



KS3 **Dance** Year 7 Progression Grid

	Working Towards	Expected Standard	Greater Depth
	By the end of Year 7 a student should be able to:	By the end of Year 7 a student should be able to:	By the end of Year 7 a student should be able to:
Perform	A student should be able to copy and perform simple dance motifs demonstrating accuracy in the action and space. Students should be able to demonstrate an adequate level of performance skills eg: Coordination, balance. Students should be able to cooperate and work with others in rehearsal.	A student should be able to perform independently simple dance motifs with accuracy in action, space and timing demonstrating good movement memory and applying appropriate performance skills of coordination, balance, and extension. Students should be able to cooperate with others and rehearse with focus.	A student should be able to independently and confidently perform simple dance motifs with accuracy in action, space, dynamics and timing, demonstrating excellent movement memory and applying a competent level of performance skills. Students should be able to be self disciplined in rehearsals, they may be able to lead others.
Create	Students should be able to respond to a given stimulus, they should be able to create simple motifs as a response and include some basic composition elements to their work.	Students should be able to respond creatively to a given stimulus, they should be able to create more developed motifs using a range of composition elements within their work demonstrating their understanding of choreography techniques.	Students should be able to independently and imaginatively respond in a highly creative way to a variety of given stimuli. Students should demonstrate their knowledge of basic dance techniques: action, space (levels and direction), dynamics, unison, canon, formations, transitions. Students should be able to confidently contribute ideas to work.
Evaluate/ Appreciate	Students can identify some key features within a professional dance work. They will be able to say what they did or didn't like about others' work and may be able to give a reason why. Students should be able to listen to feedback from others.	Students should be able to describe key moments in professional dance works using basic dance terms and give some examples to support. Students should be able to give feedback that is kind, helpful and specific using some dance terminology and giving some reasoning to their response. They will be able to be self	Students should be able to describe in detail elements of professional dance works. They will demonstrate what they think and why they think it, forming an opinion. They will be able to support their ideas with clear examples. Students will be able to give feedback to their peers as well as be self reflective and say how successful they have been within their work.

reflective and identify key strengths (WW areas for improvement (EBI) in their work Students should be able to act on some feedback given by others.	
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