



PERSONAL DEVELOPMENT NEWS

Nothing but the best

13th October 23

Another busy week at Wellfield! We have had our first PSHCE day of the year and first ever one for year 7, we celebrated #yellow day for mental health awareness and engaged in assemblies based on this. Student council have also started to have their meetings feeding back on the topic of mental health, how school supports it and what more can be done.



THIS WEEK'S THEME: MENTAL HEALTH AWARENESS



This week the theme has been Mental health awareness. Mrs Brook has led assemblies and also plans the mental health sessions for our PSHCE days, so that students progress in their understanding throughout school and importantly know how to support themselves and how to access support should they need it. The school canteen has been brightened up with yellow bunting that students have written personal affirmations on.

As a school we supported #yellow day with staff and students choosing to wear yellow accessories. We know that national mental health support is underfunded but by wearing yellow we wanted to show young people that they are not alone. As a school we encourage open dialogue about mental health and a culture that asking for help is a sign of strength, to protect our school **community**.



PSHCE DAY 1: PERSONAL, SOCIAL, HEALTH, CITIZENSHIP & ECONOMIC EDUCATION



TAKE A BOW!



This week we suspended our usual curriculum for a day focussed on vital PSHCE day work. The day involved year 7 following the big goal "Growing up", year 8 had the theme "Respect and Tolerance", year 9 "Healthy Choices", year 10 was "Health responsibility" and year 11 "External Influences and Informed Decisions". The police ran a session with each year 8 group on the topic of county lines and this was very well received by students. Letters were sent home outlining topic areas, please do continue these vital discussion at home.



CELEBRATING SUCCESS



With one week to go until the end of term the house competition is very close! Next week, we will announce the house winners and individual winners of subject engagement awards and top achievement point students.



STUDENT COUNCIL:



This week we have continued to give out badges that we wish our students to wear with pride to show the **communities** they belong to within school. We have now given out house badges and also had the first student council meetings in which student council badges were given out. The first meeting was a real success, two representative from each tutor group came together to feedback ideas that had been discussed in tutor time about mental health support within school. We will continue to work with student council throughout the year.



Important upcoming events

Next Week theme: International Pronouns Day

19th October - Year 7 Tutor evening

HOUSE COMPETITION THIS WEEK

