



Wellfield Academy

Headteacher Mr J Lewis

17th March 2023

Dear Parent/Carer

PSHCE Day 4- 22nd March Year 10

On Wednesday 22nd March, we will be holding our fourth Personal, Social, Health and Careers' Education (PSHCE) drop-down day of the academic year, which will be an important opportunity to cover some essential topics in the areas of relationships, health and living in the wider world.

On this day there will be a Careers fair that all students in school will have a chance to attend for a one-hour slot. There will be over 35 companies in attendance and this is an amazing opportunity to encounter employers from the local area and see the wide range of exciting opportunities available to students post 16 and to raise aspirations. A program outlining the companies in attendance has been published on ClassCharts by Mr West.

As your son/daughter is in **Year 10** below is an outline of the sessions they will experience in addition to the careers fair. It should be noted that the Key Stage 4 curriculum builds further from Key Stage 3 so some topics students will have encountered before, however, will now build upon this to a more age appropriate depth.

First Aid

Knowing how to perform basic emergency first aid, how to give CPR according to St John's Ambulance in order to sustain life whilst waiting for emergency services.

Gambling

Knowing where to go to find support in the event they (or others) were to be involved with gambling addiction or issues. Knowing how to recognise financial exploitation including online. Knowing how to get help. This link may help you to further understand this topic area and continue conversations at home <https://www.begambleaware.org/>

Health Services

Knowing how to access health services relevant to age now and in future life. Knowing why and how people donate blood, stem cells and organs and the importance of this in our society. Knowing how to live healthily to avoid or reduce risk of cancers and how to check their body for cancers.



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Drugs and Alcohol

To identify, manage and seek help for unhealthy behaviours, habits and addictions. Knowing strategies for identifying risky and emergency situations, including online; ways to manage these and get appropriate help, including where there may be legal consequences.

PSHCE is an important part of our Personal Development curriculum at Wellfield Academy. Lessons delivered are always age appropriate and information will be delivered factually, furthermore, no individual will ever be asked to reveal any personal information. Relationships education, relationship and sex education (RSE) is covered within the PSHCE curriculum. Please refer to our school website for further details on our RSE policy (<https://wellfieldacademy.org/about-us/policies>) and complete the form if you have any concerns about your child accessing any particular content. Our preference would always be that students attend these carefully planned sessions and have the opportunity to discuss pressures, check facts and dispel myths, rather than discussing things informally and hearing information second-hand from peers outside of the classroom. If you want to discuss any content further, please do get in touch and we will be happy to talk you through the content.

In the case of absence on the day, it is vital that this content is covered by all students, so we will ensure that all content is available on Google Classroom and signposted on ClassCharts. Please support your child by making sure that they access and engage with this learning. We do expect all students to complete this work as soon as they are well enough to do so.

If you have any concerns or questions please contact enquiries@wellfieldacademy.org FAO Mrs Park.

Yours faithfully

L Park

Mrs L Park
Assistant Headteacher



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