



West Kidlington

Primary & Nursery School

Be kind, give your best!

WEST KIDLINGTON NEWS

Dear Families

I shared the very sad news on Tuesday that **Linda Foster** died last week. She was our school cook for 6 years and retired at Christmas. She was very supportive of the school - reading, fundraising events and caring for staff were all things she did outside of cooking for the children. We will be remembering her in some way at the school.

Thank you to the Friends group who have all come together to revamp the **pre-loved uniform**. This is found at the front of school. Please use this resource. If you are able to help with donations there is clear signage sharing what we need.

We are breaking up for half term this Friday. We hope the children carry on reading throughout next and help you without being asked. We return on Monday 1st June for the final term of the school year.

On Monday 1st June our **school photographs** will be carried out. There will be a flyer being sent home from School Photography Company.

Thank you for calling into school on Wednesday, we were able to showcase another superb collection of DT achievements. The children love showing you what they have worked on!

Sunflower competition - new deadline = 29th June

Sports Day

Reception, Year 1 and Year 2: 10:00am – 11:30am

Following the morning events, we kindly ask all parents and carers to leave the school site during lunchtime.

Years 3, 4, 5 and 6: 1:30pm – 3:00pm

This year marks an exciting new chapter for our Sports Day, as we introduce a fresh format designed to maximise participation.

In memory of Linda Foster



Pre-loved uniform

We welcome donations of

- skirts
- jumpers
- tops
- trousers
- shorts
- PE kit

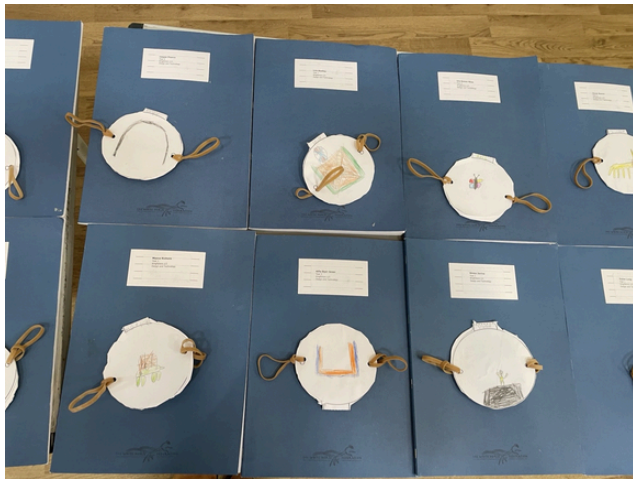
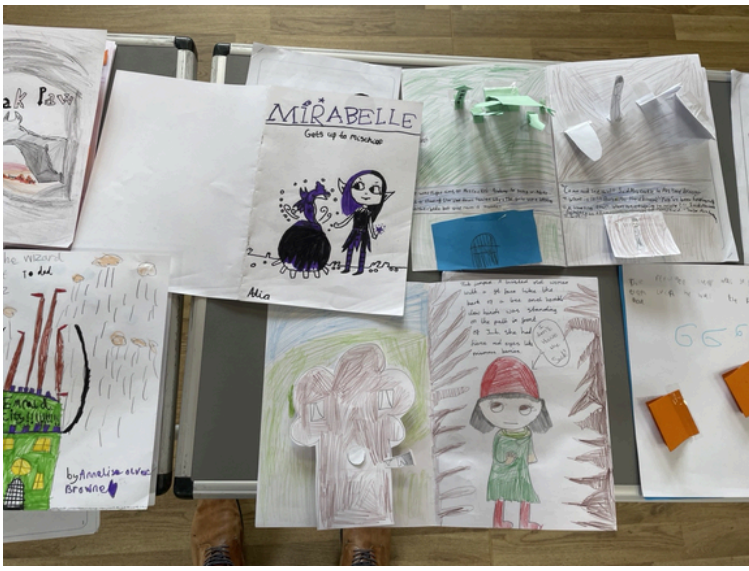
Important Dates

