



Wellfield Academy

Executive Headteacher Mrs L Gwinnett
Head of School Mr J Lewis

Revision Information for Parents and Students

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Year 11 2020-21

Key Dates

Event Information	Dates
Year 11 Parents' Evening	25 th November 2021
Practice Exams (set 1)	6 th December 2021 to 17 th December 2021
Practice Exam Results Day	Week beginning 24 th January 2022
Data Report to Parents	Week beginning 24 th January 2022
Year 11 Parents' Evening	10 th March 2022
Practice Exams (set 2)	14 th March 2022 to 25 th March 2022
Data Report to Parents	Week beginning 3 rd May 2022
Summer Exam Series	Approximate dates from 16 th May 2022 to 17 th June 2022
GCSE Results Day	25 th August 2022

Key Contacts

Academic queries please contact the appropriate House Progress Lead
enquiries@wellfieldacademy.org FAO:

Campbell House – Miss Bellemey
MacArthur House – Mrs Park
Sharman House – Mr West

Pastoral queries please contact the Personal & Behaviour Manager enquiries@wellfieldacademy.org
FAO: Mrs Wilson

Subjects and Exam Boards

Subject	Exam Board	Specification Code
Art & Design (Fine Art)	OCR	J171
Biology	AQA	8461
Chemistry	AQA	8462
Computer Science	OCR	J277
English Language	AQA	8700
English Literature	EDUQAS	C720QS
Food Preparation and Nutrition	AQA	8585
Geography	AQA	8035
History	EDEXCEL	1HIA
Mathematics	EDEXCEL	1MA1
Photography	OCR	J173
Physics	AQA	8463
Religious Studies	EDEXCEL spec B	1RBO
Science: Combined Trilogy	AQA	8464
Spanish	EDEXCEL	1SP0
Sports Science	OCR	J812

College Open Days and Contact Information 2021 - 2022

RUNSHAW
COLLEGE



Open Events

Tuesday 24th November 2021 3:30pm-7:30pm

Wednesday 2nd March 2022 3:30pm-7:30pm

www.runshaw.ac.uk

01772 622677



Open Events

Saturday 13th November 2021 10:00am-1:00pm

Saturday 5th January 2022 10:00am-1:00pm

www.cardinalnewman.ac.uk

01772 460181



Myerscough
College

Opportunities for all to succeed

Course Advice Events

Saturday 6th November 2021 (Morning)

Tuesday 16th November 2021 (Virtual Evening)

7:00pm-8:00pm

Saturday 4th December 2021 (Morning)

Saturday 5th February 2022 (Morning)

www.myerscough.ac.uk

01995 642222



Year 10 & 11 Open Event

Saturday 6th November 2021 10:00am-2:00pm

www.preston.ac.uk

01772 225522



Year 10 & 11 Open Evening

Thursday 14th October 2021 6:00pm-7:30pm

www.ormskirk.lancs.sch.uk

[01695 583040](tel:01695583040)



Online events throughout the year

www.westlancs.ac.uk

01695 52300

Recommended Revision Guides - 2021-22

Revision Guides are not essential but can be helpful in providing extra resources to assist with study. We offer these texts via our cashless payment system with particular dates for orders. Ordering through school results in them being cheaper than if you were to purchase them independently but will not be as quick.

Subject	Exam Board	Recommended Revision Resources
English Language	AQA	<p>CGP: Revision Guide SPAG ISBN 9781847621474</p> <p>CGP: Grade 9-1 GCSE English Language AQA Revision Guide ISBN 9781782944140</p>
English Literature – Revision guides	EDUQAS	<p>CGP: Grade 9-1 GCSE English text guide - A Christmas Carol ISBN 9781782943099</p> <p>CGP: Grade 9-1 GCSE English text guide - An Inspector Calls ISBN 9781841461151</p> <p>CGP: Grade 9-1 GCSE English Shakespeare guide - Macbeth ISBN 9781841461168</p>
English Literature - Personal Copies of Texts	EDUQAS	<p>Christmas Carol – Text ISBN 9781407143644</p> <p>An Inspector Calls – Text ISBN 9780141185354</p> <p>Macbeth – Text ISBN 9780198324003</p>
Maths	EDEXCEL	<p>CGP: Foundation, Complete Revision and Practice ISBN 9781782949985</p> <p>CGP: Foundation flash cards ISBN 9781789083378</p> <p>CGP: Higher, Complete Revision and Practice ISBN 9781782944058</p> <p>CGP: Higher flash cards ISBN 9781789083385</p> <p>Casio Fx-83GTx Scientific Calculator</p>
Combined Science	AQA	<p>CGP: Grade 9-1 GCSE Combined Science Trilogy Revision Guide Higher ISBN 9781782945598</p> <p>CGP: Grade 9-1 GCSE Combined Science Trilogy Exam Practice Workbook Higher</p>

