WEST HESLERTON C.E. PRIMARY SCHOOL
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The School Office is open for enquiries 8.30-12, 1-3.30pm. An answerphone is available at all other times.

"Children are at the centre of all we do."

NEWSLETTER 13th November 2026

Our newsletters are available to view on the school website at:
https://heslerton.n-yorks.sch.uk/parents/newsletters

WEEKLY ATTENDANCE



ATTENDANCE winners this week

Badger Wood 98.29%

Keeper Wood 97.88%

Farthing Wood 91.32%



DIARY DATES

Monday 16th November, Community Cuppa in the village hall from 2.15pm.
Tuesday 17th November, Gymnastics Club week 3 Y1-Y3.
Wednesday 18th November, KW and FW visit to Hull Vue Cinema, please see box.
Thursday 19th November, Swimming Y1-Y4 week 9.
Tuesday 24th November, Gymnastics Club week 4 Y1-Y3.
Thursday 26th November, Swimming Y1-Y4 week 10 / last.

- Pop up library to collect NYC library books.

Friday 27th November, Christmas meal letters to be returned by today.
Tuesday 1st December, Gymnastics Club week 5 Y1-Y3 & last.
Friday 4th December, Raffle tickets to be in by today.
Monday 7th December, Christmas post boxes open.

- Friends raffle draw.

Wednesday 9th December, Pre- Reception Taster Day.

- Christmas Experience for Keeper Wood.

Thursday 10th December, Pantomime visit for all children.
Wednesday 16th December, Christmas lunch

- Nativity service for all children at All Saints' Church, 1.30pm and 6pm.

Friday 18th December, School buffet lunch followed by the Christmas party.

- **School closes for the Christmas holiday.**

IS MY CHILD TOO ILL FOR SCHOOL

How do I know if my child is well enough for school? Please see the NHS link below.

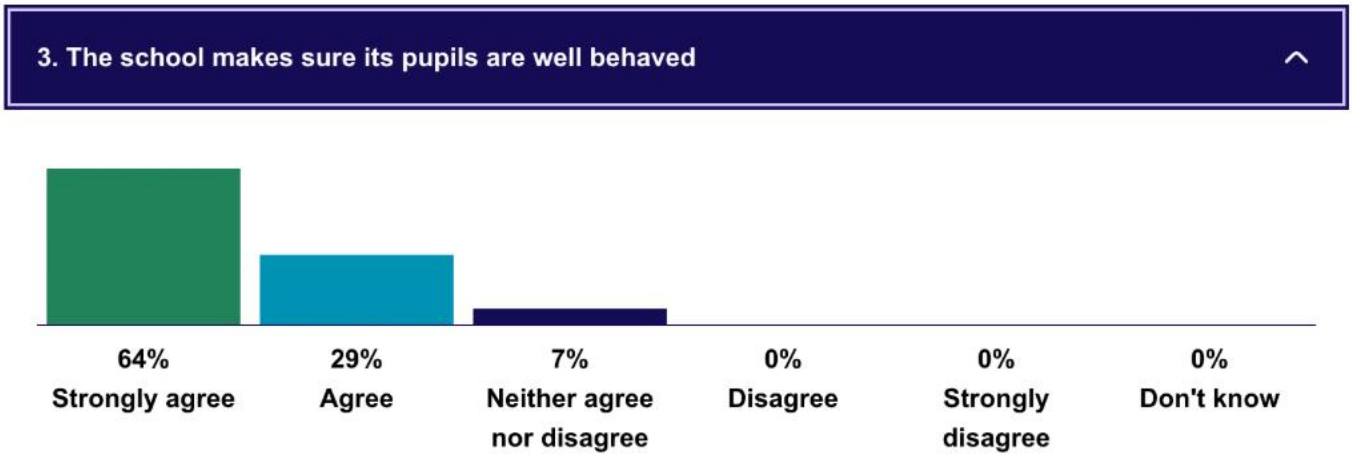
https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

We have a 48 hour rule for sickness and diarrhoea at school. Please note children with diarrhoea or sickness should stay away from school until they have not been sick or had diarrhoea for at least 2 days.

If you require this information in a different format, please contact the school office.

PARENT VIEW

Thank you to those parents taking the time to answer the questions on ParentView.
We are delighted that so many parents recognise how well behaved children are at Heslerton School.



Parents can take part in this online survey here https://parentview.ofsted.gov.uk/login?destination=/give-your-views

RELIEF TEACHING ASSISTANTS

We are always keen to hear from people who would wish to join our team. We are currently looking to appoint some Relief Teaching Assistants. We'd love to hear from you if you'd like to assist in classrooms supporting teachers. There are no set hours for this role, we'll get in touch when we need cover in classes, at lunchtimes or after school. A clear DBS will be required for safeguarding reasons. Please contact the office for a person specification and application form.

SENT HOME

- Christmas dates.
- Christmas meal letter, to be completed and returned by **Friday 27th November.**
- Friends letter with raffle tickets to be returned by **Friday 4th December.**
- Bewerley Park letters as applicable, medical form to be completed and returned by **Friday 4th December.**

FW & KW CINEMA VISIT

Farthing Wood and Keeper Wood will experience a trip to the cinema on **Wednesday 18th November.** We'll be seeing a feature length film at Vue cinema, Hull. We will be travelling with Morse Coaches.
We have secured free cinema tickets from Into Film. Friends of School will fund the cost of the bus so there is no cost to parents. In the afternoon, the children will visit Hull art gallery.