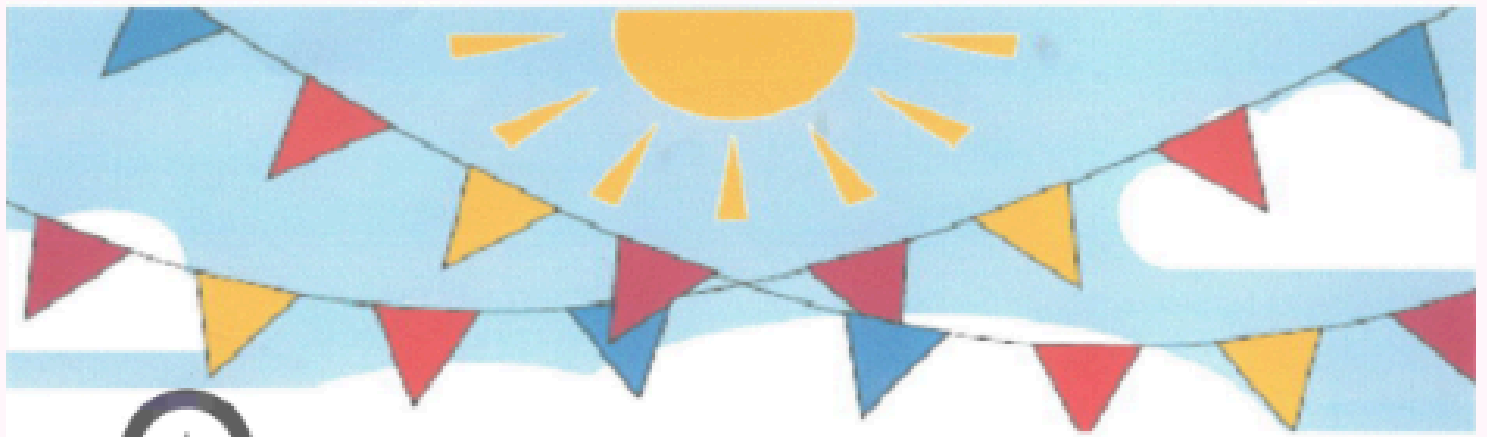
Break up - Friday 22nd May (normal time)

Monday 1st June - School photographs

Thursday 2nd July - New Reception parent meeting in the school hall 6pm

Friday 10th July - whole school transition (time spent in new classes ready for September)





**Girlguiding
Kidlington**

Invite you to a

Summer Fete

Saturday 27th June

St. Mary's Church, Kidlington

1.00-4.00 pm

Bring all your family to enjoy:

Teas on the lawn, Tombolas,

Games, Activities for the

children, Plant and

Cake Sale AND SO MUCH MORE!

FREE ADMISSION

Supporting our Girlguiding Kidlington Building

Kidlington Gala Day 2026

Exeter Close, OX5 1PA

11am-3pm
18 July 2026

LOTS OF FREE FUN ACTIVITIES FOR ALL THE
FAMILY

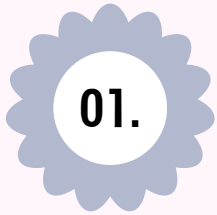
KIDLINGTON "GREEN" LANE STALLS
COMMUNITY STALLS (LOCAL GROUPS)
ACTIVITY STALLS (FREE FOR CHILDREN)
ENTERTAINERS
FOOD & REFRESHMENTS



Kidlington
Town Council



RESILIENCE - FAMILY HOMEWORK CELEBRATING WHAT WE HAVE DONE WELL



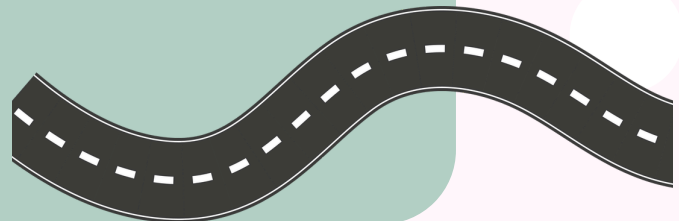
Proud moments

Draw something you are all proud of.
It could be: learning to ride a bike, trying something new
or being kind to someone.
Take turns sharing and talk in your family about what happened,
why it was hard and why you all feel proud.



Resilience road

Draw a long road on paper (or use chalk outside).
Along the road, add “stops” showing challenges you have all
overcome.
At each stop, write or draw:
The challenge
What helped you get through it



Super strength shield

Give each family member a paper shield outline.
I have included in the homework. Divide it into sections and fill with:
Things you are good at
Times you were brave
Kind things you have done
Decorate with colours, stickers, or symbols

