

PE

Examination Information

Paper 1

Muscles, bones, skeleton, joints

Blood vessels, respiration,
spirometer

aerobic/anaerobic respiration

Short term effects of exercise

Warm up and cool down

Paper 2

Skills and IP Model

Social groups, media, technology
and sponsorship

Hooliganism and diet and nutrition

Useful Links

<https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582>

<https://www.bbc.co.uk/bitesize/examspecs/zp49cwx>

<https://www.youtube.com/watch?v=kl0zveFJmig>

Revision Information

Practical Exam - Wednesday 23rd March

Revision every Thursday lunch or Thursday after school

You should be aiming for 20 mins revision per evening

Focus on the topic lists you have been sent on EDULINK

Revision packs have been sent out - use them

Finally - ask us if you need some help!!