



“Children are at the centre of all we do.”

NEWSLETTER 5th DECEMBER 2024

Our newsletter is also available to view on the school website at:

<https://heslerton.n-yorks.sch.uk/parents/newsletters>

BADGER WOOD

87.89 %

KEEPER WOOD

93.7%

FARTHING WOOD

94.92%

DIARY DATES

Monday 9th December, Gymnastics Club YR – Y2 *last session*.

Tuesday 10th December, Stephen Joseph Theatre Drama Club Y1 – Y3 *last session*.

Wednesday 11th December, New Starters Day for Pre- Reception.

Thursday 12th December, Swimming week 10 and last, Y1 – Y4.

- Wellness Drumming Club Y3 – Y6 *last session*.

Friday 13th December, Fair Trade stall closes.

Wednesday 18th December, Christmas dinner for all children who have booked a meal previously.

- Nativity for all children at 1.30pm and 6pm.

Thursday 19th December, Pantomime at Scarborough Spa: Cinderella.

Friday 20th December, Christmas Party 1:15pm

- School closes for Christmas.

CHRISTMAS BREAK

Monday 6th January, Training Day.

Tuesday 7th January, School begins.

Thursday 9th January, Pop up library.

Monday 13th January, Gymnastics Club Y3 -Y6 week 1.

Tuesday 14th January, Drama Club Y3 – Y6 week 1.

These are some of the dates we know. There may be changes so please check the school website and Dojo for details.

<http://www.heslerton.n-yorks.sch.uk>

PARENTING SMART

Parenting can be joyful but also very hard. Each week we aim to bring you a link that may be useful to you to find your way. This week's short clip is about listening skills.

[Building listening skills for parents | Place2Be's Parenting Smart \(youtube.com\)](https://www.youtube.com/watch?v=...)

THANK YOU

Thank you to Mrs. Elaine Hall for all of her hard work in the kitchen. We wish her good luck in her new role.

SWIMMING

Thursday 12th December is the last swimming session for **Y1 – Y4**.

FAIR TRADE STALL

Fair Trade Items are for sale at break priced from 50p - £6, useful for children to buy small gifts. The stall leaves on **Friday 13th December**.

A GIFT FROM KEMPS

Following the sad news we shared with all families in November, Kemps bookstore in Malton reached out. They have supplied each child in school with a book to share with their family at home to provide happy family memories. A big thank you to Liz Kemp and her team for the generous gift.

CHRISTMAS POST BOX

Our school post box will open on Monday 9th until Friday 20th December. If children would like to send Christmas cards, please write the child's name and class on the envelope and ask them to place them in the post box in the hall. Post is delivered to classes daily at times when lessons will not be disturbed with the excitement of cards! This allows us to limit litter on the playground too. Deliveries are free of charge!

If you require this information in a different format, please contact the school office.

YORK MINSTER CHRISTMAS TREE FESTIVAL

All children have created an individually named bauble to show what brings them peace and happiness. These have been placed on our tree at York Minster and displayed to the public on **Saturday 30th November** and run until **Sunday 5th January 2025**.

Entrance to the Minster is free to participating organisations. Please pop along and state 'West Heslerton School' for you and your family to access this marvellous festive event and view your child's work on display.

Please vote for our Christmas Tree at York Minster using the following QR code.



LOST PROPERTY

Please ensure all ensure pupil's items are named. We have lots of lost property. Please check the lost property box in the front porch for any

You're invited to our Christmas swim party!

Please join us at Ryedale Swim & Fitness for a small party to celebrate the season. Let's swim, play, and have fun!

21st December 2024 | 9-11 am

Please book online or in centre



NORTON HIVE LIBRARY

We are very lucky to have volunteers who provide a regular opportunity for all pupils at school to choose a library book from NYC Libraries.

The next opportunity to choose books will be on **Thursday 9th January** to get us into good reading habits in the new year.

To help children and parents to be prepared for these visits, all library visits are included on Class Dojo. Please check here for details of when to expect books to come home and when they need to be returned.

All books recently borrowed were collected on Thursday last week. Books that were not returned in time will generate an automatic email to parents from NYC libraries. Our volunteers have kindly offered to collect any outstanding NYC library books soon. We have a box in the school office for collecting up these. Please return any outstanding books by **Friday 13th December**. Beyond this date, parents will need to return these books to any NYC library.

SENT HOME

- Book gifts from Kemps in Malton.
- Details of local church services.

FEAST HOLIDAY ACTIVITIES AND FOOD THIS CHRISTMAS HOLIDAY

FEAST activities are childcare activities that all children can access to help working parents with childcare during the holidays.

For families whose children/young people are eligible for free places on FEAST activities this Christmas, you should have received this via email or text, from a platform called Holiday Activities.

If you believe your child is eligible and you have not yet received your voucher, or you have lost it, please contact the school office.

If you require this information in a different format, please contact the school office.

EMOTIONAL AND MENTAL HEALTH

The holiday season can be a challenging time for mental and emotional health. Here are some resources to support both adults and children during Christmas:

For Adults

Mind: Mind offers tips and advice on coping with the holiday season, including managing stress, dealing with loneliness, and maintaining mental well-being.

[Christmas and Mental Health](#)

Samaritans: Provides 24/7 support for anyone struggling to cope. They offer a safe space to talk about whatever is troubling you.

Call 116 123 or visit -[Contact Us | Samaritans](#)

NHS: The NHS offers advice on managing mental health during the holidays, including tips on dealing with stress and where to find support.

NHS Mental Health Support - [Mental health - NHS](#)

For Children

The Go To: **The Go To website** is the home of wellbeing and mental health for young people in North Yorkshire and provides a wealth of information and practical advice for children, young people, their carers and professionals.

[The Go-To - Emotional wellbeing and mental health](#)

YoungMinds: Offers advice on supporting children and young people with their mental health, including how to handle anxiety around Christmas.

[Helping Your Child with Anxiety at Christmas](#)

The Children's Society: Provides tips for managing children's mental health during the festive season, including maintaining routines and understanding their needs.

[Supporting Children's Mental Health at Christmas](#)

Childline: Offers free, confidential support for children and young people. They provide a safe space to talk about any worries or concerns.

Resource: Call 0800 1111 or visit Childline - [Childline | Childline](#)

Kooth: Kooth is a free, safe and anonymous **online wellbeing service** for children and young people. The Kooth team provide free, safe and anonymous online support and counselling. The whole team are made up of friendly and experienced individuals and are a bacp accredited service. [Home - Kooth](#)

Shout!: Shout is the UK's first and only 24/7 text service for anyone in crisis. Get free, confidential mental health support anytime, anywhere. Text 'Shout' to 85258.

[Shout: the UK's free, confidential and 24/7 mental health text service for crisis support | Shout 85258](#)

If you require this information in a different format, please contact the school office.

KEEPER WOOD

CHRISTMAS JUMPER DAY 2024

Keeper wood children looked amazing!



BADGER WOOD

RECEPTION

We have used our fine motor skills to build shortbread houses in the style of gingerbread. We have made enough for the whole class ready for our forest school snack tomorrow.



FARTHING WOOD

We have been building wattle and daub walls in the woods; there were some magnificent efforts!



If you require this information in a different format, please contact the school office.