

TOP TIPS

TO IMPROVE YOUR PUNCTUALITY TO SCHOOL

KNOW YOUR TIMETABLE - MAKE SURE YOU HAVE EVERYTHING READY THE NIGHT BEFORE E.G BOOKS, EQUIPMENT, BAG, HOMEWORK, UNIFORM

GET INTO THE HABIT OF DOING YOUR HOMEWORK IN THE EVENING - AVOID RUSHING AROUND TO COMPLETE IT IN THE MORNING WHICH MAY MAKE YOU LATE FOR SCHOOL

MAKE SURE YOU HAVE A GOOD BEDTIME ROUTINE DURING TERM TIME, SCHOOL IS DEMANDING SO GET PLENTY OF REST AND AVOID STRUGGLING TO GET OUT OF BED IN THE MORNING

INVEST IN A GOOD, RELIABLE ALARM CLOCK OR USE THE ALARM ON YOUR PHONE - MAKE SETTING IT A PART OF YOUR BEDTIME ROUTINE & ENSURE YOU STOP USING YOUR PHONE AT A REASONABLE TIME, SO YOU ARE ABLE TO SWITCH OFF AND GET SOME REST

TRY TO ENSURE YOU HAVE A GOOD BREAKFAST TO SET YOU UP FOR THE DAY - BREAKFAST CLUB OPENS FROM 7:30AM

ALLOW PLENTY OF TIME FOR YOUR JOURNEY

IF YOU ARE FINDING IT DIFFICULT TO GET TO SCHOOL ON TIME, TALK TO YOUR FORM TUTOR AND ASK FOR HELP

