



"Children are at the centre of all we do."

**NEWSLETTER 26<sup>TH</sup> OCTOBER 2023**

**DIARY DATES**

**Thursday 26<sup>th</sup> October**, London 2024 deposit deadline

**Friday 27<sup>th</sup> October**, Harvest Festival at 1.30pm at West Heslerton Church, all invited.

- School closes for half term

**Sunday 29<sup>th</sup> October**, Friends Pumpkin Trail

**Monday 6<sup>th</sup> November**, School begins

**Wednesday 8<sup>th</sup> November**, FW & KW to Cineworld

- Phonics info evening for Reception parents

**Monday 13<sup>th</sup> November**, Friends non-uniform day

- Friends AGM 2.30pm. All welcome

**Wednesday 20<sup>th</sup> December**, Nativity

- Christmas lunch

**Friday 22<sup>nd</sup> December**, School closes for Christmas.

These are some of the dates we know. There may be changes and additions to these as the term progresses.

Please check the school website and Dojo for details.

<http://www.heslerton.n-yorks.sch.uk>

**WELCOME TO OUR NEW COOK**

We are pleased to welcome our new cook to school, Gail Sefton. Ms Sefton will start work here on **Monday 6<sup>th</sup> November**. We are looking forward to our great lunches and snacks!

**REMINDER PHONICS EVENING**

A fun phonics evening will be held for Reception children their parents on **Wednesday, 8<sup>th</sup> November** from 3.45pm in the school hall. Please come along with your child to discover what phonics is, how we teach phonics here and pick up some useful tips to help your child with their reading at home. We'll include snippets of activities from class sessions for

**FRIENDS NON-UNIFORM DAY!**

Non-Uniform Day **Monday 13<sup>th</sup> November**. Wear your own clothes to school. Bring a small gift for Friends to make into a range of Christmas hampers. You may choose to bring something like a chocolate orange, shower gel, Christmas decoration etc, all donations welcome!

**FRIENDS AGM**

Come along and join the Friends of School for a review of the year and to plan events of the year ahead. Everyone welcome. **Monday 13<sup>th</sup> November at 2.30pm**.

**MENU CHANGES**

On **Wednesday 8<sup>th</sup> November** the menu will be Roast Chicken and Yorkshire Pudding instead of stuffing.

**LATE LUNCH FOR ALL**

We will be having a late lunch on **Wednesday 8<sup>th</sup> November** due to the FW & KW cinema visit.

**BAG2SCHOOL**

A fabulous £175.00 was raised through BAG2SCHOOL. Thank you everyone!

**SCHOOL RESTARTS MONDAY 6<sup>TH</sup> NOVEMBER 2023**

**SAFEGUARDING**

At morning drop off please can parents / carers who wish to bring their children right up to school say goodbye to their children at the bottom of the ramp. This ensures all adults on the school site are safeguarding checked by school or appropriate bodies. Thank you for your continued support.

**REMINDER FARTHING WOOD AND KEEPER WOOD CINEMA VISIT**

Keeper Wood and Farthing Wood children will experience a trip to the cinema on **Wednesday 8<sup>th</sup> November**. We'll be seeing The Railway Children at Cineworld, York as part of our remembrance activities. The transport will be provided by Esk Valley Coaches and funded by school fund. We have secured cinema tickets from Into Film. There is no cost to parents. Pupils will need to take their own inhalers if necessary. No snacks please, can everyone have a good breakfast.

# Christmas

## FAIRTRADE & LOCAL CRAFT FAIR

*FairTrade food, crafts, clothes, and more. Fair Trade Refreshments. Local crafts.*

### Change of Venue!

**Kirkham Henry Studio,  
Horsemarket Road. YO17 7NB**

**Saturday November 4th  
10am to 3pm**

 **Free entry**

#### FAIRTRADE

We are a big supporter of Fairtrade here at school. Next half term we will host a Fairtrade stall so that children can purchase surprise Christmas gifts for their families. More details in November.



**BOOKING ESSENTIAL**

## BUSY BEE CRAFT CLUB

NORTON HIVE LIBRARY

01609 534 552  
nortoncommunitylibrary@gmail.com

### SATURDAY

28<sup>th</sup> October 2023  
Pompom Caterpillars

**10.30am until 12.30pm**

ON ARRIVAL  
PLEASE REGISTER YOUR CAR  
ON THE KEY PAD  
INSIDE THE LIBRARY

FOR CHILDREN  
3 TO 11  
YEARS

**£1**  
PER CHILD

#### PUMPKIN TRAIL

Friends of West Heslerton School

# PUMPKIN TRAIL

West Heslerton Village Hall

**Sunday 29<sup>th</sup> October**

**2:30pm – 4:30pm**

**Prize for best Fancy Dress**

**£3 per child (includes drink & hotdog)**

**Teddy Tombola**

If you require this information in a different format, please contact the school office.

