



**Wellfield Academy**

Headteacher Mr J Lewis

14<sup>th</sup> December 2022

Dear Parent/Carer,

### Physical Education Achievements & Expectations

As we approach the end of the autumn term I would like to take this opportunity to share with you some of the many sporting success' our Wellfield students have enjoyed since September and also to briefly review our PE kit expectations. Our extra-curricular PE clubs and teams are becoming increasingly popular, with numbers taking part increasing week-by-week, including those who are proud to represent our school at district, regional and national level.

#### Achievements

Early on in the term our newly-formed Key Stage 3 cross country team secured a number of top ten finishes at the South Ribble cross country event. This was followed by our Year 10 Netball team who finished 3<sup>rd</sup> place in the Netball tournament. There was also early success for our new Year 7 students who, following a number of after school practice sessions, secured wins in the South Ribble School football league. Well done to all students and staff involved and also to all students who have taken part in any sessions in our extra-curricular sporting programme.

#### Kit Expectations

At Wellfield Academy Physical Education is a key part of our curriculum for students in all year groups. The vast majority of our students actively engage with PE and, thanks to the personal development thread of the PE curriculum, clearly recognise the benefits of taking part in regular physical exercise. A key aspect of student engagement with PE lessons is the wearing of the correct PE kit. The full uniform policy is available on our school website (<https://wellfieldacademy.org/about-us/school-uniform>), but please see below for specific guidance regarding our expectations for PE kit which must be worn during **all** Physical Education lessons and extra-curricular activities. The items of PE kit can be purchased from our uniform provider, Monkhouse Schoolwear Specialists:

- Black round neck t-shirt with school logo
- Black shorts or skort with school logo
- Long black sports socks
- Trainers (black soled not allowed)
- Football boots/shin pads/gum shield (staff will notify students when these are required)

#### Injuries or medical conditions

At any point, if your child is unable to fully participate in their PE lessons, they are still expected to bring and change into their PE kit. This applies even if the student has a minor injury. This ensures that students can still remain a part of the lesson and help keep their school uniform clean and dry for the rest of the day. In this case students may, for example; take on the role of an official/referee or as a performance analyst or coach within the lesson so they can continue to develop excellence in PE.



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Our dedicated team of staff can suitably adapt the lesson for individuals in these instances so as not to aggravate any minor injury further. Clearly there will be a small number of exceptions to this rule where more serious injuries have been sustained e.g. fractures or following medical advice. We politely request that in all instances you provide a note outlining the details of the injury so that staff can alter the participation level for individuals.

If you have any queries, please contact the office or email [enquiries@wellfieldacademy.org](mailto:enquiries@wellfieldacademy.org), marking your email FAO the PE department.

Thank you for your continued support.

Yours faithfully,

*V J Day*

**Mrs V J Day**

Curriculum & Assessment Assistant Headteacher

*L Bellemey*

**Miss Bellemey**

Teacher i/c of Physical Education



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