



“Children are at the centre of all we do.”

### NEWSLETTER 27<sup>th</sup> FEBRUARY 2026

Our newsletters are available to view on the school website at:

<https://heslerton.n-yorks.sch.uk/parents/newsletters>

### WEEKLY ATTENDANCE



**ATTENDANCE winners this week is FARTHING WOOD!!**

Badger Wood 91.03 %

Keeper Wood 96.74%

Farthing Wood 100%

We are always pleased to receive feedback at school. This helps us to know what parents value.

#### A LOVELY COMMENT RECEIVED THIS WEEK

The efforts made by school have been truly wonderful. We have been humbled by the love, care, attention and effort that the staff have shown. We could not have asked for more from any individual.

### DIARY DATES

**Monday 2<sup>nd</sup> March**, Friends meeting 2:30pm.

- Y6 SATS meeting 3:30 – 4pm for Y6 parents.

**Thursday 5<sup>th</sup> March**, World Book Day please see box.

- FairTrade stall last day.

**Wednesday 11<sup>th</sup> March**, Bag2School.

- FW Ryedale Folk Museum visit all day.

**Thursday 12<sup>th</sup> March**, Friends Glow disco please see box.

**Monday 16<sup>th</sup> March**, Community Cuppa Y5.

There may be changes to these dates. Please check the school website for events and Dojo for details.

### Y5 & Y6 LONDON RESIDENTAL

Our trip to London is not too far away, please keep making payments towards your child's trip.

### EARLY BIRDS AND ASC FREE SESSION

Every child has 1 free session at the After School Club and Early Birds per term.

Have you used your January – March voucher yet?

Please book via the school office.

### COMMUNITY CUPPA

Residents of all ages, parents and pre-schoolers are invited to join our Year 5 pupils at the village hall for a chat and cuppa on **Monday 16<sup>th</sup> March** 2:15 – 3:15pm.

### Y6

Y6 national tests (SATs) meeting on **Monday 2<sup>nd</sup> March** in the hall from 3:30 – 4pm for Y6 children and parents.

### National Child Measurement Programme (NCMP)

*Information for schools to share with families in North Yorkshire*

*January 2026*

Please share the following information with parents / carers via the school newsletter, email, text and / or on the school website

#### The National Child Measurement Programme (NCMP) - height and weight checks for children in Reception and Year 6

- The NCMP will soon be running in our school for children in *reception and year 6*. This involves health staff coming into school one day to do height and weight checks with each child.
- The measurements are conducted in a sensitive way, in a *private space* and away from other children. Children are measured fully clothed (coats and shoes off).
- When talking to children about these checks, staff and parents/carers are encouraged to refer to them as 'health checks' – they are about seeing how children are growing and developing.
- Individual *results are NOT shared with your child or their school*.
- Following the measurements in schools, all parents/carers will receive a letter by email. Some families may also be contacted by the health staff (e.g. via text message/phone call/letter) to offer additional information and support.
- These measurements will be taking place in our school soon (for those year groups). If your child is due to be measured you will receive a letter (via email) to explain more about it.
- Please have a look at this [video](#) so you can see what happens:  
[The National Child Measurement Programme - YouTube](#)
- If you have any *questions* please contact your local (North Yorkshire) NCMP team on: [hdf.ncmp@nhs.net](mailto:hdf.ncmp@nhs.net)

#### More details (and other information) that you might like to include:

- The checks are carried out by trained health care providers and are delivered in a safe way.
- Height and weight measurements are taken as part of the NCMP. This information is collected because it is in the public interest to understand how our children are growing and developing, and also so we know how many are underweight, a healthy weight, or are above a healthy weight, so that support and advice can be offered to parents.

If you are worried about your child's weight and growth, please speak to your GP or visit;

[Children's weight - Healthier Families - NHS](#) for more information.

You can find information and fun ideas to help your kids stay healthy at the NHS Better Health: healthier families webpage [Easy ways to eat well and move more](#).

Another way to help maintain a balanced diet and physical activity for your family is the NHS Healthy Steps email programme. Sign up for the 8-week Healthy Steps emails and you will be sent lots of low-cost easy tips, fun games, healthy swaps and tasty recipes on a budget. You can sign up to NHS [Healthy Steps - Step this way](#) webpage.

