



“Children are at the centre of all we do.”

NEWSLETTER November 11th 2022

DIARY DATES

Tuesday 15th November – Fairtrade Stall opens

Wednesday 16th November – Joe’s Owls visit to Badger Wood

Friday 18th November – Children in Need, wear pyjamas to school – please see box on this newsletter

Friday 18th November – Stay and see - Badger Wood parents

Wednesday 23rd November - Farthing Wood X country / dodgeball at MCSC.

These are some of the dates we know. There may be changes and additions to these as the term progresses. Please check the school website for details <http://www.heslerton.n-yorks.sch.uk>

GOVERNORS

We are pleased to welcome Trevor Golding, elected as new parent governor and Annie Lumley, elected as new co-opted governor.

NYCC ADMISSION ARRANGEMENTS

Please see below a message from North Yorkshire County Council

In accordance with our statutory duty under The School Admissions (Admission Arrangements and co-ordination of Admission Arrangements) (England) Regulation 2012. North Yorkshire County Council is consulting on proposed school admission arrangements for community and voluntary controlled schools 2024/2025. This consultation will run from 20 October 2022 until 9 December 2022.

Documents can be found at <https://www.northyorks.gov.uk/current-consultations>.

The views of parent/carers, schools, neighbouring authorities and other interested parties are being sought during this consultation period. Any comments should be addressed to schoolorganisation@northyorks.gov.uk

HARVEST

Older residents of West Heslerton have received a wonderful hamper of harvest goodies. These were donated by all pupils and delivered by Farthing Wood. Thank you all so much for the generosity of all families at school.



Farthing Wood have been out and about strategically placing the Remembrance Day Rocks around the village for you to find, reflect and re-hide!



YOUNG VOICES

Years 3 - 6 will be taking part in Young Voices 2023. They will perform at Sheffield Arena. There will be no charge for children to take part in this visit and travel will be provided. Parents and families can attend to experience this special event. Concert starts 7pm and ends by 9pm on Wednesday 8th February 2023.

It has now been confirmed that the children will sing alongside Heather Small from M People. What an opportunity!!

Please see letters sent home October, 20th for further details. Please return the forms by **Monday 14th November**. Many thanks

If you require this information in a different format, please contact the school office.

REMEMBRANCE



THANK YOU

Many thanks to Peter Ralley from the Churches Conservation Trust, the children had a fantastic time exploring Saint Andrews Church in East Heslerton and asking lots of questions. St Andrew's is a closed church, not usually used for services, looked after by the CCT. Everyone walked really well to and from East Heslerton.

BADGER WOOD

New starter photographs will be published in the Scarborough News shortly. Parents in Reception have received a Dojo message to order if required.

TERM DATES 2022 – 2023

Please see the school website for the amended term dates including the Coronation bank holiday recently announced.

REMINDER

Stay and see Badger Wood parents on Friday 18th November. As you drop your child at school, why not come in and see how a session in school looks and feels? Everyone welcome 9-10am.

FRIENDS OF SCHOOL

Many thanks to Friends of School for organising and raising £220 at the pumpkin trail. A great time was had. £60 was raised in the Bag2School collection this week.

FARTHING WOOD X COUNTRY / DODGEBALL

The children in Farthing Wood will be taking part in a Xcountry / dodgeball event at MCSC on **Wednesday, November 23rd**.

The children will travel with Fletcher's coaches and be accompanied by Mrs Wardell and Mrs Taylor - Barber. We will leave school at 12.30 and return for the end of the school day.

Children should come to school wearing their PE kit of, white t-shirt, black sports shorts or trousers. All pupils should have a named water bottle.

Pupils will need to take their own inhalers if they are prescribed one. School carries insurance for all school trips. In case of emergency please contact the school.

FRIENDS OF SCHOOL

Friends of Heslerton School raises money for extra events and treats for all children. They organise social events and fund raising activities which raise money for events such as the Pantomime, gifts at Christmas and other fun activities.

Friends meetings are held in school during the term to discuss and plan future fund raising and fun events for the school. All parents and families are welcome to these and they usually start with a coffee or tea! If you would like to be involved in this group, please complete the slip attached and return it to the school office. Please join us in the hall on Monday from 2pm to help plan Christmas events.

