WEST HESLERTON C.E. PRIMARY SCHOOL Head: Rachel Wells B.A.(Hons)Q.T.S. NPQH

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"Children are at the centre of all we do."

NEWSLETTER 19th SEPTEMBER 2025

Our newsletter is also available to view on the school website at: https://heslerton.n-yorks.sch.uk/parents/newsletters

93.33%

KEEPER WOOD

95.43%

FARTHING WOOD
95.83 %

DIARY DATES

Monday 22nd **September,** Gymnastics Club Y1 – Y3 week 3.

Thursday 25th **September,** Swimming Y1 – Y4 week 2.

Monday 29th **September,** Gymnastics Club Y1 – Y3 week 4.

Wednesday 1st **October,** Open Evening 3:30 – 5:30pm see poster.

Thursday 2nd October, Swimming Y1 – Y4 week 3.

- Best of British menu see posters, please order on the day.
- Pop up library 2pm.

Friday 3rd October, MacMillan coffee event 9-10.15am.

Monday 6th October, Gymnastics Club Y1 – Y3 week 5.

Wednesday 8th October, FW Football at MCSC. **Thursday 9th October,** FW Science, Technology, Engineering and Maths (STEM) trip to Scarborough.

Swimming Y1 – Y4 week 4.

Friday 10th October, School photographs see box.

There may be changes to these dates. Please check the school website and Dojo for details.

MACMILLAN COFFEE EVENT

FRIDAY 3rd October from 9am, please feel free to stay for collective worship 10-10.30am. All welcome. This will be part of the World's Biggest Coffee Morning in aid of MacMillan. Donations of cakes to sell would be warmly received. Please pop these into the office on the morning of the event. We hope that slices to take away will be available too.

FOODBANK AGENT

If your family need support with a foodbank voucher, please contact Mrs Wells in confidence.

OPEN EVENING

We are looking forward to welcoming all families to our Open Evening. Please pop in at any time from 3.30-5 to meet the staff, view your child's learning environment and see their learning.

Families not yet at school are also welcome to see us. Please share the flyer in your envelope today with anyone who may be interested – everybody welcome!



COVID

We have had many children off poorly over the first few weeks of term. Some of these incidents may be Covid.

COVID-19 symptoms can include:

- a high temperature or shivering (chills) a high temperature means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to your sense of smell or taste
- shortness of breath
- feeling tired or exhausted
- an aching body
- a headache
- a sore throat
- a blocked or runny nose
- loss of appetite
- diarrhoea
- feeling sick or being sick

The symptoms are very similar to symptoms of other illnesses, such as colds and flu. We would ask that parents are vigilant so that all vulnerable people linked to school are protected. There is no need to self isolate but staying home when poorly is appreciated.

FARTHING WOOD Y5 & Y6 FOOTBALL

The children in Y5 & Y6 will be taking part in an outdoor Football event at MCSC on **Wednesday**, **8**th **October.**

The children will travel with Perrys coaches and be accompanied by Mrs Bickerton and Mrs G. We will leave school after lunch at 12.30 and return for the end of the school day.

Please wear warm PE kits to school for this event.Pupils will need to take their own inhalers if necessary. School carries insurance for all school trips. In case of emergency please contact the school.

HYGIENE

We have been notified of a case of threadworms in a child at school. These have been treated but we would remind all parents to check their children when going to the toilet and encourage all children to always wash their hands after using the toilet.

MEET THE GOVERNOR

Each week we will be introducing you to a School Governor. We hope that this will help you to find out about the board who set the direction of our school.

My name is Dave Shackley, I'm a co-opted Governor and this is my second year in the role.

My connection with West Heslerton is that my daughter is a teacher at the school and she encouraged me to become involved.

Prior to retirement I was Head of Quality for McCain Foods GB and I'm still an active pension trustee.

I had a broad range of management responsibilities, including budgeting, that I hope can be used to contribute to the running of the school

I'm taking on the role of co-chair with Lou Todd and I'm looking forward to working with Lou and the rest of the board in the year ahead.

Being a Governor is a very rewarding experience, there is a real sense of contributing to the success of the school with the added bonus of working with a fantastic, well motivated team. I would certainly encourage anyone who has an interest to become involved. I hope to meet parents during my visits to the school and I can always be contacted via the office.

