

West Heselton CE Primary School Spring 2023 Menu.

		WEEK 1	WEEK 2	WEEK 3
		W/C 2nd Jan, 23rd Jan, 20th Feb, 13th Mar	W/C 9th Jan, 30th Jan, 27th Feb, 20th Mar	W/C 16th Jan, 6th Feb, 6th Mar, 27th Mar
P A S T A  M O N D A Y  T U E S D A Y  W E D N E S D A Y  T H U R S D A Y  F R I D A Y	ROAST	✓ Pasta Parcels Homemade Tomato Sauce Cauliflower & Green Beans Garlic Bread .... Jelly and Ice Cream	✓ Homemade Pizza Diced Potatoes Peas & Sweetcorn .... Krispie Cereal Bar	✓ Farmhouse Mac & Cheese with Garlic Bread Broccoli & Carrots .... Artic Roll & Fruit
	INTERNATIONAL	Crispy Chicken Bites ✓ Crispy quorn bites Baked Baby Potatoes Peas & Sweetcorn Homemade Bread .... Chocolate Cake	Pasta Bolognese ✓ Quorn Bolognese Cauliflower & Green Beans Garlic Bread .... Cheese & Crackers	Cheese Burger in Homemade Bread Roll ✓ Veggie Burger Baked Potato Wedges Spring Coleslaw, Cucumber Sticks .... Homemade Biscuit & Fruit Slice
	SH	Roast Turkey or Chicken ✓ Quorn fillet Roast Potatoes Stuffing Medley of Seasonal Vegetables Homemade Bread .... Jam Roly Poly & Custard	Sausages & Yorkshire Pudding ✓ Vegetable Sausages & Yorkshire Pudding Mashed Potato Medley of Seasonal Vegetables Sliced Bread .... Chocolate Sponge & Chocolate Sauce	Mince Beef & Dumplings ✓ Mince Quorn & Dumplings Medley of Seasonal Vegetables Sliced Bread Baked Baby Potatoes .... Marbled Sponge & Custard
	FRIDAY	Chilli Con Carne ✓ Quorn Chilli Con Carne Rice Broccoli & Carrots Naan Bread .... Cheese & Crackers	Chicken Wrap ✓ Quorn Wrap Vegetable Rice Broccoli & Carrots .... Flapjack	Chicken Korma ✓ Quorn Korma Cauliflower & Green Beans Naan Bread Rice .... Oatie Biscuit & Cheese
	FRIDAY	Fish Fillet ✓ Veggie Burger Chips Crunchy Vegetable Sticks wrap .... Homemade Shortbread	Fish Fingers ✓ Chilli Wrap Chips Beaked Beans & Peas Homemade Crusty Bread .... Lemon Drizzle Muffin	Battered Fish ✓ Cheese & Tomato Quiche Chips Peas & Sweetcorn Homemade Crusty Bread .... Brownie

*If your child has an allergy or special dietary requirements, please inform the school so we can discuss their needs.*

*Our eggs are always Free-Range Eggs.*

*Our meals are free from undesirable additives, colouring and sweeteners.*