		<p>ISBN 9781782944850 CGP: Grade 9-1 GCSE Combined Science Trilogy Revision Guide Foundation ISBN 9781782945604 · CGP: grade 9-1 GCSE Combined Science Trilogy Exam Practice Workbook Foundation ISBN 9781782944867 Revision Flash Cards for Combined Science</p>
Separate Sciences	AQA	<p>CGP: Grade 9-1 GCSE Biology Revision Guide ISBN 9781782945567 CGP: Grade 9-1 GCSE Biology Exam Practice Workbook ISBN 9781782944928 CGP: Grade 9-1 GCSE Chemistry Revision Guide ISBN 9781782945574 CGP: Grade 9-1 GCSE Chemistry Exam Practice Workbook ISBN 9781782944935 CGP: Grade 9-1 GCSE Physics Revision Guide ISBN 9781782945581 CGP: Grade 9-1 GCSE Physics Exam Practice Workbook ISBN 978178294494 Revision Flash Cards for Biology, Chemistry and Physics</p>
Geography	AQA	<p>CGP: Grade 9-1 GCSE Geography AQA Revision Guide ISBN 9781782946106 CGP: Grade 9-1 GCSE Geography AQA Revision Question Cards ISBN 9781789082784</p>
History	EDEXCEL	<p>Revise Edexcel GCSE (9-1) History - Medicine in Britain, 1250- present Revision Guide and Workbook ISBN 9781292169729 Revise Edexcel GCSE (9-1) History - Early Elizabethan England, 1558-88 Revision Guide and Workbook ISBN 9781292169712 Revise Edexcel GCSE (9-1) History - Weimar and Nazi Germany, 1918-39 Revision Guide and Workbook ISBN 9781292169736 Revise Edexcel GCSE (9-1) History - American West Revision Guide and Workbook ISBN 9781292169774</p>
Spanish	EDEXCEL Pearson books	<p>Spanish GCSE Revision Guide ISBN 9781292132105 Spanish GCSE Revision Workbook ISBN 9781292132075</p>

		Viva Spanish GCSE Grammar and Translation Book ISBN 9781292133300
Religious Studies	EDEXCEL	My Revision Notes: GCSE (9-1) Religious Studies Spec B ISBN
Computer Science	OCR	CGP: GCSE Computer Science OCR Revision Guide – for exams 2022 and beyond ISBN 9781789085563 CGP: Grade 9-1 GCSE Computer Science OCR Revision Question Cards – for exams in 2022 and beyond ISBN 9781789085600
Food Preparation & Nutrition	AQA	CGP: Grade 9-1 GCSE Food Preparation & Nutrition AQA Revision Guide ISBN 9781782946496 CGP: Food Preparation & Nutrition Complete Revision and Practice ISBN 9781789080988 CGP: Food Preparation & Nutrition for AQA revision cards ISBN 9781789084498
Sports Science	OCR	My Revision Notes: Cambridge National Level 1/2 Sport Science ISBN 9781510478572

