

West Heslerton CE Primary School Policy

Personal, Social and Health Education including Relationships and Sex Education



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Method of Communication (e.g Website, Noticeboard, etc)		Website	

“Children are at the centre of all we do”

We encourage everyone in our school community to live life well reflecting Christian attitudes and values and working in partnership with families as part of a wider, caring community.

The hallmarks of a Christian life lived well are shown in the fruits of the Spirit – But the fruit of the Spirit is Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-control. Against such things there is no law. Galatians 5:22 – 23

This policy covers our school's approach to Relationship and Sex Education, not only in lessons but through the attitude of our staff and students alike, our ethos and approach and commitment to equality both within and outside of the classroom. It is important that we approach this subject with a clear and unified voice, and it is equally important that we provide unambiguous guidance for the benefit of our staff, parents and carers, and ultimately, our children.

At West Heslerton CE Primary School we recognise all relationships that are founded in mutual and consensual love as being equal and valid in all respects. We recognise that individuals may identify with genders that differ from that assigned at birth, and we celebrate people's right to do so. In short, we promote a culture where the breadth of relationships, sexualities and genders are not merely tolerated but are celebrated as being integral to the tapestry of society. We believe that this culture will help allow children to fulfil their potential in all aspects of their personhood: physically, academically, socially, morally and spiritually.

This policy was produced in consultation with staff, parents and Governors.

It was produced with reference to the Equalities Act 2010

www.legislation.gov.uk/ukpga/2010/15/contents and following guidance from the Department for Education (Relationships Education, Relationships and Sex Education

(RSE) and Health Education 2019) and through consultation with our staff, governing body, and most importantly with our pupils and parents. School has established policies and practice to ensure all pupils are kept safe. Please refer to our Child Protection Policy for further details.

Definitions

Health Education is defined as the learning about our bodies and puberty in the context of emotions, relationships and healthy choices.

Relationships education will focus upon how to form and sustain positive relationships and will help children to identify risks and harms.

Sex Education is defined as the learning about human reproduction.

Content and Delivery

In school we meet the age related learning objectives as set out in the Relationships Education, Relationships & Sex Education (RSE) and Health Education (England) Regulations 2025 for primary schools with a whole school approach, following the North Yorkshire PSHCE and Citizenship Entitlement Framework, adapted for our setting.

Relationships and Sex Education (RSE) is an integral part of the Personal, Social and Health (PSHCE) Education curriculum. We aim to offer pupils a carefully planned programme on human development, relationships, sexuality and family life within a safe, comfortable atmosphere and in a relaxed relationship between teacher and pupil. The programme is set within a moral framework and matched to the pupils' level of maturity. These aims complement those of the Science curriculum in KS1 and KS2

Specific arrangements will be made, when required, for children with Special Educational Needs and disabilities (SEND) through consideration of timetabling, staffing, resources etc.

Delivery may be:

- Through planned aspects of science
- Woven across curriculum areas
- Through PSHCE lessons
- Through story time
- Through pastoral time
- Through circle time
- Through small group work
- Through planned visits and visitors
- Through collective worship, including The Street

Should questions arise from pupils during the delivery of this curriculum about areas that are not covered below, staff will not attempt to answer these. Instead, they should direct children to ask these of a medical professional or trusted adult beyond school. Staff will record these questions on CPOMS which will be monitored by members of the school leadership team. These will be reviewed to consider any adaptations required to the curriculum.

Relationships Education covers:

- Families and people who care for me
- Caring friendships
- Respectful, kind relationships
- Online safety and awareness
- Being safe

Parents can request curriculum teaching materials for relationship education by submitting a written request to the school. An appointment will then be made within 10 working days to view these in school.

Should parents need support in discussing these areas with their children, school can offer assistance. Please contact staff at school.

Health Education covers:

- General wellbeing
- Wellbeing online
- Physical health and fitness
- Healthy eating
- Drugs, alcohol tobacco and vaping
- Health protection and prevention
- Personal safety
- Basic First Aid
- Developing bodies (puberty)

Parents can request curriculum teaching materials for health education by submitting a written request to the school. An appointment will then be made within 10 working days to view these in school.

Should parents need support in discussing these areas with their children, school can offer assistance. Please contact staff at school.

Sex Education covers:

- Sexual intercourse
- How conception occurs
- Pregnancy
- Birth

Sex education is delivered through section 5 of the 'busy bodies' resource and is taught to pupils in Year 6 unless parents choose to withdraw consent. The teaching materials for this can be found online here

https://www.healthpromotion.ie/health/inner/busy_bodies

Parents will be informed of the topic through a letter home which details these curriculum elements.

Should parents need support in discussing these areas with their children, school can offer assistance. Please contact staff at school.

Under the statutory guidance for Relationship Education, Relationship & Sex education and Health Education (DfE 2019), parents retain the right to request their child is removed from some or all of the elements of sex education which go beyond the national curriculum for science. Maintained schools are required to teach about the main external body parts and changes to the human body as it grows from birth to old age, including puberty. There is no right to withdraw from the national curriculum.

Any parents who wish to discuss withdrawing their child from sex education should submit their request in writing to the Headteacher. Following this request, a meeting between the

Headteacher and Parents will be held. School will record those attending the meeting, the date and reasons for the request. This request will be confirmed in writing to the parent and recorded on the school management system. The DSL and DDSL will be informed of this parental decision.

Monitoring and evaluating this subject area

PSHCE (including RSE) is monitored by staff and regularly assessed throughout the school. The subject is monitored as per other subjects as detailed in the School's Learning, Teaching and Curriculum Policy. It is evaluated and reviewed biannually using feedback from pupils, local events and the Growing Up in North Yorkshire Survey. Parents and carers are consulted on the production of this policy and at subsequent reviews.

Parents will be informed via the weekly school newsletter on Dojo and on the website of any changes to this curriculum to support emerging issues.