If you require this information in a different format, please contact the school office.

The National Child Measurement Programme (Height and weight checks for children in Reception and Year 6)

Every year in England, school children in Reception (aged 4-5 years) and Year 6 (aged 10-11 years) have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). Height and weight measurements are used to calculate weight status. This information is collected because it is in the public interest to understand how many children are overweight, healthy weight or underweight and so support and advice can be offered to parents.

The checks are carried out by trained health care providers, and are delivered in a COVID-safe way. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils. NCMP measurements are conducted in a sensitive way, in private and away from other children. Individual results are not shared with your child or their school. The weight and height information is shared only with you in the parent or carer feedback letter. It is your choice if you share the information with your child. Once the measurements have been carried out, parents/carers get a letter with the results. They may also be contacted by the NCMP staff who will talk through their child's results and offer advice and support.

These measurements will be taking place in our school soon (for those year groups). If your child is due to be measured you will receive a letter to explain more about it.

If you are worried about your child's weight, please have a look at: <https://www.northyorks.gov.uk/healthy-weight-support-children-young-people-and-families>

If you would like some information about cost saving ideas, free school meals, food banks, financial support etc. please go to: <https://healthyschoolsnorthyorks.org/parents/>



HESLERTON ROCKS

Some keen eyed families have seen some of our Remembrance Rocks on their walk to school. Thank you for sharing your fun finds!



THANK YOU

Many thanks to Yorkshire Building Society for visiting school to deliver a money workshop to Farthing Wood. It was hard work and lots of fun!

CHILDREN IN NEED

Your child may wish to wear Pjs to School on Friday 18th November. Please bring a cash donation of £1 for Children in Need. Many thanks.

PARKING

May we please ask that you park considerately at all times outside of school and in the village.

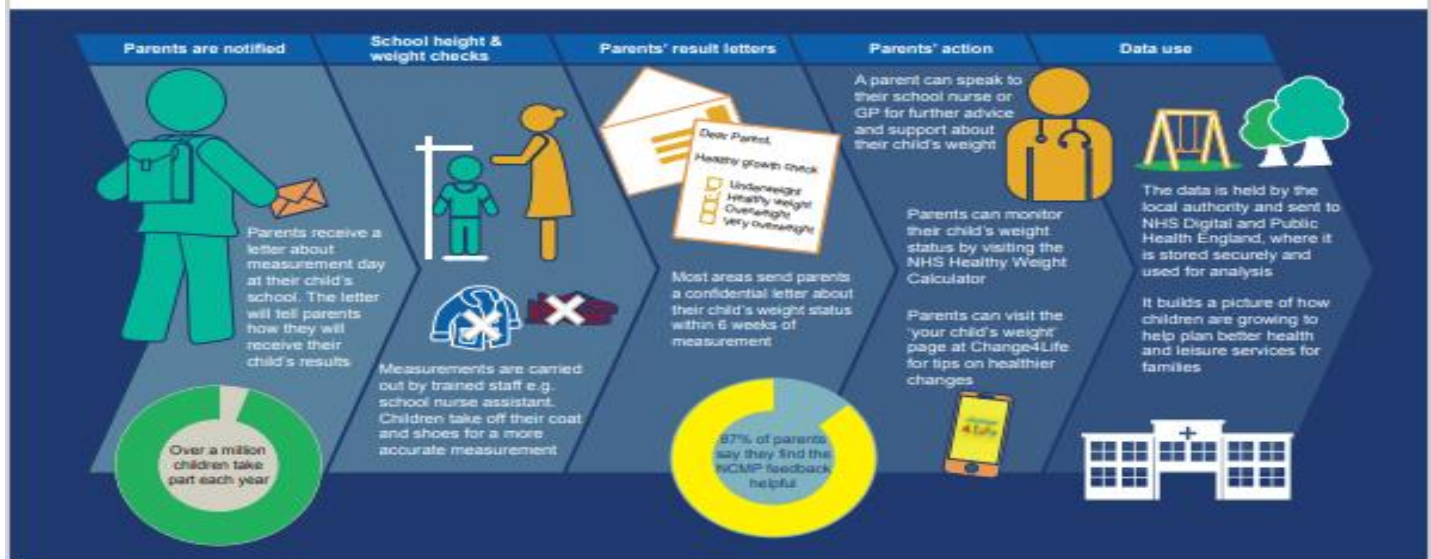
Please do not park at the very top of High Street as emergency vehicles cannot get past.

