



Wellfield Academy

Executive Headteacher Mrs L Gwinnett
Head of School Mr J Lewis

11th October 2021

Dear Parent

PSHCE Day – Tuesday 12 October 2021

Tomorrow we are excited to be holding our first drop-down Personal, Social, Health and Careers' Education (PSHCE) Day of the year. On this day, our timetabled curriculum will be suspended in order for us to address wider topics within the themes of relationships, health and living in the wider world. The purpose of delivering PSHCE in school is to enable students to make well-informed decisions during their school years and beyond.

Relationships and Sex Education (RSE) is an important part of our PSHCE course and we will be delivering age-appropriate lessons to various year groups on this subject during the day. Students will have the opportunity to ask questions, which will be answered factually, and no individual will be asked to reveal any personal information. Parents have the right to withdraw students from some or all aspects of RSE until three terms before their 16th birthday, when students are able to receive this education without parental consent. We believe that it is important for students to participate in these sessions in order for them to have the opportunity to discuss pressures, check facts and dispel myths. However, if you wish to discuss the content of the sessions or ask for alternative provision to be made for your child during the RSE sessions, please contact me either by calling the school office or by emailing enquiries@wellfieldacademy.org, marking your email FAO Mrs Livesley. Our preference would always be that students attend these carefully-planned sessions and learn about facts rather than discussing things informally and hearing information second-hand from peers outside of the classroom.

Please see the information below for further information on the content of the morning for each year group. The afternoon session will be delivered in vertical tutor groups and will cover building resilience and coping strategies. Please do not hesitate to get in touch if you wish to discuss any element in further detail.

Year 7:

- Aspirations – setting ambitious goals, skills employers value
- Individual differences and self-esteem
- Staying safe online - identifying risk and managing personal safety
- Road safety – linked to our Streetwise theatre presentation on 1 October

Year 8:

- Staying safe online – identifying risk and managing personal safety
- Individual differences and self-esteem - recognising differences and fundamental British Values of tolerance and mutual respect
- Aspirations – who and what can influence career choice?
- Developing independent learning – study, organisational, research and presentation skills

Year 9:

- Aspirations – skills to aid career outcomes
- Self-esteem and respect
- Identifying risk to manage personal safety
- Balancing school and life outside

Year 10:

- Aspirations – changing jobs market
- Financial management – budgeting and dilemmas
- Developing independent learning
- Being healthy – making informed choices and seeking help for unhealthy behaviours

Year 11:

- College applications
- Study skills – what works best for you?
- Financial management – influences on financial decisions
- Obstacles in the workplace – rights and responsibilities, discrimination, harassment, challenging stereotypes

We usually find that attendance is good on PSHCE days, as students enjoy the sessions and get a great deal from them, but in the case of non-attendance for any reason, students will be expected to complete the missed work. All lessons will be signposted on ClassCharts for any student who may be absent on the day.

Yours faithfully

Mrs H E Livesley

Assistant Headteacher