FARTHING WOOD STEM VISIT

The children in Farthing Wood will be visiting Scarborough Spa on Thursday, October 9th for the Science and Engineering Festival. They will be accompanied by Mrs Bickerton and Mrs Wardell. We will leave school at 10.15am and return for the end of the school day. The children will need to bring a packed lunch, drinks only in cartons please, no cans or bottles. School will provide a packed lunch if you wish. Please consent to the visit on ParentPay by Tuesday 23rd September. If you would like a school lunch, please request one when prompted.

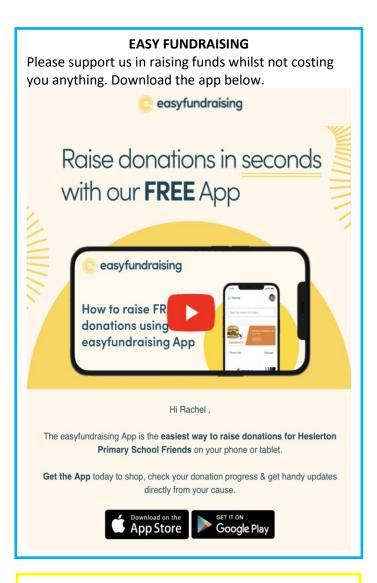
Children will need a waterproof coat and sensible shoes. School carries insurance for all visits.

Pupils will need to take their own inhalers if necessary.

PHOTOGRAPHS

The photographer will be in school on **Friday, 10**th **October,** to take family and individual photos. Please bring any pre-school children you would like to include to school at 8.30am. Photos will be taken on a first come, first served basis.

During the morning at school, your child will have an individual photograph taken and a photo with their brothers and sisters at school. Proofs will be sent home for orders.





We have been alerted to a fraudulent app in the Apple App Store that mimics ParentPay branding.



Security and safeguarding are top priorities at ParentPay Group, and we took swift action to report the app and are working closely with Apple to have it removed.

Please be aware:

- ParentPay does not have an app available for download from any app stores
- To use ParentPay, parents should visit https://www.parentpay.com/ from a mobile phone or computer
- After logging in, parents can save a shortcut onto their phone's home screen

This message is for awareness only, so you can confidently and quickly respond to any parent queries.

Yours sincerely.

ParentPay Group Customer Service Team

FRIENDS PUMPKIN TRAIL

Tickets are available to buy on ParentPay, please join us!





Rillington Pre-School

"Outstanding" by Ofsted

Monday – Friday 9.00am - 3.00pm 8.30am - 9.00am Breakfast club (£2.50) Term time

Pre-School Mobile Tel: 07704289080

ooking for childcare? Give us a call and come and look aroun Taster Tuesdays book a slot am or nm available

Website: Rillingtonpreschoolplaygroup.co.uk Follow us on Facebook

> £15.00 for a 3 hour session No extra costs Excellent staff to child ratios

We take children from 2 years to School age Can you access Funding 2's,3's & 4's visit www.childcarechoices.gov.uk





The cost of living is challenging for us all. You can apply online at: www.northyorks.gov.uk/freeschoolmeals to check to see if you can have school meals funded by school. Your child does not have to have free meals each day or at all if you qualify but this may be a useful support to have as back up. Qualifying for school funded meals often brings other benefits eg free music lessons through North Yorkshire Council. School also receives a small grant per term for children who qualify. Please check online to see if your child qualifies.

INSTRUMENTAL LESSONS

We have qualified, experienced music staff coming in to school to teach various instruments. Currently, woodwind and keyboard lessons take place at school and can be purchased

here https://www.northyorks.gov.uk/education-and-learning/school-music-service/music-lessons-and-instrument-hire through NYC.

These lessons are free to pupils who qualify for benefits means tested free school meals. To check your child's eligibility, click

here https://www.northyorks.gov.uk/education-and-learning/free-school-meals

Violin lessons are offered in school by a local private provider, please contact school for information.



NITS

Please can we ask parents to check their children's hair regularly and keep their children's hair tied back? Head lice are transmitted by head-to-head contact so these precautions will reduce your child getting them.

Once nits are gained they are hard to get rid of. We'd like to reduce the work needed for everyone. Guidance for dealing with them is wet combing for the whole of the family. Further details are here https://www.nhs.uk/conditions/head-lice-and-nits/



FLU IMMUNISATION

Please read the information below regarding Flu Immunisation for pupils from Reception to Year 6. Please click on the link here to access the form: Vaccination UK Immunisation



FLU IMMUNISATION FOR PUPILS IN SCHOOL YEARS RECEPTION - YEAR 11

Prevent your child from being seriously ill this winter! Vaccinating is crucial in protecting them and vulnerable friends and family from flu.

