

LUNCH MENU WEEK ONE
AUTUMN/WINTER 2022

MAKE
GOOD CHOICES.

K
A

	Monday	Tuesday	Wednesday	Thursday	Friday
Star Dish	Curry Of the Day Served with Rice & Naan Bread	Chicken Sausage, Mash & Gravy	Beef Lasagne Served with Garlic Bread	Roast of the Day with Traditional Accompaniments	Battered Fish with Chips
Veggie	Vegetable Curry of the Day Served with Rice & Naan Bread	Veggie Sausage, Mash & Gravy	Mediterranean Vegetable Lasagne with Garlic Bread	Quorn Mince & Vegetable Slice	Quorn Chicken Nuggets with Chips
Grab & Go	Tandoori Chicken Flatbread served with salad & Sauce	Sweet Chilli Chicken & Vegetable Noodles	Meatball Marinara Baked Baguette	Chicken Burger OR Veggie Burger on a Bap	Popcorn Chicken with Chips
Veggies	Broccoli, Carrots, Baked Beans, Mixed Garden Salad	Sweetcorn Garden Peas, Baked Beans,	Carrots & Cauliflower, Baked Beans, Mixed Garden Salad	Roast potatoes Baked Beans, Mixed Garden Salad	Chipped Potatoes, Mushy Peas, Mixed Garden Salad
Hot Pasta	Pasta Bolognese OR Herby Tomato Pasta	Herby Meatball Or Herby Tomato	Macaroni Cheese OR Pasta Bolognese	Herby Meatball Or Herby Tomato	Pasta Bolognese Herby Tomato
Snack	Pizza	Pizza	Pizza	Pizza	Pizza
Available Daily	Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Fresh Fruit Salad, Hot & Cold Drinks				

(Ve) vegan option, *vegan option available upon request

MAKE GOOD CHOICES.

	Monday	Tuesday	Wednesday	Thursday	Friday
Star Dish	Curry Of the Day Served with Rice & Naan Bread	Shepherds Pie Topped with Sweet Potato Mash	Mexican Chilli Served with Rice & Nachos	Roast of the Day with Traditional Accompaniments	Battered Fish with Chips
Veggie & Vegan	Vegetable Curry of the Day Served with Rice & Naan Bread	Shepherdess Pie with Sweet Potato Mash	Mixed Bean Chilli Served with Rice & Nachos	Cheese & Onion Quiche	Quorn Chicken Nuggets with Chips
Grab & Go	Chicken Tikka Flatbread served with salad & Sauce	Hot BBQ Chicken Baguette	Beef Burger OR Veggie Burger on a Bap	Chilli Beef Burrito OR BBQ Mixed Bean Burrito	Popcorn Chicken with Chips
Veggies	Peas, Roasted Cumin Carrots, Baked Beans, Mixed Garden Salad	Sweetcorn, Carrots, Baked Beans, Mixed Garden Salad	Roast Potatoes, Carrots, Baked Beans, Mixed Garden Salad	Sweetcorn, Peas, Baked Beans, Mixed Garden Salad	Chipped Potatoes, Mushy Peas, Baked Beans, Mixed Garden
Hot Pasta	Pasta Bolognese OR Herby Tomato Pasta	Herby Meatball Or Herby Tomato	Macaroni Cheese OR Pasta Bolognese	Herby Meatball Or Herby Tomato	Pasta Bolognese Herby Tomato
Snack	Pizza	Pizza	Pizza	Pizza	Pizza
Available Daily	Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Fresh Fruit Salad, Hot & Cold Drinks				

(Ve) vegan option, *vegan option available upon request

MAKE

GOOD CHOICES

	Monday	Tuesday	Wednesday	Thursday	Friday
Star Dish	Curry Of the Day Served with Rice & Naan Bread	Mince Beef & Vegetable Slice	Sweet Chilli Chicken & Vegetable Rice	Roast of the Day with Traditional Accompaniments	Battered Fish with Chips
Veggie & Vegan	Vegetable Curry of the Day Served with Rice & Naan Bread	Quorn Mince & Vegetable Slice	Sweet Chilli Vegetable Rice	Mixed Pepper, Sweet Potato & Spinach Frittata	Quorn Chicken Nuggets with Chips
Grab & Go	Pepperoni Baguette OR Cheese & Tomato Baguette	Southern Fried Chicken Wrap with Salad & Sauce	Chicken Burger OR Veggie Burger on a Bap	Donner Meat Flatbread served with salad & Sauce	Popcorn Chicken with Chips
Veggies	Sweetcorn & Pepper, Broccoli, Baked Beans, Mixed Garden Salad	Mixed Vegetables, Baby Potatoes Baked Beans, Mixed Garden Salad	Roast Potatoes, Carrots, Broccoli, Baked Beans, Mixed Garden Salad	Carrots, Cauliflower, Spiced Diced Potatoes, Baked Beans, Mixed Garden Salad	Chipped Potatoes, Garden Peas, Baked Beans, Mixed Garden Salad
Hot Pasta	Pasta Bolognese OR Herby Tomato Pasta	Herby Meatball Or Herby Tomato	Macaroni Cheese OR Pasta Bolognese	Herby Meatball Or Herby Tomato	Pasta Bolognese Herby Tomato
Pizza	Pizza	Pizza	Pizza	Pizza	Pizza
Available Daily	Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Fresh Fruit Salad, Hot & Cold Drinks				

(Ve) vegan option, *vegan option available upon request