



"Children are at the centre of all we do."

**NEWSLETTER 18<sup>th</sup> JULY 2025**

Our newsletter is also available to view on the school website at:

<https://heslerton.n-yorks.sch.uk/parents/newsletters>

**BADGER WOOD**

**95.0%**

**KEEPER WOOD**

**96.76 %**

**FARTHING WOOD**

**97.16 %**

**DIARY DATES**

**Friday 18<sup>th</sup> July**, last day for pupils.

**Monday 21<sup>st</sup> July**, Staff Training Day.

**Tuesday 22<sup>nd</sup> July**, Staff Training Day.

**Summer Break.**

**Monday 1<sup>st</sup> September**, Staff Training Day.

**Tuesday 2<sup>nd</sup> September**, Staff Training Day.

**Wednesday 3<sup>rd</sup> September**, School opens to pupils.

Please check the school website and Dojo for news over the break.

**SCHOOL BEGINS**

School begins on Wednesday 3<sup>rd</sup> September. A short week to ease us all back into school routines!

**SCHOOL MEALS**

School meal price will remain at £3.20 per meal. Children currently in Y2 will need to pay for school meals in Y3 via ParentPay please, if applicable.

**SCHOOL FOOTWEAR REMINDER**

Many children are attending school in school shoes, some are wearing trainers. School uniform is smart black shoes please and we will be expecting children to wear these from September.

**KEEPING CHILDREN SAFE**

Our Safeguarding Team

Designated Safeguarding Lead: Mrs Rachel Wells

Deputy Designated Safeguarding Lead: Mrs Sheryl Woodward

Safeguarding Governors: Mrs Jo Bickerton and Mrs Lou Todd

Contacting the Safeguarding Team

During school hours, should you have any safeguarding concerns, please contact the school office on 01944 728286 or via the contact us section of our website. We will take all concerns very seriously and do our best to support all involved.

To make a safeguarding referral directly to the local authority's multi agency safeguarding team, please contact the **North Yorkshire Children and Families service on 0300 131 2 131**

**GOOD LUCK TO OUR Y6 LEAVERS**

Good luck to our wonderful Year 6 pupils as they head on to secondary school. We all enjoyed a lovely service at All Saints' to celebrate their achievements and share their memories. Children were presented with a Bible, memories from Keeper Wood and a portrait from Badger Wood.



Thank you to the Friends of School for subsidising their leavers hoodies.

If you require this information in a different format, please contact the school office.

### SPORTS DAY

Thank you to everyone who joined us for a wonderful sports afternoon. Our initial date was hampered by heavy rainfall but the reserve date delivered. There was a real feeling of school community spirit and the weather was perfect for taking part in activities and enjoying cooling refreshments! Thank you all for sharing lovely times with us.

### FRIENDS THANK YOU

With sports day refreshment sales along with the play on Friday we have raised **£332** so that's a wonderful way to round off the last of the Friend's fundraisers this year! A big thank you to you all for supporting by coming along to events and spending your hard earned money! A huge thank you also to the amazing volunteers who make it all happen. We already have a few exciting things planned for the next school year but would welcome any fresh ideas for future fundraisers and proposals of how you'd like to see the money spent. Have a super summer everyone!  
Emma Pennock

### DOJO MESSAGES

All pupils will move to their new class on Dojo on **21 July**. This will allow all parents to contact their child's class teacher during the break for a prompt response in September.

Y6 pupils will remain on Dojo until 1 Sept so that parents can contact somebody at school if needed.

### HAVE A SAFE SUMMER



Swim sessions covering water safety and swimming safely in the sea are being offered to children for free this summer. These will be held on Scarborough North Bay in August. Please use the link below to book.

[Scarborough, North Bay - Swim Safe](#)

### TERM DATES FOR AUTUMN 2025

We already have a busy term planned. Here are some dates for your diary:

Swimming Year 1 to Year 4: Thursdays 18<sup>th</sup> September to 27<sup>th</sup> November Inclusive

Friends meeting: Monday 15<sup>th</sup> September at 2.30pm in the school hall.

Open Evening: Wednesday 1<sup>st</sup> October 3:30-5pm. This is suitable for current pupils and pre-schoolers

Individual/Family School Photographs: Friday 10<sup>th</sup> October from 8.30 am

Harvest service: Friday 24<sup>th</sup> October at 1.30pm at All Saints' Church.

Half term break Monday 27<sup>th</sup> to Friday 31<sup>st</sup> October  
Nativity services: Wednesday 17<sup>th</sup> December 1.30pm and 6pm

Visit to the pantomime: Thursday 18<sup>th</sup> December am

**The calendar on our school website will be updated during the very start of term**

### CLUBS

Please book our Early Birds Club and our After School Forest Club on ParentPay. We have opened the sessions for September.

