

17th March 2023

Dear Parent/Carer

PSHCE Day 4- 22nd March Year 9

On Wednesday 22nd March, we will be holding our fourth Personal, Social, Health and Careers' Education (PSHCE) drop-down day of the academic year, which will be an important opportunity to cover some essential topics in the areas of relationships, health and living in the wider world.

On this day there will be a Careers fair that all students in school will have a chance to attend for a one-hour slot. There will be over 35 companies in attendance and this is an amazing opportunity to encounter employers from the local area and see the wide range of exciting opportunities available to students post 16 and to raise aspirations. A program outlining the companies in attendance has been published on ClassCharts by Mr West.

As your son/daughter is in **Year 9** below is an outline of the sessions they will experience in addition to the careers fair.

Respecting Others

Knowing ways to behave that lead to positive relationships and that some behaviours and choice of language can negatively impact others. Knowing how to sensitively use appropriate language that is not hurtful to others and accepting when they have made a mistake.

Positive Self Esteem and wellbeing

Knowing that we are all unique and have differing strengths, self-confidence and self-esteem. Knowing the factors that can impact well-being.

Gang Exploitation

Knowing a range of factors that lead to young people joining gangs and strategies to avoid pressure to join gangs or leave if already in one. Understanding why some people carry weapons and the potential consequences of doing so. This link may help you to further understand this topic area and continue conversations at home https://www.familylives.org.uk/advice/teenagers/behaviour/gangs



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Headteacher Mr J Lewis

Female Genital Mutilation (FGM)

Knowing what FGM is and the risks and myths associated with FGM. Knowing that FGM is a criminal act and where to find support. This is a highly sensitive topic area which will be delivered appropriately in school, this link may help parents to gain further understanding should students wish to discuss more at home <u>https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/female-genital-mutilation-fgm/</u>

PSHCE is an important part of our Personal Development curriculum at Wellfield Academy. Lessons delivered are always age appropriate and information will be delivered factually, furthermore, no individual will ever be asked to reveal any personal information. Relationships education, relationship and sex education (RSE) is covered within the PHSCE curriculum. Please school for refer to our website further details on our RSE policy (https://wellfieldacademy.org/about-us/policies) and complete the form if you have any concerns about your child accessing any particular content. Our preference would always be that students attend these carefully planned sessions and have the opportunity to discuss pressures, check facts and dispel myths, rather than discussing things informally and hearing information second-hand from peers outside of the classroom. If you want to discuss any content further, please do get in touch and we will be happy to talk you through the content.

In the case of absence on the day, it is vital that this content is covered by all students, so we will ensure that all content is available on Google Classroom and signposted on ClassCharts. Please support your child by making sure that they access and engage with this learning. We do expect all students to complete this work as soon as they are well enough to do so.

If you have any concerns or questions please contact <u>enquiries@wellfieldacademy.org</u> FAO Mrs Park.

Yours faithfully

L Park

Mrs L Park Assistant Headteacher



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