

SEND NEWSLETTER

Navigating the Road Together

Dear Parents and Guardians,

Our SEND newsletter this week has a parent focus. Please find below information regarding the parental support offer from the Local Authority and the links to the relevant events. We will be hosting our first parent coffee morning on Wednesday 30th April from 10:45 until 12:30. Please scan the QR code to confirm your attendance.

Part of this session will involve a presentation from Lewis an Educational Psychologist regarding supporting emotional regulation for SEND students.



SEND coffee
morning QR code



Meet the Team

SLT Link SEND	Emma Warren Emma.warren@wernethschool.com
SEND CO	Sara Burke sara.burke@wernethschool.com
Transition and KS3 SEND Lead	Amy Pullar amy.pullar@wernethschool.com
Access Arrangement Coordinator	Jo Gillen joanna.gillen@wernethschool.com

Parental events

Welcome to Stockport Neurodevelopmental Team parental sessions.

Date & Time	Venue	Link
Thursday 1 5th May 2025 10am -12.30pm	Abacus Family Hub Garners Lane Stockport SK3 8QW	https://www.eventbrite.co.uk/e/exploring-neurodiversity-for-parents-carers-tickets-1204745549369
Tuesday 1 7th June 2025 9.30am -12.00pm	Reddish Family Hub Abingdon Primary School SK5 7ET	https://www.eventbrite.co.uk/e/exploring-neurodiversity-for-parents-carers-tickets-1204748438009
Tuesday 24th June 2025 6.00pm - 8:30pm	Virtual EventTeams link will be sent via Eventbrite	https://www.eventbrite.co.uk/e/exploring-neurodiversity-for-parents-carers-tickets-1204867784979
Thursday 10th July 2025 10am - 12.30pm	Reddish Family Hub Abingdon Primary School SK5 7ET	https://www.eventbrite.co.uk/e/exploring-neurodiversity-for-parents-carers-tickets-1227615704619

Our Mission

What: Werneth is an inclusive school recognising that every child is different and therefore the education needs of every child is different. As a result we pride ourselves on a multi-layered support systems and personalised approach towards each student's needs. Through our focus of raising outcomes, aspirations and expectations of all students with SEND and we offer wide ranging provisions to meet the needs of all students.

How: We encourage open lines of communication to our parents, Werneth staff and external agencies. Through targeted interventions, alongside in class provision all students are supported to reach their full potential. Our provision map provides strategies for quality first teaching to overcome any barriers to learning our students may face.

Why: To allow all students to reach their full potential. By ensuring equitable access to education, we aim to promote self-confidence, independence, and a sense of belonging, preparing our SEND students for lifelong learning and future opportunities.

Parental support groups

PARENTS AND CARERS TOGETHER STOCKPORT - PACTS is Stockport's official local parent carer forum run by parents for parents, carers, grandparents and family members who have a child / young person between the ages of 0 & 25 years with special educational needs & disabilities including any additional need. 07786 101 072 info@pactstockport.co.uk

Together Trust Special Educational Needs and Disabilities Information Advice and Support Service (SENDIASS) - We offer coffee mornings for parents & carers of people with autism and social communication needs: These provide an opportunity to liaise with members of our professional team, comprising of a speech & language therapist, occupational therapist, sleep practitioner to gain advice and support. They also provide an opportunity to gain support and share practical ideas with other parents/carers. 0161 240 6168 stockportsendiass@togethertrust.org.uk

Stockport SEND Families: We're a support group in Stockport, run by parents to support families who have children or young people with additional needs stockportsendfamilies@gmail.com

Stockport Parents of ADHD Children in Education: SPACE Stockport is a support group for parents and carers of children and young people in the Stockport area with Attention Deficit Hyperactivity Disorder (ADHD) and associated conditions. The SPACE committee members are all local parents, who have children with ADHD. We hold regular meet ups, which are an opportunity to talk to other parents who face the same challenges, in a relaxed and informal way. <https://www.spacestockport.org/space-meetings/>

Autisk: Autisk is a constituted support community group offering social groups, workshops, advice and signposting to families who have children with additional needs. No diagnosis is needed to join our groups as we are very aware that it is hard on the pathway to diagnosis. We have a fully functional sensory room that can be accessed for free via our social groups. <https://www.autisk.co.uk/>

Parental support

Drop in to one of our

Information & Advice Sessions

at our One Stockport Family Hubs

ONE STOCKPORT Family Hubs

Are you a parent or carer of a neurodivergent child or young person, or are you a parent or carer of a child with SEND looking for information or advice?

