

WEEK 1

w/c 6th 27th Sept, 18th Oct, 15th Nov
5th Dec

MONDAY

Beef Burger in a Bun
Chipped Potatoes
Peas & Carrots

Flapjack
with Custard or
Fresh Fruit or Yoghurt

TUESDAY

Minced beef
Mashed Potato
Green Beans & Sweetcorn
Homemade Bread

Fruit Muffin or
Fresh Fruit or Yoghurt

WEDNESDAY

Roast Chicken, Yorkshire Pudding
& Gravy
Roast Potatoes
Medley of Vegetables
Homemade Bread

Cheese & Crackers or
Fresh Fruit & Yoghurt

THURSDAY

Mexican Tortilla Boats
Savoury Rice
Vegetables or Salad
Pitta Bread

Fresh Fruit or Yoghurt

FRIDAY

Fishcake
½ Jacket Potato
Baked Beans & Peas
Homemade Bread

Chocolate Sponge &
Chocolate Sauce or
Fresh Fruit or Yoghurt



West Heselton CE (VC) Primary School Autumn Term 2021 Menu

WEEK 2

w/c 13th Sept, 4th Oct, 1st 22nd Nov,
13th Dec

MONDAY

Connie's Chicken Quesadilla & Rice
Sweetcorn & Green Beans

Homemade Oat Cookie or
Fresh Fruit or Yoghurt

TUESDAY

Pasta Bolognese
Mixed Greens & Carrots

Cheese & Crackers or
Fresh Fruit or Yoghurt

WEDNESDAY

Toad in the Hole & Gravy
Creamy Mashed Potatoes
Broccoli & Swede
Homemade Bread

Berry Trifle or
Fresh Fruit or Yoghurt

THURSDAY

Cheese and Tomato Pizza
Diced Potatoes
Crunchy Vegetable Sticks

Sticky Toffee Pudding & Custard or
Fresh Fruit or Yoghurt

FRIDAY

Fish Fingers, Tomato Ketchup
Chipped Potatoes
Carrot & Peas
Homemade Bread

Homemade Shortcake or
Fresh Fruit or Yoghurt

WEEK 3

w/c 20th Sept, 11th Oct, 8th, 29th Nov

MONDAY

Minced Beef & Dumpling
½ Jacket Potato
Mixed Vegetables
Homemade Bread

Chocolate Crispy or
Fresh Fruit or Yoghurt

TUESDAY

Chicken Dippers & Jacket Wedges
with Tomato Ketchup
Green Beans & Sweetcorn
Homemade Bread

Vanilla Sponge with Berries &
Custard or
Fresh Fruit or Yoghurt

WEDNESDAY

Roast Loin of Pork & Apple Sauce
Creamy Mashed Potato
Broccoli & Carrots
Gravy
Homemade Bread

Cheese & Crackers
or Fresh Fruit or Yoghurt

THURSDAY

Chicken Korma & Rice
Green Beans & Cauliflower
Naan Bread

Fresh Fruit or Yoghurt

FRIDAY

Harry Ramsdens Battered Fish
Chipped Potatoes
Peas & Sweetcorn
Homemade Bread

Iced Swiss Bun or
Fresh Fruit or Yoghurt

**If your child has an allergy or special dietary requirements,
please inform the school so we can discuss their needs.**

Our eggs are always Free-Range Eggs.

**Our meals are free from undesirable additives, colouring
and sweeteners**

