



Wellfield Academy

Executive Headteacher Mrs L Gwinnett
Head of School Mr J Lewis

22nd November 2022

Dear Parents

On Thursday we shall be holding our second Personal, Social, Health and Careers' Education (PSHCE) Day of the year. On this day, our timetabled curriculum will be suspended in order for us to address wider topics within the themes of relationships, health and living in the wider world. The purpose of delivering PSHCE in school is to equip students with the knowledge and skills required to make well-informed decisions during their school years and beyond.

Please see the information below for further information on the content of the day's sessions for each year group. Please do not hesitate to get in touch if you wish to discuss any element in further detail.

Year 7:

- Bullying – peer pressure
- Healthy relationships
- Human rights
- Fundamental British Values – knowing right from wrong and respecting the civil and criminal law of England
- Citizenship – development of the political system of democratic government in the UK

Year 8:

- Fundamental British Values – rule of law to protect individual citizens
- Relationships – peer pressure
- Human rights
- When life begins (including religious views)
- Puberty/hygiene

Year 9:

- First impressions and meeting new people
- Fundamental British Values – knowing right from wrong, accepting responsibilities for behaviours and contributing positively to society
- Building positive relationships
- Presenting and knowing yourself
- Discrimination

Year 10:

- Gender identity
- Discrimination
- Cosmetic and aesthetic procedures and their risks
- First impressions
- Online presence

Year 11:

- CV assembly
- Interview skills
- Independent learning for exams
- Substance misuse and seeking help
- Peer influences

Relationships and Sex Education (RSE) is an important part of our PSHCE course. Lessons delivered are always age-appropriate, information will be delivered factually and no individual will ever be asked to reveal any personal information. Parents have the right to withdraw students from some or all aspects of RSE until three terms before their 16th birthday, when students are able to receive this education without parental consent. We believe that it is important for students to participate in these sessions in order for them to have the opportunity to discuss pressures, check facts and dispel myths. Please refer to our school website for further details on our RSE policy (<https://wellfieldacademy.org/about-us/policies>) and complete the form if you have any concerns about your child accessing this content. Our preference would always be that students attend these carefully-planned sessions and learn about facts rather than discussing things informally and hearing information second-hand from peers outside of the classroom. Please do get in touch to discuss this with us and we will be happy to go through the content of individual sessions with you.

We usually find that attendance is good on PSHCE days, as students enjoy the sessions and get a great deal from them, but in the case of non-attendance for any reason, students will be expected to complete the missed work. All lessons will be signposted on ClassCharts for any student who may be absent on the day.

Yours faithfully

H E Livesley

Mrs H E Livesley
Assistant Headteacher