Content to be examined in the December Practice Exams

Subject	Examined Content
Art & Design	N/A
Computer Science	Paper 1 - Systems Architecture, Memory and Storage, Networks and Network Security, Systems Software Paper 2 - Algorithms and Programming Fundamentals
English Language	Paper 1 - Fiction reading and writing
English Literature	Paper 2 - An Inspector Calls and A Christmas Carol
Food Preparation and Nutrition	Core 1 – The Principles of Nutrition: Proteins & Carbohydrates Core 2 – Diet & Good Health: Healthy Eating Guidelines Core 3 – The Science of Food: Cooking Methods & Heat Transference Methods Core 4 - Food Safety (inc. Cross Contamination/Prevention Methods) Core 5 – Food Provenance & Food Waste: Food Labelling, Seasonality, Food Marketing & Fair Trade Commodity 2 – Milk, Cheese & Yoghurt: Technical Processes & Manufacturing Methods Commodity 5 – Cereals: Pastry
Geography	Paper 1 - The Challenge of Natural Hazards – Including Tectonic and Atmospheric Hazards , Climate Change. Physical Landscapes in the UK – Including Coastal landscapes and River Landscapes. Paper 2 - Urban Issues and Challenges – Including Rio and Liverpool case studies. Changing Economic World – Including Nigera Development and UK Development Paper 3 - Unseen Fieldwork
History	Paper 1 - Medicine Through Time/Western Front section Paper 2 - Elizabethan England
Mathematics	Paper 1 – Non-Calculator Paper Paper 2 – Calculator Paper Paper 3 – Calculator Paper
Photography	N/A
Religious Studies	Muslim Beliefs, Crime and Punishment, Christian Beliefs
Science: Combined & Separate	Both Combined Science and Separate Science exams will be on the modules below. Students will complete a full AQA Paper 1 .
Biology	Cell Biology Organisation Infection and Response Bioenergetics

Chemistry	Atomic structure and the periodic table Bonding, structure, and the properties of matter Quantitative chemistry Chemical changes Energy changes
Physics	Energy Electricity Particle model of matter Atomic structure
Spanish	Students will complete one each of a Reading, Listening, Speaking and Writing exam that will cover the 5 themes.
Sports Science	Paper R041: Reducing the risk of sports injuries LO1: Understand different factors which influence the risk of injury LO2: Understand how appropriate warm up and cool down routines can help to prevent injury LO3: Know how to respond to injuries within a sporting context LO4: Know how to respond to common medical conditions

Subject Specific Revision Advice for Parents

Subject	Revision Suggestions; to help prepare your child for exams:
Art & Design	<ul style="list-style-type: none"> • Ask your son/daughter to discuss their Art project theme and encourage them to share how they might develop their own ideas relating to this. • Facilitate the opportunity for your son/daughter to collect primary research; this may be an ideal opportunity for a family day out to a gallery. • Don't let them throw any artwork away because they 'don't like it', experimentation is key, and marks are awarded for work that is evidence of this.
Computer Science	<ul style="list-style-type: none"> • Encourage your son/daughter to use Smart Revise. This has multiple choice questions and exam style questions. This is an online subscription paid for by school and learns what the student is good at and needs to improve on and asks questions based on this • Encourage your son/daughter to use Google classroom which has all the class resources on • Encourage your son/daughter to use the 20 minute revision suggestions for this subject
English Language	<ul style="list-style-type: none"> • Encourage your son/daughter to study the example answers for each of the different reading questions in Section A so that they are confident with the paragraph structure for each question. • Encourage wider reading at home of newspapers and fiction. Quality blogs, journals & opinion pieces will help with the writing part of their exam. Ask

	<p>them about the viewpoint or attitudes presented in the text that they have read.</p> <ul style="list-style-type: none"> • Discuss current topics and issues in the news - students will need to consider an idea from a range of different perspectives in their writing. • Encourage your son/daughter to proof-read their work so that they are trained in spotting errors for themselves. There are several marks available for spelling, punctuation and grammar so a high level of accuracy is important.
English Literature	<ul style="list-style-type: none"> • Encourage your son/daughter to re-read each of the texts; their understanding of the whole text is essential. • Ask them to explain the key characters and themes from each of their set texts to you – explaining things to others is a certain way of underpinning existing learning. • Test them on key quotations for each character/theme. Encourage them to generate flash cards from their school notes.
Food Preparation and Nutrition	<ul style="list-style-type: none"> • The Non-Examination Assessment is worth 50% of pupils' final grade. • The assessment is based around a three-hour practical exam which will showcase the core skills in Food Preparation. • Encourage your son/daughter to practice their cooking skills at home and consider how food should be presented. • Food Preparation and Nutrition also includes a written exam. Encourage your son/daughter to use their revision notes to work through and check their learning at their own pace (mastery knowledge organisers and other revision material available on Google Classroom along with the link to their revision website).