Please try not to park on the pavements as this restricts access for children walking up and down the village and local residents.

Access is needed to the tracks off the pavements for residents and local landowners. Thank you.

School height and weight measurements

Every year, throughout England, more than a million children in Reception and Year 6 have their height and weight measured at school as part of the National Child Measurement Programme



What we know from the data collected so far

- Most children in Reception and Year 6 are a healthy weight.
- Around one in ten children in Reception is very overweight. This doubles to one in five children by year 6.
- The number of very overweight children in Year 6 is increasing year on year.
- Most children who are overweight in Reception will remain so or become even more overweight for their age by year 6 without action to achieve a healthier weight.

Because many children are overweight, we are all becoming used to seeing heavier children as the norm. It means we cannot always tell when a child is overweight. That is why many parents find it helpful to have an objective measurement of how their child is growing. More than 8 in 10 parents say this information is helpful and they can then make decisions about their child's lifestyle and wellbeing to make changes, or seek support if necessary.

Why achieving a healthy weight is important

When children are a healthy weight, they feel better about themselves. They find it easier to play and learn. And they are more likely to grow up healthy too. Helping them to be a healthier weight when they are a child can set up their health and wellbeing for life.

You can encourage the whole family to enjoy eating healthily and being active which will help your child achieve and maintain a healthier weight. Children who see their parents, grandparents and carers following a healthy and active lifestyle tend to join in and learn by example. These habits become a normal part of everyday life for the whole family.



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PHE publications gateway number: 2017758

For more information on helping your family lead a healthy life, please turn over.

Please see the QR codes below for the free 0-19 children services APP, offering lots of resources and links to promote healthy child development and local public health services.



www.hdfchildrenshealthse

Download on the App Store



GET IT ON Google Play





Do you know someone interested in training to become a teacher?

Are you interested in training to become a teacher?

The Esk Valley Alliance is pleased to announce that it is now taking applications for Initial Teacher Training for those that wish to become primary school teachers. Working in partnership with York St John University, the Esk Valley school-centred (School Direct ITT) primary programme is committed to delivering outstanding education and training that is current and relevant. With the Esk Valley Alliance you will work as part of the teaching team from day one, (similar to student medics in hospitals) learning from experienced, practicing colleagues and immediately putting your new skills into practice.

Forthcoming Information Events:

Pickering Memorial Hall Beckett Room - 10am to 1pm on Saturday 19th November. Zoom drop ins on 9th November and 29th November - 5pm-6pm.

For more information and Zoom links please contact:

Liz Orland, Headteacher, Egton CE School 01947 895369

headteacher@egton.n-yorks.sch.uk

ANIMAL BEDDING

We have lots of cross cut paper, if anyone requires any animal bedding – please ask!

DATA SHEETS

Please check all the information is up to date. Please sign, date and return with any necessary changes. Many thanks.

ATTACHED

To be sent home on Monday 14th November

- Christmas activity details
- Christmas meal form
- Friends of School raffle details
- Scarborough News photo special sent to all Reception families on Dojo
- Data sheets
- NCMP letter will be sent via Dojo to Reception and Year 6 (11/11/2022)

If you require this information in a different format, please contact the school office.



the
national
sleep
helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

the
national
sleep
helpline

50%

Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

POWERED BY
the **sleep** charity

IN PARTNERSHIP WITH
Furniture *Village*

Copyright © 2022 The Sleep Charity. All rights reserved. The Sleep Charity, a charitable incorporated organisation registered with the Charity Commission under registration number 1150585.
*Survey of 2,000 adults by OnePoll, Aug 2021

If you require this information in a different format, please contact the school office.