



"Children are at the centre of all we do."

NEWSLETTER 13th OCTOBER 2023

DIARY DATES

- Monday 16th October**, Bag2School collection
Wednesday 18th October, Flu immunisations
- FW to Malton Rugby Club
- Thursday 19th October**, Pop up library
Friday 27th October, Harvest Festival at 1.30pm at West Heslerton Church, all invited.
- School closes for half term
- Sunday 29th October**, Friends Pumpkin Trail - see box
Monday 6th November, School begins
Wednesday 8th November, FW & KW to Cineworld
Wednesday 20th December, Nativity
- Christmas lunch
- Friday 22nd December**, School closes for Christmas.

These are some of the dates we know. There may be changes and additions to these as the term progresses. Please check the school website and Dojo for details.
<http://www.heslerton.n-yorks.sch.uk>

A LOVELY COMMENT RECEIVED THIS WEEK
Just seen your post about school lunch. Well done to the school staff for getting the lunch cooked. I bet not an easy task cooking for all those kids! A big thank you to them from me so my child didn't go hungry.

FLU CONSENT

Please ensure that you have completed the Flu consent form using the link below by **Sunday 15th October** if you wish for your child to be vaccinated in school next week. If you have already completed the consent form, you do not need to fill in another form.

<https://yny.schoolvaccination.uk/flu/2023/northyorks-hire>

FLU IMMUNISATIONS

Immunisations on **Wednesday** for those pupils whose parents have completed the NHS forms.

POP UP LIBRARY

The Norton pop up library will be in school on Thursday morning, please bring books and library cards. We are loving this selection of books!

HARVEST FESTIVAL

The school Harvest Festival will take place at West Heslerton All Saints church on **Friday, October 27th at 1.30pm** please join us, all welcome. We would be happy to receive donations of store cupboard produce. Tins and packets will be shared with local older residents in the community next half term. Children can go home from church with an adult at the end of this service.

SENT HOME

Club letters; Gym for Years 4, 5 and 6
Multi Sports for Years 1, 2 and 3
SEN plans and letter for those requiring special adaptations.
Photographs for those children that were in school on the day.

BADGER WOOD

RE - HARVEST

We have had a visit to church to think about what we can find there - and to think about where we will celebrate harvest festival.



If you require this information in a different format, please contact the school office.

WELCOME TO OUR NEW COOK

We are pleased to welcome our new cook to school, Gail Sefton. Ms Sefton will start work here on **Monday 6th November**. We are looking forward to our great lunches and snacks!

TEDDIES NEEDED

Do you have a less loved soft toy at home looking for a new home? Friends of School would love for you to donate these to us for a teddy tombola at the Pumpkin Trail. Please bring your cuddly toys to school - there's a box in the hall for donations.

FARTHING WOOD MALTON RUGBY CLUB VISIT

The children in Farthing Wood will be visiting Malton Rugby Club on **Wednesday, October 18th** to experience rugby tuition at a rugby venue. They will be accompanied by Mrs Wardell and Miss Mitchell and will travel by Perry's Coaches. They will leave school at 12.30pm and return for the end of the school day. School carries insurance for all visits. Pupils will need to take their own inhalers if necessary.

KEEPER WOOD

TEAM BUILDING

In Forest Schools we challenged ourselves to create a spider web using ribbon. All of us managed to catch the ribbon and create a web. We also played some team building games.



Friends Meeting Minutes Monday 9th October 2023

Meeting days and times – Monday afternoon most popular, will look to meet on other days occasionally throughout the year to include as many parents as possible.

AGM – Monday 13th November, 2:30pm

Pumpkin trail – £3 per child to include drink & hotdog. Tickets to be sold on the day. Anna T & Emma N to provide pumpkins & set the trail. Anna K to bake cakes & biscuits, tattoos (Evie Cobb), Teddy Tombola (children to bring an unwanted teddy into school), fancy dress competition for each class.

Trip to pantomime – Thursday 21st December Friends to fund tickets and transport.

Christmas Party – Friday 22nd December 1:30-3:25pm. No DJ, Friends will organise traditional games and music. Anna K will make pass the parcel suitable for each class. Mrs W to confirm numbers nearer the time & request a visit from Father Christmas. Parents will be asked to provide snacks for everyone to share.

