

EXTERNAL AGENCY INFORMATION FOR FAMILIES

Childrens Social Care – 0300 123 6720

Emergency Duty Team – 0300 123 6720

<https://www.lancashire.gov.uk/children-education-families/keeping-children-safe/tell-us-if-you-are-worried-about-a-child/>

Lancashire Children and Family Wellbeing Service – 0800 51 11 11

<https://www.lancashire.gov.uk/practitioners/supporting-children-and-families/children-and-family-wellbeing-service/>

Child Action North West – 01254 244700

<http://canw.org.uk/>

NSPCC – 0808 800 5000

<https://www.nspcc.org.uk/about-us/contact-us/>

Childline – 0800 11 11

<https://www.childline.org.uk>

Police -101

<https://www.police.uk/forces/>

MENTAL HEALTH AND WELLBEING

CAMHS – West Lancashire 01695 684262/South Ribble 01772 644644

<https://youngminds.org.uk/find-help/your-guide-to-support/guide-to-camhs/>

KOOTH – Online mental health support group commissioned by CCG

<https://www.kooth.com>

MINDS MATTER – West Lancashire 01695 684177/South Ribble 01772 643168

<https://www.lscft.nhs.uk/mindsmatter2-contact-us-self-referral>

LANCASHIRE MIND – 01257 231660

<https://www.lancashiremind.org.uk/>

HOUSING

West Lancashire - <https://www.westlancs.gov.uk/housing>

South Ribble - <https://southribble.gov.uk/housing>

DOMESTIC VIOLENCE AND ABUSE

<http://thehideout.org.uk/> - This is for children and young people.

The Expect Respect Toolkit looks at healthy relationships.

<https://www.womensaid.org.uk/the-survivors-handbook/how-can-i-help-my-children/> Information about how parents can support their children.

FOOD/GROCERY SUPPORT

Community Network and Outreach Service <https://communitynetworkleyland.com/>

Foodbank - <https://www.trusselltrust.org/get-help/find-a-foodbank/>