Geography	<ul style="list-style-type: none"> • Encourage your son/daughter to discuss their learning with you. • Help them to revise by testing them on their learning using their revision materials. Revision cards available from school or homemade are great for this. • Encourage your son/daughter to use senecalearning.com regularly. • Encourage and help your son/daughter revise their case studies so that they know them in greater detail. • Your son/daughter will be provided with a Personal Learning Checklist (PLC) in which they will self-assess their preparedness for each topic use this to target revision on specific topics. This will also include specific case studies.
History	<ul style="list-style-type: none"> • Check your son/daughter has their folder and materials to hand. • Encourage them to produce their own revision resources using revision cards. • Encourage them to use the revision guides which are on Google Classroom in the Year 11 class. • Help them to revise by testing them on their learning using their revision materials. • Encourage your son/daughter to practice exam technique by writing extended answers to exam questions under timed conditions.

Mathematics	<ul style="list-style-type: none"> • Check your son/daughter can login to Pinpoint Learning and encourage them to complete the Pinpoint Questions on the topics they need to revise. • Encourage your son/daughter to complete as many practice exam papers as possible and return to your teacher for marking / feedback.
Photography	<ul style="list-style-type: none"> • Ask your son/daughter to discuss their Photography project theme and encourage them to share how they might develop their own ideas relating to this. • Facilitate the opportunity for your son/daughter to collect primary research, this includes taking their photographs outside of the school environment; this may be an ideal opportunity for a family day out. • Don't let them delete any images taken because they 'don't like it', experimentation is key, and marks are awarded for work that is evidence of this.
Religious Studies	<p>Vocabulary and Quotes</p> <ul style="list-style-type: none"> • Actively support your son/daughter in learning vocabulary by regularly testing them • Ask them to explain the meaning of each quote, what they suggest and what topics they can be used in. <p>Subject Knowledge</p> <ul style="list-style-type: none"> • Ask them to summarise key concepts and explain religious attitudes regarding each concept. • Encourage your child to create revision cards and memory maps. • Encourage the use of websites like Seneca, BBC Bitesize and Oak Academy to check understanding of their knowledge <p>Exam Technique</p> <ul style="list-style-type: none"> • Encourage your son/daughter to practice exam questions. • Critically discuss concepts with your son/daughter. This will help them build up evaluation skills.
Science	<ul style="list-style-type: none"> • Encourage your son/daughter to use the Google Drive resources including: revision knowledge organisers, essential exam board documents, past paper questions with mark schemes and the links to Oak National Academy lessons and Free Science Lessons tutorials. • Encourage your son/daughter to use their revision guide and workbook to check their learning and identify gaps in knowledge.
Spanish	<ul style="list-style-type: none"> • Encourage your son/daughter to talk about the themes and topics they have covered in Spanish. • Actively support your son/daughter in learning vocabulary either by testing them or by encouraging the use of vocabulary-learning websites and apps such www.duolingo.com, www.memrise.com and www.quizlet.com. • Use Language Gym to practice listening and reading skills. This will be discussed and explained more in class as well. • Ask your son/daughter to listen to as much Spanish as possible. Watching YouTube clips in Spanish is a fun way of encouraging this. Likewise, watching the news or weather in Spanish is a great way to practise listening skills. • Attend Spanish Speaking sessions after school every Tuesday night.

Sports Science	<ul style="list-style-type: none"> • Encourage your son/daughter to use their revision guide. • Encourage your son/daughter to work with a friend, testing each other over zoom and facetime to build up subject knowledge in a fun way. • Encourage your son/daughter to use the Google Drive resources including: revision knowledge organisers, essential exam board documents and past paper questions with mark schemes
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Subject Specific Revision Advice for Students

