



Wellfield Academy

Headteacher Mr J Lewis

17th March 2023

Dear Parent/Carer

PHSCE Day 4- 22nd March Year 8

On Wednesday 22nd March, we will be holding our fourth Personal, Social, Health and Careers' Education (PSHCE) drop-down day of the academic year, which will be an important opportunity to cover some essential topics in the areas of relationships, health and living in the wider world.

On this day there will be a Careers fair that all students in school will have a chance to attend for a one-hour slot. There will be over 35 companies in attendance and this is an amazing opportunity to encounter employers from the local area and see the wide range of exciting opportunities available to students post 16 and to raise aspirations. A program outlining the companies in attendance has been published on ClassCharts by Mr West.

On this day it has been arranged that the Year 8 girls will attend Media City for an exciting opportunity that we have been able to get involved with called CyberFirst. More details have been sent out about this separately.

On the day when the girls are involved with CyberFirst, boys will remain in school and **Year 8 boys** will follow a bespoke curriculum, below is an outline of the sessions they will experience in addition to the careers fair.

Consent

Knowing what consent is and understanding that being pressurised, manipulated and coerced is not consent. Knowing how to withdraw consent including online. This session will be delivered by an external agency that have expertise in this topic area. This link may help you to further understand this topic area and continue conversations at home <https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/>

Biological sex, gender identity and sexual orientation

Knowing the difference between biological sex and gender identity. Knowing that sexual attraction and sexuality are diverse and that there can be differences in people's sexual orientation. This link may help you to further understand this topic area and continue conversations at home <https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/sexuality-sexual-orientation/>



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Appropriate Language

Knowing what appropriate vocabulary is and knowing that the use of inappropriate words can be harmful. How to resist social norms with inappropriate language and make better language choices.

Resilience

Knowing what resilience is, understanding that it is okay to get things wrong and that this provides a learning opportunity. Knowing how to respond to setbacks and be more resilient.

PSHCE is an important part of our Personal Development curriculum at Wellfield Academy. Lessons delivered are always age appropriate and information will be delivered factually, furthermore, no individual will ever be asked to reveal any personal information. Relationships education, relationship and sex education (RSE) is covered within the PSHCE curriculum. Please refer to our school website for further details on our RSE policy (<https://wellfieldacademy.org/about-us/policies>) and complete the form if you have any concerns about your child accessing any particular content. Our preference would always be that students attend these carefully planned sessions and have the opportunity to discuss pressures, check facts and dispel myths, rather than discussing things informally and hearing information second-hand from peers outside of the classroom. If you want to discuss any content further, please do get in touch and we will be happy to talk you through the content.

In the case of absence on the day, it is vital that this content is covered by all students, so we will ensure that all content is available on Google Classroom and signposted on ClassCharts. Please support your child by making sure that they access and engage with this learning. We do expect all students to complete this work as soon as they are well enough to do so.

If you have any concerns or questions please contact enquiries@wellfieldacademy.org FAO Mrs Park.

Yours faithfully

L Park

Mrs L Park
Assistant Headteacher