Christmas Selection Boxes – it was felt selection boxes remained popular with the children, but Friends will have a think whether we could gift something different this year. TBC at the next meeting.

Christmas Raffle – Over £750 made last year so keen to do another raffle, same format as last year, Anna T to send letters to businesses asking for prizes. Request families donate a prize at non-uniform day, then make up hampers with the prizes.

Easy Fundraising – encourage parents to sign up on the app. School can be found by searching 'Heslerton Primary School Friends'. So far, we have raised £365 for Friends in this way.

Future Fundraising Ideas – Recipe books & tea towels were suggested, it was felt that these are great ideas to look at for next Christmas, we felt that we probably don't have enough time to execute this in time for Christmas 2023.

REMEMBERING MISS JO STONES

This week the funeral of Jo Stones, our school cook and lunchtime staff member (before the Covid lockdowns) took place. Donations are being collected in memory of Jo for The Yorkshire Air Ambulance. Those of you who may wish to donate can do so online here <https://www.yorkshireairambulance.org.uk/support-us/donate/> Jo attended school as a pupil here and later re-joined as a valued member of staff here. She will be sadly missed.

If you require this information in a different format, please contact the school office.




9 out of 10

unvaccinated children
can catch measles
if someone in their
class has it

**Check your child is up
to date with their
MMR vaccinations**

ONLINE RESOURCE

Understanding your own trauma

For those who have experienced trauma or who may be supporting a friend or relative to process trauma, Understanding your own trauma is a short online course designed to help learners to:

- understand the diverse nature and impact of trauma experiences
- learn effective ways to process trauma
- nurture resilience through healthy relationships
- understand more about emotional health and wellbeing

By following this course, individuals can gain the knowledge and tools needed to better navigate their personal journey and emotional wellbeing.

Course information:

- Created by experts in trauma and recovery as well as lived experience
- Private, self-paced learning. Available at any time
- Available on www.inourplace.co.uk from 10 October
- Free for North Yorkshire residents using access code **NYfamilies**

BAG 2 SCHOOL FREE FUNDRAISING FOR SCHOOLS

In partnership with your school or organisation



West Heslerton C E Primary School



Bag 2 School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.



PLEASE USE YOUR OWN BAGS (THERE IS NO LIMIT).

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

We are collecting good quality items for RE-USE:

Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.

(No uniforms, workwear, pillows, duvets or pieces of fabric please)

The more we weigh the more we pay!

Extra bags are welcome - there's no limit

Please return your Bag2School on:

Monday 16th October 2023 by 9am



01609 780 222



www.bag2school.com



helpdesk@bag2school.com

FARTHING WOOD

This week we have been preparing our model to take to the STEM fair for our entries to the competition 'Can plastic be fantastic?' Looking at our finished products I think we can say "Yes, it can!!!"



PARKING

May we please ask that you park considerately at all times. Please do not park on the pavements as this restricts access for children walking up and down the village and local residents.

Access is needed to the tracks off the pavements for residents and local landowners.

Thank you.

If you require this information in a different format, please contact the school office.

MEET THE GOVERNOR – IAN PENNOCK

I am Ian Pennock, Co-Chair of the Governing Body and the Diocesan Representative; I have been a governor since 2020. I have two children at school, Mary and Alice. I work at McCain Foods as Director of Agriculture. My priorities for the school are to maintain the excellent standards we currently have, ensuring children, staff and the wider community are happy and engaged to maximise our potential, while maintaining our Christian values and ethos. Always happy to chat, please contact me at school.



Healthy Families – a new healthy living service for families in North Yorkshire *Information for Professionals and Families*

- **Healthy Families** is a new, **free healthy living service for families** across North Yorkshire.
- The service helps families remotely (virtually) over a number of months to make small changes to their lifestyles, all from the comfort of their homes.
- It also signposts families to physical activity and leisure opportunities in their local area and provides information on other useful topics and support such as mental health and wellbeing, sleep, and help with the cost of living.
- The service is for **children and young people aged 4-19 years** (up to aged 25 years for those with SEND) who would like some help with healthy weight and lifestyles. Families must be a resident or registered with a GP practice or school in North Yorkshire.
- **Families can self-refer** (or **professionals can refer them**) by:
 - emailing active.health@brimhamsactive.co.uk
 - calling the team on 01423 556106
 - using the referral form (for professional referral) here:



Healthy families
referral form March 2

- For more information please visit: [Healthy families – Brimhams Active](#)



Healthy Families service is a remote **free, confidential 12 session programme** to fit around your family to support children and young people aged **4 - 19 years** in North Yorkshire, to achieve and maintain a healthy lifestyle.