Subject	Revision Suggestions; to prepare you for exams:
Art	<ul style="list-style-type: none"> • Maintain a good work rate outside of lessons – at least a couple of hours a week should be spent at home developing your art examination project. • Collect lots of first-hand primary research relating to your theme such as photographs you can print out and use in your work. • Use Pinterest to collect ideas for your work – this is a great source of inspiration! • Make use of the examples of exemplar GCSE Artwork on You Tube. • Use social media and the internet to find out as much as you can about your chosen artist’s work. • Plan ahead of your exam and ensure you are organised with all the art materials you need.
Computer Science	<ul style="list-style-type: none"> • Use your revision guide and workbook to consolidate your learning. • Use Google Drive to look back through class resources • Use Craig ‘n’ Dave videos which cover the whole specification to consolidate topics which you do not fully understand. • Make sure Smart Revise is being completed on a regular basis • Set aside time to complete the 20 minute revision tasks
English Language	<ul style="list-style-type: none"> • Study the example responses in your classbook/folder and learn the paragraph structure for each different question type. • Use www.vocabulary.com to develop your academic word-bank for writing. • Use www.bbc.com/bitesize/examspecs/zpxh82p to review hints and tips for your English Language exam (the AQA section). • Use https://revisionworld.com/a2-level-level-revision/english-language-gcse-level/english-language-gcse-past-papers/aqa-gcse-english-language-past-papers to find past paper questions. There are also lots on the Google Drive - your teacher can give you feedback on any that you complete.
English Literature	<ul style="list-style-type: none"> • Use websites for testing your knowledge and quotation recall: Quizlet, Memrise, Seneca learning & BBC Bitesize. • Watch Mr Bruff videos for An Inspector Calls & A Christmas Carol (there is a different video for each poem). • Use the practice questions in Google Drive to either plan or write practice responses - your teacher can give you feedback on any you complete

Food Preparation and Nutrition	<ul style="list-style-type: none"> • Keep an accurate revision record to allow you to keep track of what you know and what you need to work on. • Try and cook as much as you can at home. This might not be ‘whole’ dishes/recipes but may be a specific part that you need to develop further (sauces, pastry, bread etc). • Use your Food Preparation & Nutrition revision guide Seneca Learning, Google Classroom and the revision website to help strengthen knowledge and understanding of key topics. • Use past exam questions (and associated writing frames) to further develop your ability to answer questions worthy of 6+ marks (electronic versions on Google Classroom).
Geography	<ul style="list-style-type: none"> • Review what you have learnt in lessons on a daily and weekly basis – five minutes each day will help consolidate your knowledge. • Produce revision materials as you go along, this could be flash cards, or concept maps. • Use senecalearning.com to revise; use the information to create revision resources. • Complete past paper exam questions; repeatedly writing exam questions will improve your skills in exams. Ask your teacher if you’re unsure where to get these from. • Study with a friend or family member; this will help you both stay focused and help each other through topics.
History	<ul style="list-style-type: none"> • Check you have a complete set of revision notes, revision cards, model exam answers and your marked end of unit exams. If you have gaps, this is the time to fill them. • Use www.senecalearning.com to go over topics on Medicine, Elizabeth and Weimar and Nazi Germany. • Use Google Classroom to access Revision materials and exam questions. • Use your folder/notebooks to create revision cards and go over key knowledge. • From your end of unit exams – look at your areas of strengths and areas you need to develop. Focus on the bits you are not so secure on – do not just go over the topics you can do.
Mathematics	<ul style="list-style-type: none"> • Use Pinpoint Learning, Dr Frost and Corbett maths for revision. • Complete past GCSE Maths exams papers • Ask for help with Past Paper questions that are tricky.
Photography	<ul style="list-style-type: none"> • Maintain a good work rate outside of lessons – a couple of hours a week should be spent at home generating the imagery for your examination project. • You should ensure you arrive to lessons with plenty of photographs to work on, edit and upload onto your website. • Use Pinterest to collect ideas for your work – this is a great source of inspiration! • Make use of the examples of exemplar GCSE Photography work on You Tube.

