

	<b>Autumn 1 Sept - Oct</b>	<b>Autumn 2 Nov-Dec</b>	<b>Spring 1 Jan-Feb</b>	<b>Spring 2 Feb-March</b>	<b>Summer 1 April-May</b>	<b>Summer 2 June - July</b>	<b>SMSC &amp; CAREERS DROP DOWN DAYS</b>
<b>7</b>	<b>Health and Wellbeing</b> <b>Anti-Bullying</b> 1.Werneth Cares 2.Transition to Secondary school/Settling In 3. <b>Learning Styles &amp; employability skills</b>  SMS	<b>Health and Wellbeing</b>  1 & 2. Diet & Exercise 3. Personal Hygiene & dangers of smoking 4. Mental Health Awareness  SMS	<b>Internet safety</b> <b>(cross over with relationships)</b>  1.Internet Safety – The Power of an Image 2. Social Media responsibility- Staying Safe, Online Profile 3.What are my rights on social media?  SMSC	<b>Relationships (RSE)</b> <b>LOVE ROCKS</b>  1 & 2. Puberty 3. The Reproductive System 4. Reasons to start a Family  SM  SMSC	<b>Diversity</b>  1.Respecting diversity-discrimination 2. Identity & citizenship 3 & 4. What makes Britain diverse? Exploring multicultural society	<b>Watch Over Me Series 1</b> 1.Travel Safety, CCTV, self-image 2. Staying Safe when home alone 3.Internet safety, Stealing 4.Bullying & Peer Pressure 5.Dangers of underage drinking, personal choice  SM	All Different , All Equal Day (Rocket World)  <b>MUFC Aspiration Marketplace</b>  <b>College Visit</b>
<b>8</b>	<b>Communication &amp; Self Esteem/Careers</b>  1. <b>Non-verbal communication</b> 2. <b>Listening skills &amp; assertiveness</b> 3. <b>Improving Self Esteem</b> 4. <b>Careers</b> 5. <b>KUDOs Careers search</b> SMS	<b>Watch Over Me Series 2</b>  1. Recognising "RED Flag" danger moments 2. Improving relationships 3.Domestic violence & its effects 4.Gun crime 5. Racism & bereavement 6.forced marriage MSC	<b>British Values</b>  1.Democracy 2.Rule of Law 3.Freedom of faith 4. Mutual Respect 5. Tolerance of different cultures & religions  SMSC	<b>Crime, drugs &amp; alcohol</b>  1.Substance abuse 2. Effects of substance abuse on life 3.Discrimination  MS	<b>RSE (Relationships &amp; sex education)</b> <b>Bernardos LOVE ROCKS</b>  1.Healty Relationships 2.Consent 3.Child Exploitation  SMS	<b>Health and well-being</b>  1.Dangers of sexting 2. Protecting yourself online 3.Body image in a digital world SMSC	<b>MUFC Aspiration Marketplace</b>  <b>Lesson Visits from past Werneth Students</b>
<b>9</b>	<b>Watch Over Me Series 3</b>  1.Building relationships with peers 2.Gang crime & weapons 3. Community cohesion 4. Arranged Marriage 5. Self-image, road safety  SMSC	<b>Anti-social behaviour(ASB)</b> <b>Drugs &amp; alcohol</b>  1.What is ASB 2. Consequences of ASB on families, individuals & communities  3.Why do young people drink? Alcohol Abuse & binge drinking 4.Drug abuse & the effects on health & crime  SMS	<b>FIT</b> <b>LBGTQ</b>  1.Gender identify & sexual orientation/ use of appropriate language 2.Challenging gender stereotypes 3.Diversity in sexual attraction 4.Friendship & relationships 5. LGBTQ+ History & Organisations that support	<b>Educate Against Hate (Extremism)</b>  1.Groupings 2.Hate Crime 3.Think Before You Click 4. The impact of migration on British Sport 5. At risk of Extremism 6.Right wing extremism & fascist groups SMSC	<b>RSE (Nurses)</b> <b>Love Rocks</b>  School Nurse led lessons 1.STI's, HIV, AIDS 2.Risk of exploitation  3. Dangers of carrying a knife and managing risk  4. My future self	<b>Health and well-being</b>  1.Recovery position 2. CPR 3. Heart attack and stroke 4. Illnesses and how to treat them 5. Wounds and bleeding  MSC	<b>MUFC Aspiration Marketplace</b>
<b>10</b>	<b>RSE LOVE ROCKS</b> <b>Relationships</b>  1.Parenting/ Baby borrowers 2. Attraction & attitudes towards sex 3.Recognising domestic abuse 4.Healthy relationships 5.Consent and Rape SMC	<b>Sexual Health</b>  1.Contraception 2.Sexual Health 3.STD/STI's 4.Spotting "red flags" 5.Am I ready for sex? 6. Abortion	<b>Money management</b> <b>Barclays Life Skills</b>  1. <b>Money management</b> 2. <b>Opening bank accounts,</b> 3. <b>Managing monthly wages, tax, National Insurance.</b> MSC	<b>Preventing extremism</b>  1.Understanding extremism 2.How can language divide us 3.Influence 4.Community  MSC	<b>Health and well-being</b> <b>Mental health awareness</b> <b>Drugs and alcohol awareness</b>  1.Risk awareness 2. Legal highs 3. Signs of mental health issues, effects on the individual, family and friends, support/strategies to manage) SMCSMSC	<b>British Fundamental Values.</b>  1.Rule of Law - Fictional Trial 2.Democracy 3. challenging discrimination 4 Dictatorship or democracy?	<b>MUFC Aspiration Marketplace</b>  <b>Future Pathways Roadshow</b>  <b>Aquinas, Stockport &amp; Marple College Taster Days</b>
<b>11</b>	<b>College/Future pathways,</b> <b>CV writing</b>  1.Which way do I go? 2. <b>Researching the different types of course, college/apprenticeship applications</b> 3. <b>Unemployment.</b>	<b>College/Future pathways,</b> <b>CV writing</b>  Lessons 1 -3 <b>Applying for college/apprenticeship.</b> <b>Interview skills.</b> <b>Unemployment</b> <b>APPLYING FOR COLLEGE/further study</b>	<b>Mental Health</b>  1.Awareness 2.Depression 3.Self Harm  MC	<b>Mental Health</b>  1.Eating disorders 2.Psychosis 3.Schizophrenia	<b>Exam preparation</b>  1.Dealing with stress, 2.Revision techniques 3.Revision timetable 4.Anxiety, 3.Managing stress	<b>Modern Day Families/ Leaving Home</b>  1.Long term commitments 2.Parenting 3.Marriage	<b>MUFC Aspiration Marketplace</b>  <b>Post 16 Information Evening</b>

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Core themes:

- 1. Health and well-being
- 2. Relationships
- 3. Living in the Wider World
- 4. Careers
- 5. Spiritual, Moral & Social Cultural (SMSC)