NASAL VACCINE

No needles - just quick, painless, effective flu protection (contains gelatine)

OR

THE INJECTION

We offer a PORK-FREE. **GELATINE-FREE** injection considered a faith-friendly alternative.



Complete this form, even if you do not want the vaccine.

https://yny.schoolvaccination.uk/flu/2025/northyorkshire

Secondary School students only: Young people under the age of 16 can give or refuse consent themselves if considered competent to do so by nursing staff.

CONTACT THE TEAM



<u>scarborough@v-uk.co.uk</u>



1 01723 331 506

Need more information? Please see our FAOs sheet attached with this letter.



We endeavour to come to your child's school twice. If your child is absent or unable to be vaccinated at school, they can still receive this important vaccine by attending one of our community clinics for the vaccine.

Details of these can be found on our website or you can contact the team above.

Your consent will remain in place for the entire flu season. If your child misses a first visit, you do not need to complete a second form.



PRIVACY POLICY

Our 2024/25 policy can be viewed here: www.schoolvaccination.uk/privacy-policy For data protection queries, please contact: dpo@vaccinationuk.co.uk



FREQUENTLY ASKED QUESTIONS

O WHY ARE CHILDREN BEING OFFERED THE FLU

Flu can make children feel very unwell and can sometimes lead to serious complications like pneumonia or ear infections. Some may even need hospital treatment. It's especially important for children with long-term conditions like asthma or diabetes, as flu can be more dangerous for them.

Q HOW DOES THE FLU VACCINE FOR CHILDREN WORK?

The nasal spray contains weakened flu viruses that help your child build protection without causing illness. Because flu strains change each year, the vaccine needs to be given annually. Most children only need one dose.

O IS THE FLU VACCINE SAFE FOR CHILDREN?

Yes, it has a very good safety record and has been used for over 10 years in countries like the US without any major concerns. All vaccines available in United Q NATURAL IMMUNITY Kingdom must pass strict safety testing before being While natural immunity from the flu can occur, it's not the time.

O SHOULD ANYONE NOT HAVE THE VACCINE?

Let us know if your child:

- antibiotics
- wheezy on the day
- · Has a seriously weakened immune system

contact with people who have very weak immune should be vaccinated again this year. systems for about two weeks-everyone else is fine to be around.

O ARE THERE ANY SIDE EFFECTS?

Side effects from the nasal spray are usually mild and information can be found on our website: short-lived. These may include a runny or blocked nose, www.schoolvaccination.uk/catch-up-clinics headache, reduced appetite, or a slight temperature. Paracetamol or ibuprofen can help if needed.

CHILD HAVE A DIFFERENT FLU VACCINE?

Yes. There is an injectable flu vaccine is available that our website. contains no pork (porcine gelatine).

While the nasal spray is generally more effective and painless, we respect your preferences. Just complete the consent form for the injection-no need to fill out

CONSENT INFORMATION

The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- · Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- · Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- · Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

approved for use. The Medicines and Healthcare generally considered better than vaccine-induced Products Regulatory Agency (MHRA) only approve immunity. Natural infection carries the risk of severe vaccines that have gone through rigorous safety testing illness and complications, whereas the flu vaccine offers measures. The regulators continually monitor them all protection with significantly less risk. Natural immunity can be long-lasting against specific strains, but we know that the flu virus changes (mutates) overtime so natural immunity to one strain might not protect against a different strain that emerges later Vaccines are a safer · Has a severe allergy to eggs, gelatine, or certain and more reliable way to protect against a wider range of

· Has recently had severe asthma symptoms or is Flu vaccines are updated for each winter to give protection against the strains of flu that are most likely to be going around. For this reason, we strongly recommend Also, after vaccination, children should avoid close that even if your child was vaccinated last year, they

Q MY CHILD NEEDS A DIFFERENT VACCINE

If your child needs another vaccine you can speak to our team or attend one of our community clinics, all

O I HAVE MORE QUESTIONS

We run Q&A webinars which address frequently asked Q WE DO NOT EAT PORK PRODUCTS. CAN MY questions and gives parents an opportunity to ask their questions. You can find information and how to join on





"Dear Parent/Guardian, Vaccination UK is attending your child's school to provide flu vaccinations.

For your child to receive their nasal flu vaccination in school, please complete a **YES** consent form using the **link below**. **The nasal** spray is quick, painless and is the most effective option for under 18's.

If your child **cannot** have the nasal spray, the injectable flu vaccine is available, and you will be able to choose that method on the consent form.

