



| Monday  | Tuesday                            | Wednesday   | Thursday                                | Friday   |
|---|------------------------------------|---|---|--|
| Mexican Chicken Quesadilla with Warm Nachos<br>       | Roast Turkey with Gravy & Roasties | Chicken Tikka Masala with Steamed Rice                              | Beef Lasagne With Garlic Bread<br>      | Sustainably Sourced Battered Fish & Chips or Grilled Sausage & Chips |
| Mexican Vegetable Quesadilla with Warm Nachos (V)<br> | Roast Quorn with Gravy & Roasties  | Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice<br> | Mediterranean Vegetable Lasagne (V)<br> | Cheese & Tomato Pizza & Chips  |
| Popcorn Chicken With Cajun Wedges                     | Crispy BBQ Chicken Snack Wrap      | Pepperoni or Cheese & Tomato Pizza Baguette Or Sausage roll         | Buffalo Hot Dog Or Veggie Dog           | Pepperoni Pizza & Chips Or Fish Finger Bap with Mayo or Ketchup      |
| Jacket potato, Garden Salad Beans                     | Jacket potato, Garden Salad Beans  | Jacket potato, Garden Salad Beans                                   | Jacket potato, Garden Salad Beans       | Beans, Peas, Garden Salad  |
| Chocolate Chip Cookie                                 | Chocolate Chip Cookie              | Chocolate Chip Cookie   | Chocolate Chip Cookie                   | Chocolate Chip Cookie  |
| Iced Sponge Cake                                      | Iced Sponge Cake                   | Iced Sponge Cake  | Iced Sponge Cake                        | Iced Sponge Cake   |
| Chocolate brownie                                     | Chocolate brownie                  | Chocolate brownie   | Chocolate brownie                       | Chocolate brownie  |
| Flapjack  | Flapjack                           | Flapjack  | Flapjack                                | Flapjack   |
| Chocolate muffin                                      | Chocolate muffin                   | Chocolate muffin  | Chocolate muffin                        | Chocolate muffin   |

Portions(s) of fruit or veg



Source of Wholegrain



Contains planet-based proteins



## WEEK TWO – Spring into Summer

(Ve) Vegan option  
(V) Vegetarian Option



| Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|---|--|--|---|--|
| <p>Mexican Beef Burrito</p>                     | <p>Chicken Sausage, Mash, Yorkshire Pudding &amp; Gravy</p>    | <p>Korean Sweet &amp; Sour Chicken with Steamed Rice</p>               | <p>Cheesy Meatball Arabiatta Pasta with Garlic Bread</p>                          | <p>Sustainably Sourced Battered Fish &amp; Chips or Oven Baked Chicken popcorn &amp; Chips</p> |
| <p>Chilli Sin Carne Burrito (Ve)</p>            | <p>Vegetarian Sausage, Mash, Yorkshire pudding &amp; Gravy</p> | <p>Korean Sweet &amp; Sour Vegetables with Steamed Rice (Ve)</p>       | <p>Cheesy Arabiatta Pasta with Garlic Bread (V)</p>                               | <p>Cheese &amp; Tomato Pizza &amp; Chips (V)</p>   |
| <p>Popcorn Chicken &amp; Cajun Wedges</p>       | <p>Crispy BBQ Chicken Snack Wrap</p>                           | <p>Pepperoni or Cheese &amp; Tomato Pizza Baguette Or Sausage roll</p> | <p>Chicken Burger with Cheese Or Vegetable Cheese Burger with Ketchup or mayo</p> | <p>Pepperoni Pizza &amp; Chips Or Fish Finger Bap with Mayo or Ketchup</p>                     |
| <p>Baked Beans, Garden Salad, Jacket Potato</p> | <p>Baked Beans, Garden Salad, Jacket Potato</p>                | <p>Baked Beans, Garden Salad, Jacket Potato</p>                        | <p>Baked Beans, Garden Salad, Jacket Potato</p>                                   | <p>Peas, Baked Beans, Garden Salad,</p>  |
| <p>Chocolate Chip Cookie</p>                    | <p>Chocolate Chip Cookie</p>                                   | <p>Chocolate Chip Cookie</p>   | <p>Chocolate Chip Cookie</p>  | <p>Chocolate Chip Cookie</p>   |
| <p>Iced Sponge Cake</p>                         | <p>Iced Sponge Cake</p>  | <p>Iced Sponge Cake</p>  | <p>Iced Sponge Cake</p>   | <p>Iced Sponge Cake</p>  |
| <p>Chocolate brownie</p>                        | <p>Chocolate brownie</p>                                       | <p>Chocolate brownie</p>   | <p>Chocolate brownie</p>  | <p>Chocolate brownie</p>   |
| <p>Flapjack</p>                                 | <p>Flapjack</p>  | <p>Flapjack</p>  | <p>Flapjack</p>   | <p>Flapjack</p>  |
| <p>Chocolate muffin</p>                         | <p>Chocolate muffin</p>  | <p>Chocolate muffin</p>  | <p>Chocolate muffin</p>   | <p>Chocolate muffin</p>  |

|                             |  |                      |  |                                |  |
|-----------------------------|--|----------------------|--|--------------------------------|--|
| Portions(s) of fruit or veg |  | Source of Wholegrain |  | Contains planet-based proteins |  |
|-----------------------------|--|----------------------|--|--------------------------------|--|

## WEEK THREE – Spring into Summer

(Ve) Vegan option  
(V) Vegetarian Option



| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| Chicken Enchilada with Warm Nachos<br>   | Homemade Cottage Pie<br>   | Paprika chicken & Sri Lankan Dahl with Steamed rice<br>  | Spaghetti Carbonara with Garlic Bread  | Sustainably Sourced Battered Fish & Chips Or Popcorn Chicken & Chips                           |
| Vegetable Enchilada with Warm Nachos<br>   | Vegetarian Cottage Pie<br>   | Vegetable Sri Lankan Dahl with Steamed rice<br>  | Macaroni Cheese with Garlic bread  | Cheese & Tomato Pizza & Chips (V)  |
| Popcorn Chicken & Cajun Wedges   | Crispy BBQ Chicken Snack Wrap  | Pepperoni or Cheese & Tomato Pizza Baguette Or Sausage Roll                                    | Cheese Burger with Ketchup or BBQ Sauce  | Pepperoni Pizza & Chips Or Fish Finger Bap with Mayo or Ketchup                                |
| Baked Beans, Garden Salad, Jacket Potato   | Baked Beans, Broccoli, Garden Salad, Jacket Potato   | Baked Beans, Garden Salad, Jacket potato   | Baked Beans, Garden Salad, Jacket potato   | Peas, Baked Beans, Mixed Salad   |
| Chocolate Chip Cookie<br>Iced Sponge Cake<br>Chocolate brownie<br>Flapjack<br>Chocolate muffin | Chocolate Chip Cookie<br>Iced Sponge Cake<br>Chocolate brownie<br>Flapjack<br>Chocolate muffin | Chocolate Chip Cookie<br>Iced Sponge Cake<br>Chocolate brownie<br>Flapjack<br>Chocolate muffin | Chocolate Chip Cookie<br>Iced Sponge Cake<br>Chocolate brownie<br>Flapjack<br>Chocolate muffin | Chocolate Chip Cookie<br>Iced Sponge Cake<br>Chocolate brownie<br>Flapjack<br>Chocolate muffin |

Portions(s) of fruit or veg



Source of Wholegrain



Contains planet-based proteins