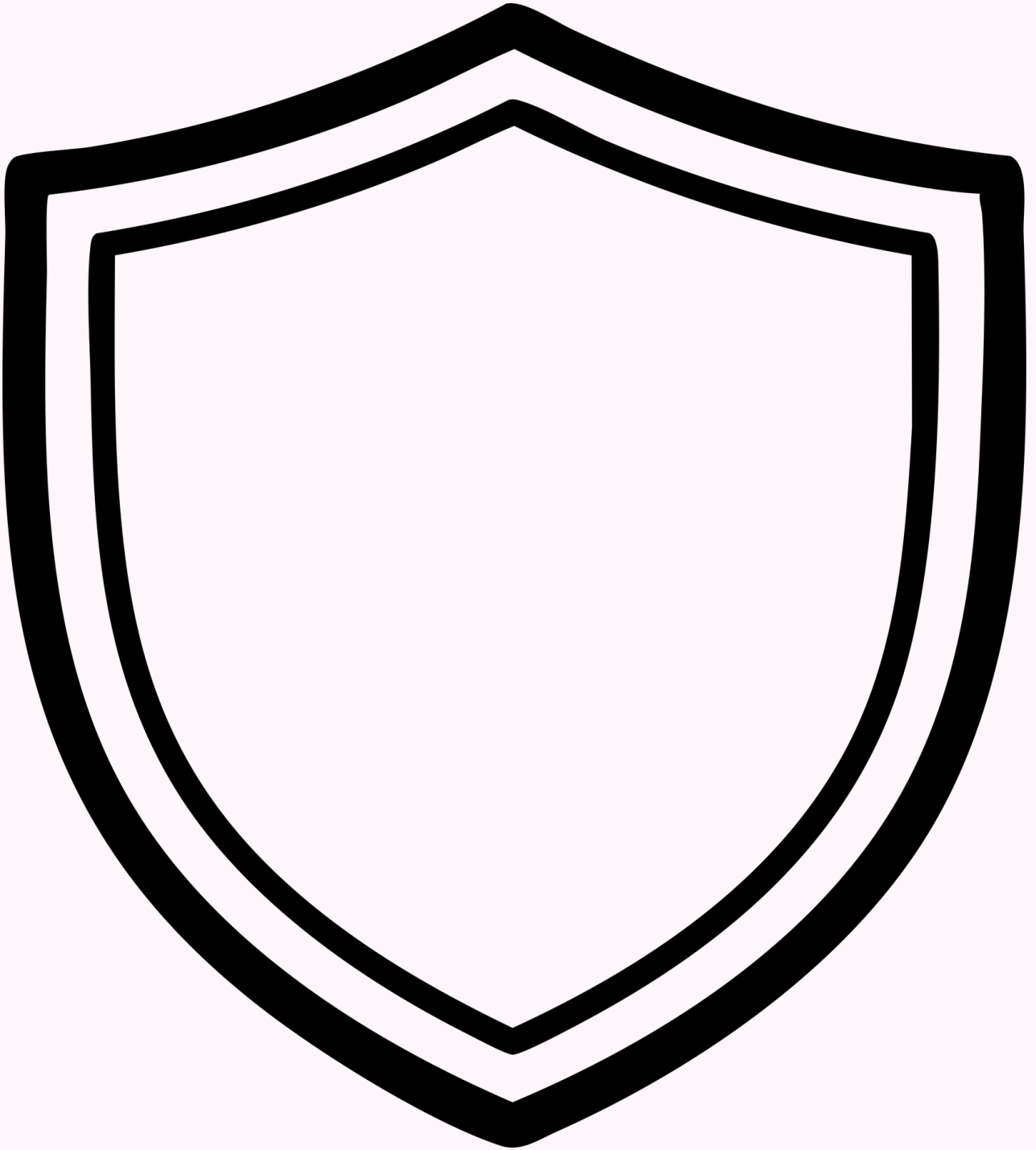


Choose as many of these activities as you want!

Tips for Success

Keep it relaxed and fun—no pressure for “perfect” answers
Let younger children draw instead of write
Celebrate effort, not just outcomes
Join in as a parent—model resilience through your own stories





ONLINE SAFETY

IN JUST 4 SIMPLE STEPS

Keeping your child safe online - and knowing what to say no to and what to say yes to - can feel like an impossible task.

So keep it simple with these 4 Rules.

Protect your child from exploitation by strangers, problems with peers, content that harms their mental health, addictive products, violent and sexual content, poor sleep, reduced concentration and disrupted development.

1

NO SMART PHONE UNTIL YOUR CHILD IS 12

Once you give your child a smart phone it is very hard to go back. Once they've got a smart phone it becomes almost impossible to control or monitor how they use it. So keep it simple: no smartphone. If your child really needs a phone you can get them an old fashioned feature phone for about £30.

2

NO SOCIAL MEDIA UNTIL YOUR CHILD IS 16

Social media can be fun, but it can also be addictive and harmful. The social media platforms are not making sure that they are safe for children to use. So the world of social media is full of content that is dangerous or damaging for your minds, from cyberbullying to pornography. So just keep your child off social media.

3

NO YOUTUBE AND NO TIKTOK

The social media rule includes youtube and TikTok. These platforms are designed to be addictive. They weaken your child's ability to concentrate. It is very hard to monitor and supervise them and there is a lot of harmful content on there. Whilst they are kids, there is plenty for them to watch on things like iPlayer and Netflix.

4

NO GROUPS, NO STRANGERS, NO SNAPCHAT

Just because your child is in your house, it does not mean that they are safe from being exploited by adults or upset by other children. So if they use things like Whatsapp, it's family and close friends only. No one that you don't know, no being in big online groups and no deleting messages. And this includes gaming online.

AND REMEMBER...

Don't rely on your child being sensible and honest online to keep them safe.

Yes, we need to teach them to be those things, but it is not fair or realistic to ask young children to operate safely in an online world that is really not set up for them.

Your child will not thank you for these rules. They will tell you that other children don't have these rules.

But those other children are not your responsibility. It is your job to look after your own children.

The majority of parents worry about their children online - some of them decide that saying 'No' is an option. You can be one of those parents.

If using tech devices is making your child sad, anxious or angry then take those devices away from them.

If they are not following your rules then take those devices away from them.

This might not be easy when they are young, but it will be almost impossible as they get older.

Ultimately you are the adult and you have to decide what is best for your child.

HALF EIGHT IS TOO LATE



**HOW MUCH TIME YOUR
CHILD SPENDS ON A
SCREEN IS IMPORTANT**



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