	<ul style="list-style-type: none"> • Use social media and the internet to find out as much as you can about your chosen Photographer's work. • Plan ahead of your exam and ensure you are organised with all the imagery and information you need. 																																																																				
Religious Studies	<ul style="list-style-type: none"> • Use Google Drive – it contains a number of useful revision resources for each topic • Use Seneca, BBC Bitesize and Oak Academy as revision tools to bridge gaps in knowledge. • Familiarise yourself with exam skills, Define, Describe, Explain, Evaluate. Use the structure and mark schemes to develop each skill. • Use your revision booklets to create revision materials, mind maps, flashcards, knowledge organisers. • Test each other using your flashcards to learn vocabulary. • Use the flashcards to learn quotes and then explain what they mean/suggest. • Use the RE YouTube playlist to recap topics. 																																																																				
Science	<ul style="list-style-type: none"> • Use the revision portal – it contains a wealth of useful links and revision resources. • Use Oak National Academy lessons, Seneca Learning, Quizizz and BBC Bitesize as revision tools and to bridge any knowledge gaps. • Work together testing each other over zoom/facetime or through Quizizz to build up subject knowledge in a fun way. • Familiarise yourself with past exam papers and mark schemes to get used to answering exam style questions. • Create your own revision cards/post it notes/memory maps. • Use the recommended revision guides to produce condensed mind maps, flashcards or crib notes. • Use the subject specific word banks for each topic. Know the definitions for each word and be able to use key words in context. • Familiarise yourself with the Required Practicals. Watch youtube clips about the practicals using the Google Drive links to FreeScienceLessons. <table border="1"> <thead> <tr> <th>Required Practical Topic</th> <th>Revision guide contents section</th> <th>Foundation guide page no.</th> <th>Higher guide page no.</th> </tr> </thead> <tbody> <tr> <td>HSW</td> <td>All papers</td> <td>1-10</td> <td>1-10</td> </tr> <tr> <td>Microscopy</td> <td>B1</td> <td>13</td> <td>13</td> </tr> <tr> <td>Osmosis</td> <td>B1</td> <td>18</td> <td>18</td> </tr> <tr> <td>Enzymes</td> <td>B2</td> <td>26</td> <td>26</td> </tr> <tr> <td>Food tests</td> <td>B2</td> <td>28</td> <td>29</td> </tr> <tr> <td>Photosynthesis</td> <td>B4</td> <td>52</td> <td>52</td> </tr> <tr> <td>Potometer</td> <td>B2</td> <td>39/40</td> <td>41</td> </tr> <tr> <td>Separating techniques</td> <td>C1</td> <td>101-103</td> <td>101/102</td> </tr> <tr> <td>Making salts</td> <td>C4</td> <td>129</td> <td>131</td> </tr> <tr> <td>Electrolysis</td> <td>C4</td> <td>133</td> <td>136</td> </tr> <tr> <td>Temperature changes</td> <td>C5</td> <td>135</td> <td>139</td> </tr> <tr> <td>Specific heat capacity</td> <td>P1</td> <td>171</td> <td>169</td> </tr> <tr> <td>Resistance</td> <td>P2</td> <td>182 (187)</td> <td>180 (185)</td> </tr> <tr> <td>I-V characteristics</td> <td>P2</td> <td>183 (187)</td> <td>181 (185)</td> </tr> <tr> <td>Density</td> <td>P3</td> <td>194</td> <td>192</td> </tr> <tr> <td>Practical skills</td> <td>All papers</td> <td>232-241</td> <td>232-241</td> </tr> </tbody> </table>	Required Practical Topic	Revision guide contents section	Foundation guide page no.	Higher guide page no.	HSW	All papers	1-10	1-10	Microscopy	B1	13	13	Osmosis	B1	18	18	Enzymes	B2	26	26	Food tests	B2	28	29	Photosynthesis	B4	52	52	Potometer	B2	39/40	41	Separating techniques	C1	101-103	101/102	Making salts	C4	129	131	Electrolysis	C4	133	136	Temperature changes	C5	135	139	Specific heat capacity	P1	171	169	Resistance	P2	182 (187)	180 (185)	I-V characteristics	P2	183 (187)	181 (185)	Density	P3	194	192	Practical skills	All papers	232-241	232-241
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Spanish	<ul style="list-style-type: none"> • Use the Revision for All Topics section on Google Classroom to revise all 8 modules. • Use vocab learning apps such as duolingo.com, memrise.com and quizlet.com or Language Gym. • Practise reading and listening exam questions using BBC Bitesize. • Cement your learning using Revision guide and workbooks. • Write and memorise banks of phrases for opinions, idioms, complex structures to use in the writing exam. • Practise writing 90 / 150 words on the different topics using the vocab sheets for each unit.
Sports Science	<ul style="list-style-type: none"> • Use the Google Drive resources including: revision knowledge organisers, essential exam board documents and past paper questions with mark schemes • Use your revision book, working through topics you are weakest on first and gaps in your learning. • Work through past papers to get used to answering exam style questions linking them to sporting performances. • Create your own revision cards/post it notes/ memory maps • Watch more sport to help relate performances to questions to do with injury. • Work with a friend, testing each other over zoom and facetime to build up subject knowledge in a fun way.