If you **DO NOT** wish for your child to have a flu vaccination, please complete a **NO** consent via the same link.

Vaccination UK Immunisation"

HELP REQUESTED

We have the support of Peter Clarke who is a labyrinth hobbyist to create a labyrinth on the school grounds. This would involve digging, cementing and laying stones to create a quiet area like the one in this picture. We need volunteers with knowledge, equipment and links to suppliers to help us achieve this. If somebody in your family or locally is able to help us out, please let school know. We would be grateful for any support you are able to give.



RELIEF TEACHING ASSISTANTS

We are always keen to hear from people who would wish to join our team. We are currently looking to appoint some relief teaching assistants. We'd love to hear from you if you'd like to assist in classrooms supporting teachers. There are no set hours for this role, we'll get in touch when we need cover in classes, at lunchtimes or after school. A clear DBS will be required for safeguarding reasons. Please contact the office for a person specification and application form.

Friends of West Heslerton School Meeting Minutes – Monday 15th September 2025

<u>Present:</u> Anna Tindall, Rachel Wells, Chloe Stockdale, Anna Kemp, Kerry Stonehouse, Iain Todd, Rachel, Emma Pennock, Rachael Thomas.

<u>Apologies:</u> Victoria Malthouse, Rosie Pease, Nicola Fox, Rachel Doherty, Emma Nutt

<u>Welcome to old & new parents</u> – it was lovely to welcome new parent Rachael to the meeting today along with her youngest daughter Aurora. RW sent out invitation to join Friends WhatsApp last week in book bags. EP will add members who have replied.

Minutes from the last meeting:

Sponsored Walk – money raised via sponsorship equated to £779.50 and refreshment sales totalled £171.50. Very successful fundraiser, thank you to school staff for organising the route & orienteering. An event we aim to do biannually. Heading up to the woods was well received by parents, nice to do a different route and see where the children learn on Friday afternoons.

Play Performances & Sports Day Refreshments - cold drinks & Iollies sold at both events, £332 raised. Used up stocks left over from Sponsored Walk. Friends provided ice Iolly for all children & staff on sports day which was appreciated by all.

Frozen Fridays – Three Frozen Fridays were held before end of term, charged for first two, made approx. £100 profit and then on the last day we made sure all children & staff got a free ice cream or chocolate bar to celebrate the end of term.

Upcoming Events to discuss:

Macmillan coffee morning – Friday 3rd October, 9am followed by collective worship assembly, all welcome, money raised from the coffee event will be sent to MacMillan Cancer Research charity. Cake donations welcome please – RW to confirm if this is going ahead please?

Halloween – family fundraiser TBC. Sunday 26th October 3-5pm at West Heslerton Village Hall. Pumpkin trail around the village, circular route over fields round the village. £5 per person to include juice & hot dog. Refreshments, tombola and activities in the hall afterwards. Prizes for best fancy dress. Donations of cakes welcome please, volunteers required. EP to liaise with Mrs Scott to set up event on Parent Pay & book village hall.

Open evening – Friends will have a table with posters to showcase what we do and how you can become involved, preloved uniform will be available to buy for a small donation to Friends.

Bag2School – collection will be on Thursday 6th November at 9am, all items to be put into parent shelter please. RW to place 'accepted' items list on DOJO / newsletter nearer the time. EP to post on WhatsApp.

Christmas Raffle – tickets will be sent out to parents with Christmas pack on 14th November; more can be requested from the office. Non uniform day on Friday 28th November to generate prizes for the raffle. Raffle will be drawn in the last week of term. AT to request prizes from local attractions and businesses.

Gifts – Friends will treat all pupils (77) to a Christmas present this year; these will be distributed at the Christmas party.

Christmas party – Friday 19th December, in school 1pm-3:15pm, volunteers required please. Anna K has agreed to make an age-appropriate pass the parcel for each class.

Panto – event booked, Friends will pay for tickets and travel for all pupils.

AOB:

Grants & funding - Asda rewards – keep eye out for Cashpot for Schools initiative (EP). Easy fundraising – plug to current and new parents. RW to keep plugging these on the newsletter & EP on WhatsApp.

School wish list – playground markings and fund transport for possible Cinema trip (AT & EP to confirm to RW).

AGM – is anyone keen to take on role of Chair / Secretary / Treasurer?

Next meeting:

Annual General Meeting (AGM) Monday 20th Oct, 2:30pm in the hall.

nt format, please contact the school office.