MFNU

			MENU	
		WEEK 1	WEEK 2	WEEK 3
		Served w/c 8th, 29th Jan, 26th	Served w/c 15th Jan, 5th Feb, 4th	Served w/c 22nd Jan, 19th Feb, 11th
		Feb, 18th Mar	Mar	Mar
Α	7	V Vegetarian Lasagne	Spaghetti Bolognese	V Crunchy Topped Mac & Cheese
Τ,	Ā	Broccoli & Carrots	V Quorn Bolognese	Green beans & Sweetcorn
S	' О	Homebaked Garlic Bread	Sweetcorn & Green Beans	Homebaked Garlic Bread
δ,	z		Homebaked Garlic Flatbread	
Ь,	0	****	****	****
	Σ	Cornflake Crispie	Oat & Fruit Cookie	Jam Muffin
		·		
	X	Chicken Nuggets	Meatballs in a Creamy Sauce & Rice	Sausage & Mashed Potato
٨	Ā	V Quorn Nuggets	V Vegetable Pasta Bake	V Veg Sausage & Mash
_	' О	Diced Potatoes	Carrots & Broccoli	Gravy
S	S	Peas & Sweetcorn	Crusty Bread	Carrots & Broccoli
δ,	Ш	Homebaked Bread	51.00 .7 _1.00.0	Homebaked Bread
<i>'</i> _	0	****	****	****
_	_	Marble Sponge & Custard	Chocolate Sponge	Sponge & Custard
			& Chocolate Sauce	2
		Roast Pork & Stuffing	Roast Chicken & Yorkshire Pudding	Minced Beef & Dumplings
T	,	V Quorn Fillet & Stuffing	V Quorn Fillet & Yorkshire Pudding	V Minced Quorn & Dumplings
S	A)	Roast Potatoes	Roast Potatoes	Roast Potatoes
δ,	/ Q	Medley of Vegetables	Gravy	Carrots & Peas
0	S	Crusty Bread	Medley of Vegetables	Sliced Wholemeal Bread
R (Ш	0.00.9 2.000	Sliced Wholemeal Bread	
_	Z	*****	****	****
	ם	Cheese & Crackers	Shortcake	Chocolate Mousse
	Ш			
	×			
	-	Beef Wrap	V Pizza	Chicken Korma & Rice
_	∀	V Vegetable Wrap	Baked Potato Wedges	V Quorn Korma & Rice
A		Vegetable Rice	Mixed Salad & Grated Carrot	Cauliflower & Green Beans
0	0	Carrots & Green Beans	mixed datad & Grated darrot	Naan Bread
_	S	****	****	*****
A AT	ď			
RN	n	Fruity Flapjack	Fruit Jelly & Ice Cream	Cheese & Biscuit
TE	Ξ			
Z	L			
		Battered Fish	Fish Finger	Fish Fingers
I	>	V Cheesy Bean Burger	V Veggie Dog	V Vegetable Roll
S	A	Chips	Chips	Chips
_	D	Ketchup	Ketchup	Ketchup
ъ		Peas & Sweetcorn	Vegetable Sticks	Sweetcorn & Peas
	ď	Sunflower Seed Bread	Homebaked Bread	Crusty Bread
	ш	****	****	****
		Lemon Drizzle Muffin	Chocolate Cake	Iced Bun
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If your child has an allergy or special dietary requirements, please inform the school so we can discuss their needs.

Our eggs are always Free-Range Eggs.

Our meals are free from undesirable additives, colouring and sweeteners.