If you would like some information about cost saving ideas, free school meals, food banks, financial support etc. please go to: [Cost of living support | North Yorkshire Council](#)

### REMINDER WORLD BOOK DAY

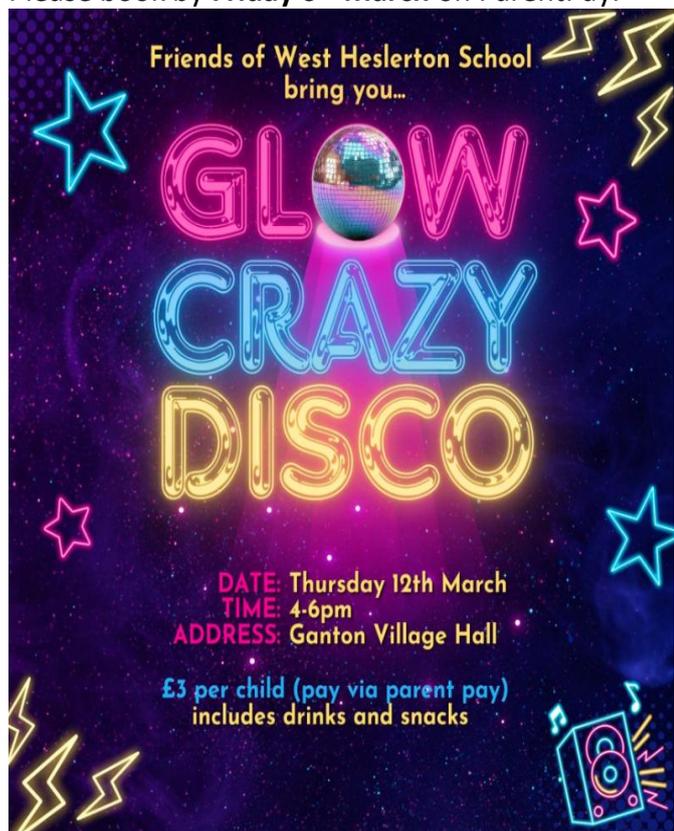
World Book Day takes place on the first Thursday of March each year. This year it will be held on **Thursday 5th March**. World Book Day vouchers were sent home on Friday 13<sup>th</sup> February.

**On Thursday 5th March**, children (and staff!) are encouraged to wear their pyjamas to celebrate bedtime stories or dress as a character from a book. Please bring the book to school on this day.

Keeper Wood and Farthing Wood have completed work that will be on display in Kemps. Details next week.

### GLOW DISCO

Please book by **Friday 6<sup>th</sup> March** on ParentPay.



Friends of West Heslerton School bring you...

# GLOW CRAZY DISCO

**DATE:** Thursday 12th March  
**TIME:** 4-6pm  
**ADDRESS:** Ganton Village Hall

£3 per child (pay via parent pay) includes drinks and snacks

### BAG2SCHOOL



**BAG 2 SCHOOL**  
FREE FUNDRAISING FOR SCHOOLS  
In partnership with your school or organisation

West Heslerton C E Primary School

Bag 2 School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.

PLEASE USE YOUR OWN BAGS (THERE IS NO LIMIT).

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

We are collecting good quality items for RE-USE:  
Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories. -  
(No uniforms, workwear, pillows, duvets or pieces of fabric please)

*The more we weigh the more we pay!  
Extra bags are welcome - there's no limit*

Please return your Bag2School on:

**Wednesday 11<sup>th</sup> March 2026**

01609 780 222 | www.bag2school.com | helpdesk@bag2school.com

### FRIENDS

The next Friends meeting will be on **Monday 2<sup>nd</sup> March** at 2:30pm in the school hall. Everyone is welcome – come along and have a cuppa!

Meeting Agenda

Present:

Apologies:

Minutes from the last meeting:

Christmas

Quiz

Annual Events to discuss:

Bag2school

Spring Disco

Summer term

AOB:

Fundraising through apps

School Wishlist

Date of next meeting

### PARENTING SMART

Parenting can be joyful but also very hard. Each week we aim to bring you a link that may be useful to you to find your way. This week's short clip is about coping when a child says no to everything.

[My child just says no to everything | Place2Be's Parenting Smart \(youtube.com\)](#)

### FOODBANK

We are an agent for Malton foodbank . This means that we are able to issue food vouchers. Please contact school in confidence if you need support.

### SENT HOME

- Attendance printouts
- Leaving school policy permission slip where applicable

If you require this information in a different format, please contact the school office.

### UNAUTHORISED LEAVE AND TERM-TIME HOLIDAYS

All term time holidays are classified as unauthorised leave. All leave without permission is considered unauthorised leave by authorities. 10 sessions of unauthorised absence (a session is a half day) in any 10 weeks will result in a penalty notice being issued. Please come and speak to school should you have an issue with attendance.

### PUNCTUALITY

All children arriving after 8.55 when registers close are considered unauthorised by authorities. Arriving late 10 times in any 10 weeks will result in a penalty notice being issued. Please come and speak to school should you have an issue with getting to school on time. There are support systems in place to help those who struggle with punctuality.

### HOLIDAY ACTIVITY VOUCHERS

If your child has school meals funded by school due to your income, your child also qualifies for holiday activities. Please check your email on 9<sup>th</sup> March for vouchers that you can use for booking free holiday activities. These book up fast so will need to be booked quickly should you wish to make use of these.

Any questions, please contact school.