School uniform will be needed please so that we can clearly identify everyone. **The children will need to bring a packed lunch, school will provide a packed lunch for those who ordered one.** Please note the deadline has passed for ordering a school lunch. Drinks only in cartons please, no cans or bottles. Please provide consent on ParentPay. We are a NUT aware school, please do not send nut items into school and check ingredients of pack up contents.

Pupils need to take their own inhalers on the visit.

If you require this information in a different format, please contact the school office.

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38°C or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'



INCLUSIVE CLASSROOMS

We are a highly inclusive school with Quality First Teaching for all children each day. This means that all children are taught and supported with a range of strategies that are part of their usual routine. These strategies are adapted to meet children's needs in class. Each week we will share with you an aspect of Quality First Teaching so that all parents and families are aware of the high quality provision at West Heslerton Primary School.

Vocabulary Development: We teach key subject-specific vocabulary to encourage pupils to use high quality and technical words to explain their knowledge.

NO DOGS ALLOWED

Polite reminder, no dogs allowed on site. There is a dog tether point at the front of school.
Thank you for your continued support.

t format, please contact the school office.

Friends of West Heslerton School
Meeting Minutes - Monday 9th November 2026

Present: Emma Pennock, Nicola Fox, Rachel Wells, Amy Smith
Apologies: Kerry Stonehouse, Anna Tindall, Victoria Malthouse
Minutes from the last meeting:

- AGM – another successful year with fundraising and trips. EP & AT to step down at the end of the school year. Looking for new people to join the committee – please contact Emma Pennock or Mrs Wells

Annual events to discuss:

- Bag2school – raised £48 for October collection. Next one booked for Thursday 18th March – RW to put on newsletter
- Non uniform day – Friday 13th November – families to send in raffle prizes for Christmas hampers please
- Cinema Trip to York. Keeper & Farthing Wood children – bus funded by Friends
- Christmas Raffle – Christmas pack going out to families on Friday 13th November. All raffle tickets need to be in by Friday 4th December. Raffle to be drawn w/c 7th Dec (TBC)
- Christmas Lunch – 75 crackers required – EP
- Christmas Party – need to find an FC & buy selection boxes (73 selection boxes – 1 dairy free & one vegetarian) – EP

Future events to discuss:

- Quiz Night – Friday 19th Feb at West Heslerton VH – tickets £5 per person to include food. Teams 4-6
- Spring Disco – TBC, looking into options
- Roller disco at Pickering?

Next Meeting:

- W/C Monday 7th December to pack hampers TBC
- Monday 25th Jan, 2:30pm in school

PROJECT MARIGOLD

Project Marigold is a new, local charity working to support the mental health of primary-aged children across our area. All of the support provided by the charity is completely free for children and families to access, and children within our own school community have already benefited from its services.

On 29th November, the charity is holding a fun, family-friendly festive fundraiser at Amotherby Village Hall. They'd love to see as many people as possible come along, enjoy the festivities and help raise vital funds to support more local children.



If you require this information in a different format, please contact the school office.

COMMUNITY PHARMACIES AND WINTER HEALTH

As we move into the winter months, community pharmacies can provide fast and convenient access to healthcare advice and treatment, helping children get the support they need quickly and reducing time away from school.

Many parents are unaware of the range of NHS services available from their local pharmacy, including **NHS Pharmacy First**

Parents can take children aged at least **1 year and over** directly to a participating pharmacy for assessment and treatment of common conditions without needing a GP appointment. This includes:

- **Earache (ages 1-17)**
- **Sore throat (ages 5 years and over)**
- **Sinusitis (ages 12 years and over)**
- Impetigo
- Infected insect bites
- Shingles
- Uncomplicated urinary tract infections in women aged 16-64

Pharmacists can provide advice and, where appropriate, supply NHS-funded prescription medicines.

Minor Illness Advice Pharmacists can offer expert advice on managing:

- Coughs and colds
- Fever
- Chickenpox
- Hay fever and allergies
- Sickness and diarrhoea
- Head lice
- Mild skin conditions

Childhood Vaccinations While routine childhood vaccinations are delivered through GP practices, pharmacies can help families access information about seasonal vaccinations and signpost to local services.

Preventing Illness Over Winter Community pharmacy teams can provide advice on:

- Managing winter viruses
- Healthy eating and hydration
- Supporting children with asthma and other long-term conditions
- Appropriate use of medicines

Advice for the Whole Family Many pharmacies also provide services for adults, including flu vaccinations, blood pressure checks, contraception services, and NHS advice on staying well during winter. **Most pharmacies offer walk-in consultations with no appointment required, making them an accessible first point of contact when a child becomes unwell.**

Parents can find their nearest pharmacy and available services by visiting the NHS website at: www.nhs.uk/service-search/pharmacy

Community pharmacies play an important role in supporting families and helping children stay healthy, reducing the need for GP appointments and helping children remain in school whenever possible. Further information is available at New patient-facing website to promote NHS pharmacy clinical services - Community Pharmacy England

If you require this information in a different format, please contact the school office.