Our Early Birds Club is heavily subsidised at £2 per morning. This is payable online upon booking please. Our After School Forest Club is £5.50 for 1 hour, £8.50 for 2 hours. This is payable online upon booking please.

Each child can access the Forest School Club for a free session each term, please contact the office to book your free taster session.

**Please note that places are limited, these clubs are popular.**

If you require this information in a different format, please contact the school office.



## SUMMER HOLIDAY WELLBEING

### SUMMER WELLBEING

The summer holidays are often a really exciting time but for some people, they can feel a little bit overwhelming. Evidence suggests there are 5 steps you can take to improve your mental health and wellbeing. Trying these things could help you feel more positive. It is important that you take the time to look after yourself and there are lots of ways that you can do this and lots of help and support out there if you need it.

**Give** – Feeling a sense of reward and connect with other people.

**Be Active** – Raising your self-esteem, improve your mood, reduce stress, anxiety, worry and help you sleep better.

**Keep Learning** – Trying something new can boost self-confidence and gain sense of achievement.

**Connect** – Gain a sense of belonging, feel valued and have emotional support.

**Take notice** – Being present in the moment can change the way you feel about life and how you approach challenges.

**Summer wellbeing top tips**

**Prioritise self care** and do things that make you feel happy.

**Reach out** if you need support.

**Remember to stay hydrated** and eat regular, nutritious meals.

**WELLBEING IN MIND TEAM** @wellbeinginmind.mhst

### SUMMER BINGO

Can you complete the Summer Bingo challenge. This is a great way to help support your mental health and wellbeing over summer

Send a postcard or letter	Go on a walk	Star gaze	Read a book	Make a home made gift for someone
Call a family member	Visit a park	Cloud watch	Research a topic that interests you	Tell someone a joke to make them smile
Play a board game	Make a summer playlist to dance to	Go bird spotting	Play some word games	Give someone a compliment
Talk with friends	Create your own obstacle course	Sit in the sunshine	Ask a relative about their interests	Help with jobs around your home
Ask someone about their day	Make a list of your summer goals	Watch the Rain	Mindfulness colouring	Tidy your room

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### LOCAL MENTAL HEALTH AND WELLBEING SUPPORT

**Mind** Scarborough, Whitby and Ryedale  
Mind, the mental health charity. We're here to make sure no one has to face a mental health problem alone.  
MindSpace (11-16/18)  
MindSide (16+) Scarborough, Filey or surrounding villages.  
<https://swmind.org.uk/> 01723 339838

**LET'S MAKE SENSE together.**  
Let's Make Sense Together is a free resource that anyone can use. It provides information and support to children and young people with sensory processing differences.  
<https://www.hnyhealthiertogether.nhs.uk/young-person/sensory-processing>

**NORTH YORKSHIRE COUNCIL**  
Children and families signposting page which offers the link to a whole range of services.  
<https://www.hnyhealthiertogether.nhs.uk/young-person/sensory-processing>

**The Go-To**  
For healthy minds in North Yorkshire  
The Go-To is here to help you find the right support in North Yorkshire to help you stay well, whatever is going on in your life.  
<https://thegoto.org.uk/>

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### ONLINE MENTAL HEALTH AND WELLBEING SUPPORT

**stem4**  
supporting teenage mental health  
stem4 is a charity that supports positive mental health in teenagers. Mental health information, apps and education.  
<https://stem4.org.uk/>

**THE MIX**  
The Mix is here to make sure every young person has somewhere to turn – whatever life throws at them.  
<https://www.themix.org.uk/>

**YOUNGMINDS**  
Discover information, advice & support for young people affected by mental health.  
<https://www.youngminds.org.uk/>

**SAMARITANS**  
Whatever you're going through, a Samaritan will face it with you. We're here 24 hours a day, 365 days a year.  
<https://www.youngminds.org.uk/>

**childline**  
ONLINE, ON THE PHONE, ANYTIME  
Information, Advice & Support – Free and private service for young people. Online, on the phone, anytime.  
<https://www.childline.org.uk/>

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### ONLINE MENTAL HEALTH AND WELLBEING SUPPORT

**BARNARDO'S**  
Barnardo's is a children's charity that's here to help children and young people safer, happier, healthier and more hopeful.  
<https://www.barnardos.org.uk/>

**CALM**  
CALM Is Here To Support You – CALM is a suicide prevention charity fighting to reduce the devastating impact of suicide.  
<https://www.thecalmzone.net/>

**Better Health every mind matters**  
Here, you can find what works for you. We'll show you simple and practical ways to ease anxiety, manage stress, lift your mood and sleep better.  
<https://www.nhs.uk/every-mind-matters/>

**In a mental health crisis, call NHS 111 and select the mental health option (2)**  
Available 24/7, you will speak to a mental health professional who can listen to you and help you find the right support.

**@wellbeinginmind.mhst**  
Follow us on Instagram

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