If you think your family may qualify for free school meals, please contact the office for relevant links to apply for these.

### EARLY BIRDS

Did you know your child can come to school from 8am? Our 'Early Birds' facility gives all children the opportunity to arrive from 8am to play games in the hall with staff and pupils. This costs £2 per child per day. This is bookable on ParentPay until 9pm the day before you need it.

Each child has a FREE voucher to use per term. Please contact the office to book your child in for their free session.

We hope this facility will help all parents to get to other commitments safely whilst giving your child social times with others.

### EARLY BIRDS AND AFTER SCHOOL CLUBS

After School Forest Childcare and Early Birds Clubs are open for bookings until the end of the year on ParentPay.

**Please note there will be no After School Club on March 12<sup>th</sup>. Friends have organised an after school disco on this date at Ganton Village Hall instead.**

### AFTER SCHOOL CLUB

Did you know your child can stay at school until 5:30pm?

Our After School Forest Childcare Club gives all children the opportunity to stay at school to play in the onsite woodland and enjoy the outdoor space. This costs £5.50 per child for 1 hour, £8.50 per child for a 2 hour session . Sessions are booked on ParentPay.

Occasionally, spaces are available on the day. Please contact school to enquire about last minute places.

Each child has a FREE voucher to use per term. Please contact the office to book your child in for their free session. All children attending will be offered a snack to help them through their longer day.

We hope this facility will support parents with working hours whilst giving your child social times with others in our wide open spaces.

### SCHOOL GATES

For the safety and security of children and adults on the school site, please shut the pedestrian gate from High Street and the pedestrian gate from the car park behind you. Children have been asked to do this.

### KEYBOARD LESSONS

We were joined by Miss Lydia Adrian, keyboard tutor who explained how keyboard lessons are given and demonstrated some skills. Children were able to stay and chat to her during breaktime. Lessons are available here during the school day. Please add your child's name to the list here if interested. [northyorks.gov.uk/education-and-learning/school-music-service](http://northyorks.gov.uk/education-and-learning/school-music-service)

### INCLUSIVE CLASSROOMS

We are a highly inclusive school with Quality First Teaching for all children each day. This means that all children are taught and supported with a range of strategies that are part of their usual routine. These strategies are adapted to meet children's needs in class. Each week we will share with you an aspect of Quality First Teaching so that all parents and families are aware of the high quality provision at West Heselton Primary School.

**Effective Instruction & Modelling:** We clearly teach new content, demonstrate skills, and provide clear examples and non-examples (eg 4x4 is a square number, 3x4 is not)

## Violin Lessons

A number of children came to try out the violin after assembly on Wednesday and it was lovely to see so much enthusiasm for music. If any children are interested in taking up the violin, Lucy has some availability for lessons during school time.

Lucy teaches following the Suzuki method, where pupils learn the violin in a similar way to how we learned our mother-tongue languages. We do learn to read music, but pupils ideally learn a great deal by listening to the music and internalising it, and a large emphasis is placed on good posture, correct technique and listening to achieve a beautiful sound. Pupils learn in a very supported, safe environment, both in lessons and at home; practice at home is a necessary part of their learning journey, and parents will need to help them with this – especially in the first year. There is no need for parents to have any prior musical experience, as Lucy will give as much guidance as is needed.

In learning to play the violin, pupils also develop in many ways beyond the music itself, including:

- ♪ Developing fine and gross motor skills
- ♪ Increasing memory capability
- ♪ Building personal discipline, patience and perseverance
- ♪ Growing confidence through success and performance
- ♪ Finding an outlet for reducing stress and feeling calm
- ♪ Making new friends by playing music together
- ♪ Improving posture and coordination
- ♪ Recognising and celebrating progress, including being kind and supportive to others

Individual lessons give pupils a fully personalised experience and they are generally recommended for the best progress, but learning as a pair can be great fun, and is particularly effective for setting up posture and the basics of playing. For this to work, there needs to be a suitable friend to share the lesson with.

Lesson options are as follows:

- Individual 30 minute lessons = £20 per lesson
- Individual 20 minute lessons = £15 per lesson
- Shared 30 minute lessons = £10 per lesson per pupil

Pupils will all need their own violin, and there are second hand options to keep this affordable. Lucy will help and advise with this.

Pupils are all encouraged to attend our string group – the Ryedale Suzuki Group – which Lucy runs with Joanna Wallington and her cello pupils. This nurturing community is a cornerstone of our teaching practices and has a big impact on how our pupils learn. We meet approximately once a month in order to transform a solitary activity into a social one – when we play together as a group, techniques are reinforced, friendships are strengthened, and the joy of making a big sound together is really motivating.

If you are interested in lessons, or have any questions, please get in touch with Lucy:

[lucybrunsdentutor@gmail.com](mailto:lucybrunsdentutor@gmail.com) or message/WhatsApp on 07803340189.