**Early Years  
Communication and Interaction  
Drop-in for Parents**

*'Come and talk to us for advice and support around all aspects of your child's communication skills'.*

**Where & When**

- 29<sup>th</sup> November 2023 09:00-11:00 at Padbury Avenue, Filey Children's Centre, Filey, YO14 0BA
- 21<sup>st</sup> November 2023 13:00-15:00 at Whitby Children's Centre, Byland Road, Whitby, YO21 1HY
- 30<sup>th</sup> November 2023 09:00-11:00 at Briercliffe Children's Centre, 76 Briercliffe, Scarborough, YO12 6NS
- 23<sup>rd</sup> November 2023 09:30-11:30 at Norton Children & Family Hub, Grove Street, Norton, Malton, YO17 9BG

**Who will be there?**

**Helen Hunter - Speech, Language & Communication Needs Specialist**

**Amancay Topping – Speech & Language Therapist**

**Charlotte McIntyre – Speech & Language Therapy Assistant**

**Zoe Green - Speech & Language Therapy Assistant**

*Please contact us to book a slot, or any queries please ring*

**07977 710109 or email**

**[Helen.Hunter@northyorks.gov.uk](mailto:Helen.Hunter@northyorks.gov.uk) or**

**[Amancay.Topping@northyorks.gov.uk](mailto:Amancay.Topping@northyorks.gov.uk)**

**CHILDREN'S UNIVERSITY CHECK**

Please can all children bring their Children's University Passports to school for a check on **Tuesday 14<sup>th</sup> November**. A box is in place in the hall to collect these up after the half term so that children can be rewarded for extra learning done in school clubs (eg Gymnastics, Multi sports), organised activities (e.g. Brownies, Cubs, swimming sessions etc) and activities completed over the break (ego trip to Castle Howard). Passports will come home with the children on **Nov 14<sup>th</sup>** allowing them to continue to collect learning up.

# You, Me and ADHD Tour 2023



"I want to show people that just because you've been diagnosed with a mental health disorder that it's not all negative and you can use your ADHD to your own advantage."

"It's also in place to educate teachers and parents on how to approach ADHD as a whole and encourage using ways and means I've found to overcome the disorder and use it positively."

Ryan Swain, from Malton, is working in partnership with North Yorkshire Council in a series of free talks.

The 33-year-old TV and Radio host has been a mental health campaigner and speaker for two years. The talks aim to inspire young people to be more open about their own mental health and feelings and emotions with others.

**Ryan will be holding a talk at:**

**Gallows Close Centre**

**on Wednesday 1st November at 6.30pm.**

refreshments will be available.

The talks are free and open to everyone, whether they are diagnosed themselves, live or work with someone who is or just want to learn more about ADHD.

**REMEMBRANCE LUNCH**

We will be having a Remembrance cookie for pudding on **10/11/23**. Thank you

**FOREST SCHOOL KITS**

We will send home forest school kits today. Please check through these to ensure they still fit your child and have hats, gloves and warm layers for the colder climate next half term.

**HARVEST FESTIVAL**

Your child does not need any bags with them on Friday. This is because we are at church all day for our harvest festival. Donations of food would be very welcome.

If you require this information in a different format, please contact the school office.





the national sleep helpline

# Want to know more about sleep?

ASK US THE QUESTIONS YOU WANT ANSWERS TO

**03303 530 541**  
 Monday, Tuesday & Thursday 7pm - 9pm  
 Monday & Wednesday 9am - 11am



the national sleep helpline

# Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?  
 Will your child not sleep in their own bed?

WE CAN HELP

**03303 530 541**  
 Monday, Tuesday & Thursday 7pm - 9pm  
 Monday & Wednesday 9am - 11am

the national sleep helpline

**50%**

**Around 50% of children will have a sleep issue at some point\***

**WHAT IS THE NATIONAL SLEEP HELPLINE?**  
 In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

**HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?**

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

**03303 530 541**  
 Monday, Tuesday & Thursday 7pm - 9pm  
 Monday & Wednesday 9am - 11am

POWERED BY the sleep charity

IN PARTNERSHIP WITH Furniture Village

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 \*Survey of 2,000 adults by OnePoll, Aug 2021

If you require this information in a different format, please contact the school office.



# PRACTICE MAKES PERMANENT

THE GANNOCK, OLD MALTON ROAD, MALTON YO17 7EY

## TRAINING & MATCHES SUNDAY & WEDNESDAY



We're inviting boys from year 1 and above to come and give rugby a try, all abilities welcome, no experience necessary.

- + All u6 to u18 from 10am Sundays\*
- + u11 from 6pm Tuesdays
- + u12 - u16 from 6.30 Wednesdays
- + u17/u18 from 7pm Tuesdays

\*time alters per age group



England  
Rugby

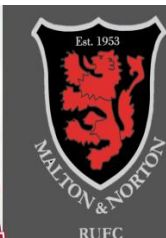
Richard John  
Club Development Officer  
[richard.john5@outlook.com](mailto:richard.john5@outlook.com)



# GIRLS, PLAY RUGBY

THE GANNOCK, OLD MALTON ROAD, MALTON YO17 7EY

## TUESDAYS 6-7:15PM



We're inviting girls aged 10 to 18 to come and try Rugby, all abilities welcome, no experience necessary.

Just turn up or contact  
Natalie Featherstone (Girls Contact)  
07712183330  
Richard John (Club Development)  
07368579269



England  
Rugby



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