General Revision Advice

1. Set goals

Setting goals is a great place to start, as this will set the tone for the next few months. Start by writing down the GCSE subjects you're studying for and the grades you want to achieve. Underneath each subject, write out the list of topics you'll need to understand as well as question formats, techniques and the marking criteria the examiner will be using in the grade band you're aiming for. Doing this will mean you can plan out your study sessions effectively and keep track of the progress you're making.

2. Create a realistic revision timetable

Building a revision timetable will add structure to your studying and allows you to organise your time in the way that best suits you and your schedule. As you will be mapping out study slots for each topic, if you identify a GCSE subject that you want to spend more time on, you can add these extra sessions in. It's also important to create a realistic schedule and know there are limits to how much work can effectively be completed in a day. Balancing leisure and revision equally means you'll be much more productive and motivated in the long run and be able to revise more effectively. Just plan

your study time out depending on what works best for you - so if this is 5 out of 7 days a week, or 7 days a week but an hour per day, that's okay- everyone will be slightly different!

3. Understand your learning style

There isn't a one size fits all way to study as everyone works in different ways. Understanding your learning style and whether you're a visual, auditory or kinaesthetic learner will make revision so much easier! Once you know the method of learning that suits you best, simply tailor each study session by choosing more effective revision techniques that will make remembering and recalling information much easier.

4. Take regular breaks

Taking regular study breaks is so important when it comes to GCSE revision. Studying for long periods of time can be counterproductive as the brain becomes tired and you can easily lose focus, meaning you're not actually revising effectively. Instead aim for 30-45 minute sessions with short breaks in between and ideally no more than 4 hours of study per day. This way you'll have much more productive bursts of revision rather than trying to stay alert covering multiple subjects for hours on end.

5. Practice papers are your new best friend!

One of the best revision tips to help you prepare for your GCSE exams is to do as many practice papers as you can. They will help you become familiar with the exam format, question style and time restraints, so when it comes to the real thing you'll already know what to expect. Completing old exam papers is also a good way to test your current knowledge and help you identify any areas you're struggling with. Ask your teachers for a few years' worth of papers and schedule one or two a week into your revision timetable.

6. Work in study groups

If you're finding revision too much to tackle on your own, then working in a study group is a great way to find support. Collaborate with your classmates and create an after-school study club or join a GCSE revision group online. Not only will it enrich your learning as you can explore the thoughts and ideas of others, it will also help you improve your communication and collaboration skills. You can quiz each other, share notes, discover new ways of memorising things and explain topics in new ways to each other that may be easier to remember. Sharing knowledge is powerful!

7. Mix it up!

Mixing up your study habits is a great way to stay motivated, inspired and keep your brain alert and active while revising for your GCSEs. Try alternative methods such as listening to a podcast, watching videos or documentaries, working in a group, creating revision posters, moving to a new study area or using different coloured paper for each set of revision notes.

Useful websites

General support for teenagers

- <https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/coping-with-stress/>
- <https://www.childline.org.uk/info-advice/school-college-and-work/school-college/assessment-stress/>
- www.youthaccess.org.uk

General parent support

- www.parentlineplus.org.uk - confidential helpline for parents on 0808 800 2222

Exam boards

- www.aqa.org.uk (AQA)
- www.qualifications.pearson.com (Edexcel)
- www.ocr.org.uk (OCR)
- www.wjec.co.uk (WJEC/Eduqas)

Revision sites

- www.sparknotes.com (English Literature)
- www.bbc.com/bitesize/subjects/zr9d7ty (English Language)
- www.drfrstmaths.com (Maths)
- www.pinpointlearning.co.uk (Maths)
- www.bbc.co.uk/schools/gcsebitesize (All subjects)
- www.gcse.com www.S-cool.co.uk (All subjects)
- www.senecalearning.com (Most subjects)

Wellbeing, Prevention and Early Help Service
Leyland Youth Zone, West Paddock, PR25 1HR
Tel: 01772 426850 - 426858

Talk Zone: The Line Freephone Service 0800 511 111 2pm – 10pm
365 days a year
Text: 07786511111 Webtalk/Q2A:

Revision timetable (blank)

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
7-8							
8-9							
9-10							
10-11							
11-12							
12-1							
1-2							
2-3							
3-4							
4-5							
5-6							
6-7							
7-8							
8-9							
9-10							

Example Key:

R = Revision (add subject)

E = Exercise/Sport

S = Socialising

T = TV/Film/Netflix/Phone time etc

F = Family time