



Wellfield Academy

Headteacher Mr J Lewis

17th March 2023

Dear Parent/Carer

PSHCE Day 4- 22nd March Year 7

On Wednesday 22nd March, we will be holding our fourth Personal, Social, Health and Careers' Education (PSHCE) drop-down day of the academic year, which will be an important opportunity to cover some essential topics in the areas of relationships, health and living in the wider world.

On this day there will be a Careers fair that all students in school will have a chance to attend for a one-hour slot. There will be over 35 companies in attendance and this is an amazing opportunity to encounter employers from the local area and see the wide range of exciting opportunities available to students post 16 and to raise aspirations. A program outlining the companies in attendance has been published on ClassCharts by Mr West.

As your son/daughter is in **Year 7** below is an outline of the sessions they will experience in addition to the careers fair.

Grooming/Exploitation

Understanding the terms grooming and exploitation, recognising the potential signs of being groomed or exploited and knowing how to prevent this from happening and how to seek help. This link may help you to further understand this topic area and continue conversations at home <https://learning.nspcc.org.uk/safeguarding-child-protection/grooming>

Self- identity and self-esteem. Similarities and difference

Knowing what diversity is, understanding examples of diversity and being accepting of people's differences.

Social Media Use

Knowing that social media can have an impact on how people think about themselves and express themselves and that this impact can be positive and negative. Knowing that they should seek a range of perspectives on views and how to access help if things go wrong online.



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01772 421303
enquiries@wellfieldacademy.org
Yewlands Drive, Leyland PR25 2TP
wellfieldacademy.org



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Resilience

Knowing what resilience is, understanding that it is okay to get things wrong and that this provides a learning opportunity. Knowing how to respond to setbacks and be more resilient.

PSHCE is an important part of our Personal Development curriculum at Wellfield Academy. Lessons delivered are always age appropriate and information will be delivered factually, furthermore, no individual will ever be asked to reveal any personal information. Relationships education, relationship and sex education (RSE) is covered within the PSHCE curriculum. Please refer to our school website for further details on our RSE policy (<https://wellfieldacademy.org/about-us/policies>) and complete the form if you have any concerns about your child accessing any particular content. Our preference would always be that students attend these carefully planned sessions and have the opportunity to discuss pressures, check facts and dispel myths, rather than discussing things informally and hearing information second-hand from peers outside of the classroom. If you want to discuss any content further, please do get in touch and we will be happy to talk you through this.

In the case of absence on the day, it is vital that this content is covered by all students, so we will ensure that all content is available on Google Classroom and signposted on ClassCharts. Please support your child by making sure that they access and engage with this learning. We do expect all students to complete this work as soon as they are well enough to do so.

If you have any concerns or questions please contact enquiries@wellfieldacademy.org FAO Mrs Park.

Yours faithfully

L Park

Mrs L Park
Assistant Headteacher