**Curriculum Intent**

At West Kidlington Primary School and Nursery, our values pact underpins everything we do.

Personal, social, health and economic education (PSHE) helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy lifestyles and to become informed, responsible citizens. We teach PSHE with the aim to help children deal with the real life issues they face as they grow up. We cover issues including e-safety, road safety, friendships, first aid, sex and relationships, emotional health and personal finance. Alongside weekly lessons, PSHE is enhanced through our supportive school ethos, where all children are valued and encouraged, positive relationships are seen as important and there is a safe and secure school environment in which to learn.

PSHE has a clear purpose: it is the subject that enables children to look after themselves both physically and mentally, and enables children to understand their thoughts, emotions, and mental health.

Our intention is to allow every child at WKPS to be educated about obstacles they may encounter in life and give them the skills to cope with them emotionally, ensuring their wellbeing is our top priority. Children are valued, know that they are safe, and know that they are cared for, and in term feel able to ask for help and advice when they need it. Positive relationships between children and staff is paramount to everything we do.



**Curriculum Impact**

Our intended impact of our PSHE curriculum is that by the time children leave WKPS, they will be well rounded, inclusive, caring individuals that are ready for the next step in their lives. They understand that mistakes are a part of life and that they are needed to learn. They take pride and give their best and want to improve the world around them. They are caring, considerate individuals. They have strategies to understand their mental health and wellbeing and can use these strategies to help themselves on the next steps of their learning journey.

PSHE



**Curriculum Implementation**

PSHE at West Kidlington is taught using the LifeWise scheme. All children are taught PSHE for an hour a week. All lessons have a clear purpose; to equip children with skills they need to navigate their lives. LifeWise is sequenced in line with the guidance in the DfE Relationships, Physical Health and Mental Wellbeing Programme (2019). We also teach Relationships and Sex Education (RSE) across all year groups. Children are taught in mixed age classes, except for certain RSE lessons that are split for year 5 and 6. We have a two-year cycle where these values are interwoven throughout everyday life at West Kidlington and promoted through our Learning Powers and Values Pact.