Providing personalised support, your Health and Wellbeing Coach will guide you through your journey to keep you on track to achieve your healthy lifestyle goals.

Together we will explore a fully holistic approach to becoming more active and eating well by making small positive changes without breaking the bank.

For more information please contact our Brimham's Active Healthy Families team on: **01423 556106** or via our email active.health@brimhamsactive.co.uk

www.brimhamsactive.co.uk/families **BRIMHAM'S active** Funded by North Yorkshire County Council

Other useful information for families on healthy living

- Visit www.nhs.uk/healthier-families/childrens-weight and <https://www.nhs.uk/live-well/healthy-weight/childrens-weight/> for lots of handy tips such as ideas for getting **moving more**, or **healthy food swaps**.
- Have a look at <https://thegoto.org.uk/> for ideas on looking after your **mental health and wellbeing**.
- For information on **things to do in your area** see: <https://www.northyorkshiresport.co.uk/participate> and <https://northyorkshireconnect.org.uk/>
- For help with the cost of living go to <https://www.northyorks.gov.uk/cost-living-support>
- If you have any concerns or are worried about your child's health and wellbeing please contact your family doctor.

PUMPKIN TRAIL

Friends of West Heslerton School



PUMPKIN TRAIL



West Heslerton Village Hall

Sunday 29th October



2:30pm – 4:30pm



Prize for
best Fancy
Dress

£3 per child
(includes drink
& hotdog)

Teddy
Tombola



PARENT PAY

Please check Parent Pay and ensure items are paid for each week. Many thanks

10K RUN

Good luck to our adults taking part in the McCain 10k run this weekend. Our team comprises of staff and parents who will run from Scarborough Spa to the Sea Life Centre and back on Sunday morning. Have fun!

NEW STARTERS

Our Reception pupils are featured in the Scarborough Newspaper this week.



If you require this information in a different format, please contact the school office.

October Half-Term at the NYMR

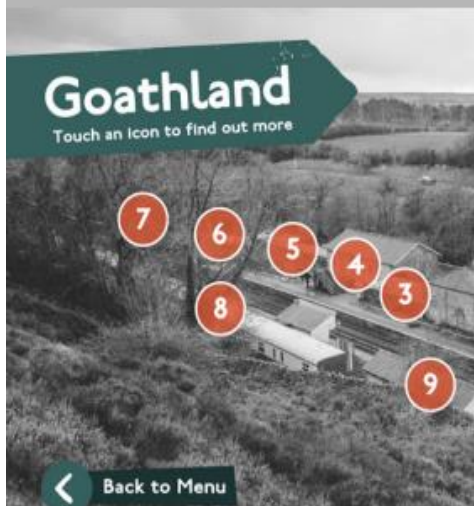


Free family crafts

Join us during October Half-Term for some family fun! Drop in and make a lantern to guide your way home. Free to join and no need to book, just pop in between **10am and 2pm**. Most suitable for ages 5-10
Monday 30th October and Friday 3rd November, Learning Coach at Goathland Station
Tuesday 31st and Thursday 2nd November, Classroom on Platform 2 of Pickering Station

Free story sessions

All aboard the story train! On **Wednesday 1st November, 11am- 12:30pm** we will be adventuring into fantastic story-worlds in our Learning Coach at Goathland Station. Come along to this drop-in session, no need to book.



Station Stories App

Download our new free Station Stories app to discover Goathland Station.

Make the most of your stop in Goathland using the hot spot tour to find out about the stories behind the buildings around the station. Discover the people who have and still work here in the 'Who works here?' feature. The app also includes an audio described tour option.

Three family-friendly games to play!

Free to download from the App Store and Google Play - Download before your visit or at the station by connecting to our free Station WiFi.

If you require this information in a different format, please contact the school office.