commitment to keep promises.

Key features in developing Mental Toughness:-

- Find evidence of your progress! Set goals and measurements, use these as the repeated opportunity to measure and prove yourself.
- Break things down into manageable chunks.
- Focus on consistent habits and effort.
- Accept responsibility, sets high standards for yourself
- Develop a growth mindset YET!

Commitment

Create a vision

Identify success habits

Be consistent

Design goals with milestones

JAMES CLEAR. COM

Confidence

Confidence is the self-belief to successfully complete tasks that might be considered too difficult by individuals with similar abilities but lower confidence.

Key features in developing Mental Toughness:-

- Happy to ask questions
- Little or no need for external validation self-assured that they are doing the right things well.
- Happy to ask for help, won't see this as a negative, just something that is needed.

Confidence



Remember you are surrounded with a good support team who want you to succeed

Trust the process and your habits to achieve your vision

Find evidence of success and progress – share it with your support team

Use your support team to help

"Watch your **thoughts**, they become your **words**; watch your **words**, they become your **actions**; watch your **actions**, they become your **habits**; watch your **habits**, they become your **character**; watch your **character**, it becomes your **destiny**."

Lao Tzu

A final thought.....

"We are what we repeatedly do. Excellence, then, is not an act, but a habit."

Will Durrant

WHAT DO WE MEAN BY QUALIFICATION LEVELS?

When we talk about qualification levels, it doesn't just mean Academic Learning like GCSEs, A Levels, and Degrees. There are also equivalent qualification levels in Technical Education, like Traineeships, T-Levels and Apprenticeships.