Come along and have a chat with colleagues from our multi-disciplinary team which includes representatives from The Educational Psychology Service, Jigsaw Team, Neurodevelopmental Team, Children's Therapy Services, and The Hearing and Vision Service

No formal diagnosis required

UPCOMING DATES

WEDNESDAY 30TH APRIL 10:00-12:00
WESTMORELAND DRIVE FAMILY HUB
1-11 WESTMORLAND DRIVE, BRINNINGTON, SK5 8HH
what3words sleep.cost.minute

FRIDAY 23D MAY 10:00-12:00
WESTMORELAND DRIVE FAMILY HUB
1-11 WESTMORLAND DRIVE, BRINNINGTON, SK5 8HH
what3words sleep.cost.minute

THURSDAY 26TH JUNE 10:00-12:00
ABINGDON ROAD FAMILY HUB
3 ABINGDON ROAD, REDDISH, SK5 7EU
what3words fonts.notice.school

Refreshments will be provided

If you would like further information about the sessions, please contact:
ndteam@stockport.gov.uk



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UPCOMING DATES

WEDNESDAY 23RD JULY 10:00-12:00
WESTMORELAND DRIVE FAMILY HUB
1-11 WESTMORLAND DRIVE, BRINNINGTON, SK5 8HH
what3words sleep.cost.minute

THURSDAY 25TH SEPTEMBER 10:00-12:00
ABINGDON ROAD FAMILY HUB
3 ABINGDON ROAD, REDDISH, SK5 7EU
what3words fonts.notice.school

Refreshments will be provided

If you would like further information about the sessions, please contact:
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Free webinars

Free Webinar

ADHD & Boys

23.04.2025 10am

Register your place at witherslackgroup.co.uk/understanding-adhd-boys

Free Webinar

Neurodiversity: Preparing For Life After Education

30.04.2025 10am

Register your place at witherslackgroup.co.uk/life-after-education

SilverCloud
by Amwell

Supporting an Anxious Teen

This programme has been designed for parents and carers of teenagers, ages 12 - 18, who are looking to support their teen in dealing with worry and anxiety, while learning helpful strategies to tackle their own anxiety. This programme incorporates elements of Cognitive Behavioural Therapy (CBT) such as psychoeducation, relaxation and gradual exposure, with the aim of enabling the teen to identify their anxiety, and to apply their skills in anxiety-provoking situations.

Skills & Strategies

Parents and carers will gain an understanding of how anxiety affects their teenager, the anxiety cycle, and strategies to help their teen manage and alleviate these feelings and behaviours. The programme will encourage parents and carers to focus on the positive aspects of anxiety, and to normalise anxiety in conversations with their teens.

Positive Communication

Through positive communication techniques, parents and carers will learn proactive problem-solving strategies, and better ways to communicate with their teenagers. They will be able to use these skills to help their teens develop a more balanced and positive way of thinking, while also teaching them to use graded exposure to face their fears.

Forging Ahead

To ensure these skills lead to lasting results, the programme incorporates preventative strategies like building self-esteem and proactive problem solving. Teens will also walk away with newly learned relaxation practices and techniques, such as meditation and breathing exercises.

Proven Tools

- Relaxation Activities
- Outlets
- Body Map Exercise
- CBT Cycle
- Breathing Exercise
- Family Problem Solving Tools
- 5 Senses Relaxation Activity
- Facing Fears Ladder
- Muscle Relaxation
- Building Self-Esteem Activity

Modules

- Parenting an Anxious Teen
- Parenting Positively
- Parenting Positively
- Problem Solving
- Changing Thoughts
- Facing Fears
- Creating a Plan
- Going Forward

Talk to us today
Contact Us
Twitter Facebook LinkedIn

To sign up visit:

<https://gm.silvercloudhealth.com/signup/>

NHS
Greater Manchester
Integrated Care

Part of Greater Manchester
Integrated Care Partnership

SEND Recognition

As a SEND department each week our Learning Support Assistants nominate a student to recognise their efforts in their academic and personal learning. **Congratulations to all of our winners so far!**

Year 7

Haydn Farndell
LJ Symes
Alife Cookson
Jacob Bennett
Boyd Host-Bateman

Year 10

Macy Poole
Chris Horne
Maddie Pridgen

Year 8

Alfie Atwell
Ethan Price

Year 11

Uche Umejiaku
George O'Reilly
Alfie Madden

Year 9

Lola Marriott
Jack Robinson
Tzaricci Williams
Brogan Maguire

Free Webinar for Parents and Carers of neurodivergent children and young people



Understanding Anxiety

This session will be delivered by Stockport Neurodevelopmental Team. It is designed for parents/carers and family members of neurodivergent children, whether they have a formal diagnosis, are awaiting assessment or have suspected neurodevelopmental differences. During the session, we will consider the signs of anxiety and explore strategies that you can implement at home. This training is suitable for parents and carers of school-aged children.

29th April 6:00pm-7:30pm

Want to hear about future webinars and receive regular updates and information from our Neurodevelopmental Team?

Scan the QR Code to request to be added to our mailing list!



SEND celebrations!



Well done to our students achieving 100% attendance!

George Edwards
Scarlett Coates
Thomas Dudleston
James Falloon
Joshua Goldshaw
Samuel Jackson
Liahna Johnson
Lola Marriott
Eva-May Mccumaskey
George Tanker
Tzaricci Williams

Logan Hardie
Finlay Dalton
Aimee Starkey
LJ Symes
Oscar Reynolds
Jayden Hill
Rebecca Collier
Lana Birkett
Jacob Bennett
Noah Kieldonn
Dominic Taggart
Ellen Smithson
Ryan Shojakhani
Hadley Hargreaves
Finley Fabri
Brooke Cumston
Riley Callow
James Cameron