

23<sup>rd</sup> November 2021

# **Dear Parents**

I am writing to you following a successful week of tutor-time activities for anti-bullying week, which culminated in Odd Socks Day last Friday. It was positive to see so many students (and staff!) getting involved and wearing odd socks to school to take a stand against bullying and to celebrate individual differences.

Already this academic year we have held one drop-down Personal, Social, Health and Careers' Education (PSHCE) Day and it was wonderful to see how engaged students were in their learning. Tomorrow we are looking forward to our second PSHCE day, during which our timetabled curriculum will be suspended in order for us to address wider topics within the themes of relationships, health and living in the wider world. The purpose of delivering PSHCE in school is to enable students to make well-informed decisions during their school years and beyond, so these days are essential for all students. We usually find that attendance is good on PSHCE days, as students will be expected to complete the missed work. All lessons will be signposted on ClassCharts for any student who may be absent on the day.

Relationships and Sex Education (RSE) is an important part of our PSHCE course and we will be delivering age-appropriate lessons to various year groups on this subject during the day. Please refer to our school website for further details on our RSE policy (<u>https://wellfieldacademy.org/about-us/policies</u>) and complete the form if you have any concerns about your child accessing this content.

See below for further information on the content of the day for each year group. Please do not hesitate to get in touch via <u>enquiries@wellfieldacademy.org</u> if you wish to discuss any element in further detail.

# Year 7:

- Human rights
- Healthy relationships
- British Values knowing right from wrong and respecting the civil and criminal law
- Bullying peer pressure
- Citizenship development of our political system

# Year 8:

- Relationships peer pressure
- When life begins
- Human rights
- British Values rule of law
- Puberty/Hygiene



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# Year 9:

- Presenting and knowing yourself
- British Values knowing right from wrong and accepting responsibility
- Building positive relationships
- Discrimination
- First impressions and meeting new people

#### Year 10:

- Gender identity
- First impressions
- Cosmetic and aesthetic procedures and their risks
- Discrimination
- Online presence

# Year 11:

- CV writing presentation and workshop
- Independent learning for exams
- Substance use and misuse
- Peer influences

In addition to our drop-down days, students access PSHCE content on a daily basis through morning tutor time. It is essential that students arrive in school on time in order to not miss out on any of this vital content. As part of this, at the end of October we had a bonfire and firework safety session through Lancashire Fire and Rescue Service delivered virtually into each tutor room. Year 7 students also accessed an additional session on road safety delivered as a play and drama workshop earlier on in the term.

Within the Careers element of PSHCE, this year we have started working with Career North and have a dedicated Careers' Adviser in school every Friday. So far, this service has been launched with assemblies to Years 7 and 11, but will be further rolled out to other year groups after Christmas. Year 7 students are currently in the process of applying to become Career Champions and most Year 11 students have already benefited from a half hour one-to-one careers session with our adviser. Rest assured that those students in Year 11 who have not yet had an appointment will do so over the next few weeks. We have also had a number of visitors, including colleges, into school delivering assemblies, mainly to Year 11 so far, as we have been focusing on preparing students for life after high school. However, we have other further and higher education providers, as well as local and national employers booked in to talk to students over coming months and these opportunities will be open to other year groups too. Please talk to your child at home about this and help them to get excited over their next steps!

Yours faithfully

H Livesley

Mrs H E Livesley Assistant Headteacher